



*“and what is the immeasurable greatness of his power for us who believe,  
according to the working of his great power.”*

~ Ephesians 1:19

# Trinity United Methodist Church Alexandria, Virginia

Third Sunday after Pentecost  
Father's Day  
June 21, 2020  
Eleven o'clock in the morning

## THE ORDER OF SERVICE

Welcome to Trinity online.

*As we prepare for a time of worship, we invite you to find an intentional space in your home for worship. We encourage you to light a candle or place something that reminds you of Trinity or your connection with God nearby.*

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### PREPARATION FOR WORSHIP

*Only in God*

John Foley, S.J.

Karen Beasley, soprano

*Only in God will my soul be at rest, From Him comes my hope, my salvation. He alone is my rock of safety, my strength, my glory, my God. Trust in Him at all times, O people, and pour out your hearts. God Himself is a refuge for us and a stronghold for our fear. Many times have I heard Him tell of His long lasting love. You Yourself, Lord, reward all who labor for love of Your name.*

### WELCOME

Pastor Grace Han

*As we light our candles in the sanctuary, I invite you to join us in lighting your own candle at home. As we place the cross in the holder, we invite you to place something that reminds you of Trinity or your connection with God in front of you.*

### CALL TO WORSHIP

*(based on Psalm 86)*

Pastor Grace Han

Incline your ear, O Lord, and answer me, for I am poor and needy.  
**For you are great and do wondrous things; you alone are God.**  
Be gracious to me, O Lord, for to you do I cry all day long.  
**For you are great and do wondrous things; you alone are God.**  
Give ear, O Lord, to my prayer, listen to my cry of supplication.  
**For you are great and do wondrous things; you alone are God.**  
You have helped me and comforted me.  
**For you are great and do wondrous things; you alone are God.**

### HYMN

*The Head That Once Was Crowned*

(Page 5 of bulletin)

### PRAYER OF CONFESSION AND PARDON

Pastor Grace Han

**Merciful God,**  
we confess that we have not loved you with our whole heart.  
We have failed to be an obedient church.  
We have failed to recognize your image in our neighbor.  
We have failed to choose to advocate for your justice.  
We have failed to create community which includes all  
and gives to all equal access to your abundant life.  
**Forgive us we pray. Heal us we pray.**

*(Time for Silence and Prayer)*

Hear the good news: God's gift of grace in Jesus Christ forgives us  
and sets us free to live full human lives in community.  
We may go forth confident of the grace to see with new eyes beyond prejudice;  
to imagine with renewed fervor justice and mercy for all,  
and to create with a new will a community where all are given access to God's abundant life.  
**Glory to God. Amen.**

### PASSING OF THE PEACE

*We'd love to know you worshiped with us! Please register your attendance [here](#). We also encourage you to comment below so we can be in community with you!*

### CHILDREN'S TIME

Jeff Miller

*We invite the children who are worshiping at home to pay extra special attention. Each week Hannah Day Donoghue will send out [interactive activities](#) for the children to do at home during this time.*

## THE LORD'S PRAYER

**Our Father,**  
 who art in heaven, hallowed be thy name.  
**Thy kingdom come,**  
 thy will be done on earth as it is in heaven.  
**Give us this day our daily bread.**  
**And forgive us our trespasses**  
 as we forgive those who trespass against us.  
**And lead us not into temptation**  
 but deliver us from evil.  
**For thine is the kingdom,**  
 and the power, and the glory forever. Amen.

SOLO

*El Shaddai*

Michael J. Card and John W. Thompson

Karen Beasley, soprano; Greg Parker, piano

*El-Shaddai* ("God Almighty") *El-Elyon na Adonai* ("God in the highest, Oh, Lord") *Age to age, You're still the same by the power of the name.* *Erkamka na Adonai* ("We will love You, Oh, Lord") *We will praise and lift You high, El-Shaddai.* *Through your love and through the ram, you saved the son of Abraham; Through the power of your hand, you turned the sea into dry land.* *To the outcast on her knees, you were the God who really sees, And by your might, you set your children free.* *Through the years you made it clear, that the time of Christ was near, Though the people couldn't see what Messiah ought to be.* *Though your word contained the plan, they just could not understand, Your most awesome work was done through the frailty of your son.*

SCRIPTURE LESSON

*Ephesians 1:15-23*

Pastor Jeff Mickle

<sup>15</sup> I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason <sup>16</sup> I do not cease to give thanks for you as I remember you in my prayers. <sup>17</sup> I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, <sup>18</sup> so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, <sup>19</sup> and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. <sup>20</sup> God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, <sup>21</sup> far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. <sup>22</sup> And he has put all things under his feet and has made him the head over all things for the church, <sup>23</sup> which is his body, the fullness of him who fills all in all.

The Word of God for the People of God. **Thanks be to God.**

SERMON

*The Immeasurable Greatness*

Pastor Jeff Mickle, District Superintendent of the Alexandria District

## INVITATION TO THE OFFERING

Pastor Grace Han

*We invite you to consider giving on-line or giving by text! To give on-line, go to [Trinity's website](#) and click on the Giving tab. To give by text, text "GIVE" to 703-783-3034. Further instructions will follow. For further information about online giving, please see the announcement in the bulletin (page 8).*

## OFFERTORY PRAYER

All good gifts come from you, dear Lord,  
 and from these riches we bring this offering.  
 Help us to use it for the furtherance of your purpose in this place,  
 and for the benefit of those in need. Amen.

