

*Upon this rock I will build my church.*

~ Matthew 16:18

# Trinity United Methodist Church Alexandria, Virginia

Twelfth Sunday after Pentecost  
August 23, 2020  
Eleven o'clock in the morning



CONNECTING  
GROWING  
SERVING  
CELEBRATING

## THE ORDER OF SERVICE

*Welcome to Trinity online.*

*As we prepare for a time of worship, we invite you to find an intentional space in your home for worship.  
We encourage you to light a candle or place something that reminds you of Trinity or your connection with God nearby.*



### PREPARATION FOR WORSHIP

*We Are Called*

David Haas

Karen Beasley, soprano

*Come! Live in the light! Shine with the joy and the love of the Lord! We are called to be light for the kingdom to live in the freedom of the city of God! We are called to act with justice. We are called to love tenderly. We are called to serve one another, to walk humbly with God. Come! Open your heart! Show your mercy to all those in fear! We are called to be hope for the hopeless, so all hatred and blindness will be no more! Sing! Sing a new song! Sing of that great day when all will be one! God will reign and we'll walk with each other. We all are God's children united in love!*

### WELCOME

Pastor Grace Han

*As we light our candles in the sanctuary, I invite you to join us in lighting your own candle at home. As we place the cross in the holder, we invite you to place something that reminds you of Trinity or your connection with God in front of you.*

### CALL TO WORSHIP

Pastor Grace Han

Jesus invites us into worship this morning.

**Upon this rock I will build my church.**

Jesus builds the church among us and shares the keys so we may share in its mission.

**Upon this rock I will build my church.**

Let us worship together, proclaiming the truth of Jesus Christ.

**Upon this rock I will build my church.**

### HYMN

*O Spirit of the Living God*

(Page 5 of bulletin)

### PRAYER OF CONFESSION AND PARDON

Pastor Grace Han

**Merciful God,**

**we confess that we have not loved you with our whole heart.**

**We have failed to be an obedient church.**

**We have not done your will,**

**we have broken your law,**

**we have rebelled against your love,**

**we have not loved our neighbors,**

**and we have not heard the cry of the needy.**

**Forgive us, we pray.**

**Free us for joyful obedience,**

**through Jesus Christ our Lord. Amen.**

*(Time for Silence and Prayer)*

Hear the good news:

Christ died for us while we were yet sinners;

that proves God's love toward us.

In the name of Jesus Christ, you are forgiven!

**Glory to God. Amen.**

### PASSING OF THE PEACE

*We'd love to know you worshiped with us! Please register your attendance [here](#). We also encourage you to comment below so we can be in community with you!*

*We invite the children who are worshipping at home to pay extra special attention. Each week Hannah Day Donoghue will send out [Children's Worship Bulletin](#) and [Coloring Page](#) for the children to do at home during this time.*

## PASTORAL PRAYER

Pastor Grace Han

## LORD'S PRAYER

**Our Father,**

who art in heaven, hallowed be thy name.

**Thy kingdom come,**

thy will be done on earth as it is in heaven.

**Give us this day our daily bread.****And forgive us our trespasses**

as we forgive those who trespass against us.

**And lead us not into temptation**

but deliver us from evil.

**For thine is the kingdom,**

and the power, and the glory forever. Amen.

## SOLO

*This Day*

Lowell Alexander

*This day is fragile and soon it will end, and once it has vanished, it will not come again. So let us love with a love pure and strong, before this day is gone. This day is fleeting, when it slips away, not all our money can buy back this day. So let us pray that we might be a friend before this day is spent. This day we're given is golden. Let us show love. This day is ours for one moment, let us sow love. This day is frail, it will pass by. So before it's too late to recapture the time, let us share love. Let us share God before this day is gone.*

## SCRIPTURE LESSON

[Romans 12:1-8](#)

Joshua Baca

<sup>12</sup> I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. <sup>2</sup> Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

<sup>3</sup> For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. <sup>4</sup> For as in one body we have many members, and not all the members have the same function, <sup>5</sup> so we, who are many, are one body in Christ, and individually we are members one of another. <sup>6</sup> We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; <sup>7</sup> ministry, in ministering; the teacher, in teaching; <sup>8</sup> the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

The Word of God for the People of God. **Thanks be to God.**

## \*GOSPEL LESSON

[Matthew 16:13-20](#)

Pastor Grace Han

<sup>13</sup> Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, “Who do people say that the Son of Man is?” <sup>14</sup> And they said, “Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets.” <sup>15</sup> He said to them, “But who do you say that I am?” <sup>16</sup> Simon Peter answered, “You are the Messiah, the Son of the living God.” <sup>17</sup> And Jesus answered him, “Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. <sup>18</sup> And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. <sup>19</sup> I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” <sup>20</sup> Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

The Gospel of the Lord. **Praise to you, O Christ.**

## SERMON

*Upon This Rock...*

Pastor Grace Han

INVITATION TO THE OFFERING

Pastor Grace Han

*We invite you to consider giving on-line or giving by text! To give on-line, go to [Trinity's website](#) and click on the Giving tab. To give by text, text "GIVE" to 703-783-3034. Further instructions will follow. For further information about online giving, please see the announcement in the bulletin ([page 9](#)).*

OFFERTORY PRAYER

Pastor Grace Han

**All good gifts come from you, dear Lord,  
and from these riches we bring this offering.  
Help us to use it for the furtherance of your purpose in this place,  
and for the benefit of those in need. Amen.**

HYMN

**[Take My Life, and Let It Be](#)**

(Page 7 of bulletin)

DISMISSAL WITH BLESSING

Pastor Grace Han

*Following online worship, we invite you to join us on [Zoom](#) for a time of intentional fellowship and conversation.*

POSTLUDE

*Festive Finale*

Malcolm Archer

**\* \* \***

---

## SUNDAY MORNING AT TRINITY CHURCH

---

**The flowers on the altar** are given to the glory of God.

**Today's Prelude:** "We Are Called" (1988) captures the energy and enthusiasm of the folk song style. Each of the three stanzas exhorts the singer with an imperative verb: "Come! Live in the light!" "Come! Open your heart!" "Sing! Sing a new song!" Folk songs, especially those growing out of the 1960s and 1970s, urge us to action. The action here is inspired by Micah 6:8: "... what the Lord really wants from you: He wants you to promote justice, to love kindness, and to walk humbly with your God. The first stanza invites us to live in the light of God's grace and freedom, and to reflect that light with joy and love. Stanza two invites us to open our hearts to mercy for all who live in fear, hatred and blindness." The final stanza invites us to a vision of the future when all will be one!

**Today's solo:** Lowell Alexander (b. 1963) has been composing Christian music since his teens. He says he was influenced by Bach, Rodgers and Hammerstein, and Elton John (among others). His songs seem simple, but he believes that something simple, but profound, can sum up the gospel and be powerful. Karen has sung This Day for church services, weddings, and funerals. Simple, yet powerful words.

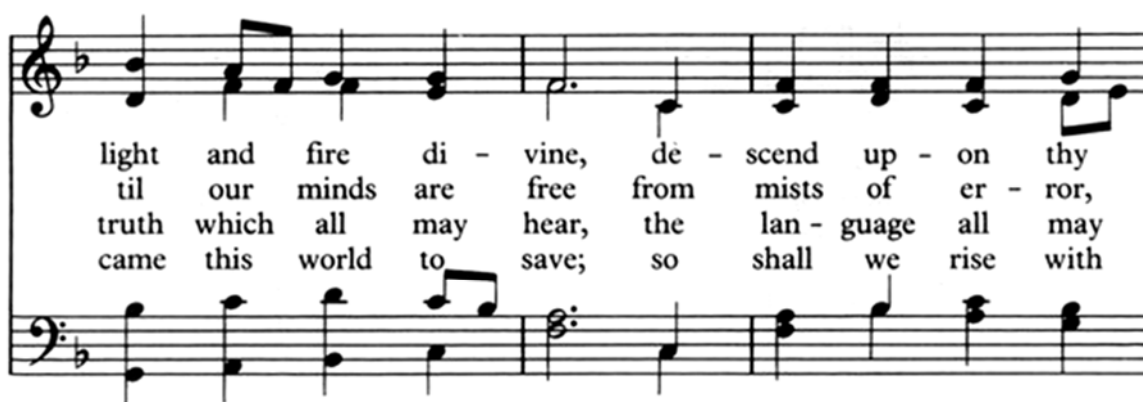
**Fellowship Time via ZOOM on Sunday after Church:** After worship this morning, we invite you to a time of fellowship via [Zoom](#) led by our Program Director Hannah Day Donoghue! This will be a time for us to connect after worship, check-in, and to have a time of conversation about worship. [Click here to join.](#) For questions, contact our Program Director, Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org).

**Worship Online this Sunday:** We are worshiping online via our Trinity's [Facebook page](#) and our website: [www.trinityalexandria.org](http://www.trinityalexandria.org). On Saturday evenings, we are sending out an email with links to the worship sites and the bulletin for worship that Sunday. This Sunday, we invite you to be intentional about finding a space in your home to worship and to be truly present in a time of worship. For additional questions about how to worship online, please contact the Church Office: [office@trinityalexandria.org](mailto:office@trinityalexandria.org).

## O Spirit of the Living God



1. O Spir - it of the liv - ing God, thou  
2. Blow, wind of God! With wis - dom blow un -  
3. Teach us to ut - ter liv - ing words of  
4. So shall we know the power of Christ who



light and fire di - vine, de - scend up - on thy  
til our minds are free from mists of er - ror,  
truth which all may hear, the lan - guage all may  
came this world to save; so shall we rise with



church once more, and make it tru - ly thine.  
clouds of doubt, which blind our eyes to thee.  
un - der - stand when love speaks loud and clear;  
him to life which soars be - yond the grave;

Continued on next page.

## 1 2 3 O Spirit of the Living God

Continued from previous page.

The musical score is written for a two-part setting (Soprano and Bass) in G major, 4/4 time. It consists of three systems of music, each with a vocal line and a piano accompaniment line. The lyrics are printed below the vocal line.

Fill it with love and joy and power, with  
Burn, wing - ed fire! In - spire our lips with  
till ev - ery age and race and clime shall  
and earth shall win true ho - li - ness, which

righ - teous - ness and peace; till Christ shall dwell in  
flam - ing love and zeal, to preach to all thy  
blend their creeds in one, and earth shall form one  
makes thy chil - dren whole; till, per - fect - ed by

hu - man hearts, and sin and sor - row cease.  
great good news, God's glo - rious com - mon - weal.  
fam - i - ly by whom thy will is done.  
thee, we reach cre - a - tion's glo - rious goal!



# Take My Life, and Let It Be

1. Take my life, and let it be con - se - cra - ted,  
 2. Take my voice, and let me sing al - ways, on - ly,  
 3. Take my will, and make it thine; it shall be no

Lord, to thee. Take my mo - ments and my days;  
 for my King. Take my lips, and let them be  
 long - er mine. Take my heart, it is thine own;

let them flow in cease - less praise. Take my hands, and  
 filled with mes - sag - es from thee. Take my sil - ver  
 it shall be thy roy - al throne. Take my love, my

let them move at the im - pulse of thy love.  
 and my gold; not a mite would I with - hold.  
 Lord, I pour at thy feet its trea - sure - store.

Take my feet, and let them be swift and beau - ti - ful for thee.  
 Take my in - tel - lect, and use ev - ery power as thou shalt choose.  
 Take my-self, and I will be ev - er, on - ly, all for thee.

# TRINITY CHURCH'S WEEKLY NEWS

---

Join us for **Outdoor Prayer and Communion Services!** Starting this Wednesday, we will gather at 7 PM (please note time change from the last few weeks). We will meet in our Courtyard (the grassy area between the Parsonage and the Church). You are invited to bring your lawn chairs to sit comfortably, or feel free to stand! All participants will need to fill out a Health Acknowledgement form, wear a mask, and practice appropriate social distancing. We are limiting registration to 30 participants each Wednesday.

**[You can sign up here!](#)** For questions contact our Office Manager, Jenessa Stokes in the Church Office at **[office@trinityalexandria.org](mailto:office@trinityalexandria.org)**.

**Outdoor Blessing of the Chromebooks & Ice cream Social** (social distanced edition): On Sunday, September 6<sup>th</sup> at 5:30 PM, we invite you to join Pastor Grace and Hannah Day Donoghue for an end of the summer celebration. Anyone starting any kind of school is welcome to bring their Chromebook, or an item from their desk/school working space to be blessed for the new school year. We will pair this with individually wrapped ice cream, to take home with you! **[Click here](#)** to join us! For more information contact our Program Director, Hannah Day Donoghue at **[programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org)**.

**Feedback for Spring/Summer 2020!** Hello families who have youth and children 18 and under. Hannah and the Christian Formation team are looking for some feedback about this Spring/Summers Programming. Please fill out the form by **[clicking here](#)** to have your input and voice heard and support the Christian Formation teams planning. Please fill out no later than August 24<sup>th</sup>.

**Sign up for Text Alerts from Trinity!** We are working on improving our communications! One way we'd like to connect with you is to be able to send you texts alerts with updates about the church. Especially in a season of time sensitive changes, we want to be able to communicate with you quickly and easily. To receive text messages, **[sign up here!](#)** For more information contact our Jenessa Stokes in the Church Office at **[office@trinityalexandria.org](mailto:office@trinityalexandria.org)**.

**Join the Trinity Prayer Chain:** During times of trial and uncertainty, we pray to grow in our faith and encourage one another. To respond to our growing prayer needs, we will be starting an email prayer chain to share our prayer concerns with one another. We will share joys as well as concerns and needs. If you are interested in being part of this prayer chain, please email **[prayer@trinityalexandria.org](mailto:prayer@trinityalexandria.org)**.

**Drive-through Food Drive for Rising Hope Mission Church:** As more and more people are out of work, the demand on food pantries has increased exponentially. Rising Hope Mission Church, one of our ministry partners, is looking for non-perishable food items (canned meats, pasta, canned tomato products, cereal, coffee, peanut butter, jelly) as well as personal hygiene items (toothpaste, deodorant). Saturdays from 10 AM-Noon, we are hosting a drive through drop off food drive. Just come by the church parking lot (off Cameron Mills). For the sake of safety for all involved, we ask you to stay in your car, so we can have people drop off food one at a time. For additional questions contact Mary Gillman: **[marycgillman@gmail.com](mailto:marycgillman@gmail.com)**. For future food drive dates, please see **[here](#)**.

**Inova Blood Drive:** Want to do something to help people during the COVID-19 crisis? Missing the Trinity Semi-Annual Blood Drive? We are all in this together! Every day over 200 blood donors are needed to give patients a chance to heal. Help fight area blood shortages by donating at one of Inova's three donor centers or contact Inova to set up an event with your local neighborhood association. Visit **[www.inovablood.org](http://www.inovablood.org)** or call 1-866-BLOODSAVES to schedule an appointment or for more information. To learn more about COVID-19 precautions Inova is taking **[click here](#)**. For more information contact Carol Bowers at **[cw\\_bowers@outlook.com](mailto:cw_bowers@outlook.com)**. And please Save the Date – Saturday, November 14 from 8 am – Noon for Trinity's next semi-annual Blood Drive. (This Blood Drive will only occur if the church has re-opened by that date.)

**Centering Prayer** meets weekly on Wednesdays from 6:00 PM to 7:00 PM, via **[Zoom](#)**. Centering Prayer is a 20 minute practice to sit in quiet prayer to make ourselves open to God. A reading is shared by the leader with a short discussion prior to the prayer time. **[Click here to connect](#)**. For more information contact, Alva Smircina via email at **[asmircina@gmail.com](mailto:asmircina@gmail.com)**.

The **Lazarus Food Pantry** is looking for delivery volunteers. In partnership with Trinity, Fairlington UMC, and ALIVE! the Christ Church Lazarus Ministry has been delivering groceries, Monday through Saturday to Alexandria families in need. Volunteers pick up pre-packed bags of groceries at Trinity and then deliver to around 3 families each time. The date and time of deliveries is flexible. Clients are asked to meet the volunteer outside for a contact-free hand off. For more information, contact Liz Denson at **[ldenson@ccalex.org](mailto:ldenson@ccalex.org)**.



# TRINITY CHURCH'S WEEKLY NEWS

---

**Tithes and offerings** may be sent to Trinity via normal mail (checks only) or via the online donation portal on [Trinity's website](#). (click on "[♥ Giving](#)" in the top right corner). You may make online donations directly from your checking account with no check required to be mailed. This will help us immensely as our office will have limited hours to receive and process the checks. However, you may still give by mailing a check - whatever donation you want to provide will be very welcome.

We also have the capability to give by text. Just send a text that says "Give" to: 703-783-3034.

If you want more information on giving by texting works read on:

Step 1. Text the word "Give" - to 703-783-3034. Don't worry - nothing will be charged to you until you enter your credit card or bank information.

Step 2. You will receive a text back to you saying, "It looks like you are a new giver ; to begin (a link to the text giving site will appear), click on it.

Step 3: A form will appear that will clearly say "Trinity United Methodist Church" at the top left. It will ask you to fill in the following information:

1. Amount you want to give and the fund you want to give to. If you want to give a general offering, you don't need to write anything! If you want to give to a specific fund, you can use one of the following funds: Lent; Flowers; Music; Pastor (For Pastor's Helping Fund)
2. How you want to give - credit card or direct deposit from your bank (called ACH bank transfer)
3. If you select credit card, it will ask for your name, address, email address and credit card information.
4. If you select ACH - it will ask for you name, address, email address and bank routing and bank account information
5. At the bottom you can select one time gift or a recurring period. Suggest you select one time gift for the first time.
6. That is it. Then click on Donate Now!

If you made a mistake or change your mind - no worries just send the word "refund" to the same number the last amount you sent them will be refunded to you! Also you can send the word "commands" that will give you a list of options on how to change your account or update your giving amounts. If all else fails - please contact Rich McKinney at [cbrm@mac.com](mailto:cbrm@mac.com). Thank you again for your giving - no matter how you give!

---

## **The Welcome Statement of Trinity United Methodist Church is:**

*"Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." Matthew 10:40*

*Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. As God's love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience. We recognize that we are all different, and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.*

## **The Mission of Trinity United Methodist Church is:**

*Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.*

# TRINITY CHURCH'S UPCOMING EVENTS

---

## Sunday, August 23<sup>rd</sup>: Twelfth Sunday After Pentecost

11:00 AM Worship at via Facebook Live and Trinity Website  
12:00 PM Fellowship Time via Zoom  
7:30 PM Church Council Meeting via Zoom

## Wednesday, August 26<sup>th</sup>

6:00 PM Centering Prayer at via Zoom  
7:00 PM Outdoor Prayer and Communion Service in the Courtyard

## Thursday, August 20<sup>th</sup>

8:30 PM Chancel Choir Rehearsal via Zoom

## Saturday, August 22<sup>nd</sup>

10:00 AM Rising Hope Drive Through Food Drive in the Sanctuary Parking Lot

## Sunday, August 30<sup>th</sup>: Thirteenth Sunday After Pentecost

11:00 AM Worship at via Facebook Live and Trinity Website  
12:00 PM Fellowship Time via Zoom



### Trinity United Methodist Church

2911 Cameron Mills Road  
Alexandria, VA 22302

Phone: (703) 549-5500 | Fax: (703) 549-7410

Monday - Thursday 9 AM - 5 PM | Friday 9 AM - 2 PM

Find us on the Web: [www.trinityalexandria.org](http://www.trinityalexandria.org) | Facebook: [Trinity UMC-Alexandria](https://www.facebook.com/TrinityUMC-Alexandria)

### Trinity United Methodist Church Staff

Bishop  
Alexandria District Superintendent  
Pastor  
Director of Music  
Program Director  
Office Manager  
Head of Operations, Trinity Preschool  
Nursery Supervisor  
Nursery Assistant  
Facility Manager  
Accountant

Bishop Sharma Lewis  
Rev. Jeff Mickle  
Rev. Grace Han  
Linda Cancellieri  
Hannah Day Donoghue  
Jenessa Stokes  
Claire Maucieri  
Luz Reyes  
Helen Simms  
Ronnie Willett  
Beatriz Cook

[TerriBiggins@vaumc.org](mailto:TerriBiggins@vaumc.org)  
[alexandriads@vaumc.org](mailto:alexandriads@vaumc.org)  
[pastor@trinityalexandria.org](mailto:pastor@trinityalexandria.org)  
[music@trinityalexandria.org](mailto:music@trinityalexandria.org)  
[programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org)  
[office@trinityalexandria.org](mailto:office@trinityalexandria.org)  
[preschool@trinityalexandria.org](mailto:preschool@trinityalexandria.org)  
[nursery@trinityalexandria.org](mailto:nursery@trinityalexandria.org)  
[ronnie@trinityalexandria.org](mailto:ronnie@trinityalexandria.org)  
[accountant@trinityalexandria.org](mailto:accountant@trinityalexandria.org)