## SUNDAY MORNING AT TRINITY CHURCH

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### Music Notes

**Today's Preparation for Worship:** Based on Psalm 62, one of David's psalms, "Only in God" was written by Jesuit Father John Foley, a liturgical and classical composer, theologian, liturgist and writer. He is known for taking timeless truths, drawn from Scripture, re-crafting them into poetry and setting them to timeless melodies. For more than 40 years, this gift has given voice to the prayer and worship of Christian communities around the world.

**Today's Solo:** "El Shaddai," composed in 1982, returns to Hebrew names for God in an attempt to understand God's nature and the relationship between the divine and humanity. Naming God is one of the primary tasks of Christian hymns throughout history. The UM Hymnal contains only the refrain for the sake of space. The stanzas discuss God's faithful acts as told in the biblical witness, including Abraham and Isaac and the parting of the waters during the Israelites' deliverance from Egypt (stanza one) and the prophecies of the coming of the Messiah and the fulfillment of Christ's mission (stanza two).

**The flowers on the altar** are given to the glory of God and in honor of Trinity's Program Director, Hannah Day Donoghue for all her hard work and dedication to our Church Family.

**Fellowship Time via ZOOM on Sunday after Church:** After worship this morning, we invite you to a time of fellowship via [Zoom](#) led by our Program Director Hannah Day Donoghue! This will be a time for us to connect after worship, check-in, and to have a time of conversation about worship. [Click here to join.](#) For questions, contact our Program Director, Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org).

**Worship Online this Sunday:** We are worshiping online via our Trinity's [Facebook page](#) and our website: [www.trinityalexandria.org](http://www.trinityalexandria.org). On Saturday evenings, we are sending out an email with links to the worship sites and the bulletin for worship that Sunday. This Sunday, we invite you to be intentional about finding a space in your home to worship and to be truly present in a time of worship. For additional questions about how to worship online, please contact the Church Office: [office@trinityalexandria.org](mailto:office@trinityalexandria.org).

## The Head That Once Was Crowned

1. The head that once was crowned with thorns is  
2. The high - est place that heaven af - fords be -  
3. The joy of all who dwell a - bove, the  
4. To them the cross with all its shame, with  
5. They suf - fer with their Lord be - low; they  
6. The cross he bore is life and health, though

crowned with glo - ry now; a roy - al di - a -  
longs to him by right; the King of kings and  
joy of all be - low, to whom he man - i -  
all its grace, is given; their name an ev - er -  
reign with him a - bove; their prof - it and their  
shame and death to him, his peo - ple's hope, his

dem a - dorns the might - y vic - tor's brow.  
Lord of lords, and heaven's e - ter - nal light.  
fests his love, and grants his name to know.  
last - ing name, their joy the joy of heaven.  
joy to know the mys - tery of his love.  
peo - ple's wealth, their ev - er - last - ing theme.

## THE NATURE OF THE CHURCH

## Go, Make of All Disciples

1. "Go, make of all dis - ci - ples." We hear the call, O Lord,  
 2. "Go, make of all dis - ci - ples," bap - tiz - ing in the name  
 3. "Go, make of all dis - ci - ples." We at thy feet would stay  
 4. "Go, make of all dis - ci - ples." We welcome thy com - mand.

that comes from thee, our Fa - ther, in thy e - ter - nal Word.  
 of Fa - ther, Son, and Spir - it, from age to age the same.  
 un - til each life's vo - ca - tion ac - cents thy ho - ly way.  
 "Lo, I am with you al - ways." We take thy guid - ing hand.

In - spire our ways of learn - ing through ear - nest, fer - vent prayer,  
 We call each new dis - ci - ple to fol - low thee, O Lord,  
 We cul - ti - vate the na - ture God plants in ev - ery heart,  
 The task looms large be - fore us; we fol - low with - out fear;

and let our dai - ly liv - ing re - veal thee ev - ery - where.  
 re - deem-ing soul and bod - y by wa - ter and the Word.  
 re - veal-ing in our wit - ness the mas - ter teach - er's art.  
 in heaven and earth thy pow - er shall bring God's king - dom here.

# TRINITY CHURCH'S WEEKLY NEWS

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**Church Wide Survey:** As our region begins to re-open, we are starting to look into preparations of when and how we can safely come together again in our building. In preparation for this, we invite you to take a survey to get a sense of your experiences with online worship and ministry, as well as questions about returning to in person gatherings. We want to ensure that we are caring for the safety and well-being of all and we appreciate your honest feedback! To complete the survey, [click here](#).

**Centering Prayer** meets weekly on Wednesdays from 6:00 PM to 7:00 PM, via [Zoom](#). Centering Prayer is a 20 minute practice to sit in quiet prayer to make ourselves open to God. A reading is shared by the leader with a short discussion prior to the prayer time. [Click here to connect](#). For more information contact, Alva Smircina via email at [asmircina@gmail.com](mailto:asmircina@gmail.com).

Join us for “Family Fun Food Trucks” on Wednesdays and Fridays from 4-7 PM. In partnership with the [North Ridge Civic Association](#), join us this week for Family Fun Food Trucks in our blacktop parking lot! Stay tuned to [North Ridge's Facebook page](#) for which trucks will be available on which days. This is a way for us to support local restaurants as well as raise donations for “Meals for Alexandria Heroes” (to provide meals for first responders, medical professionals and others). We will practice safe social distancing as regulated by the city! Come, eat, support local businesses & be in fellowship (from afar) with one another!

**Drive-through Food Drive for Rising Hope Mission Church:** As more and more people are out of work, the demand on food pantries has increased exponentially. Rising Hope Mission Church, one of our ministry partners, is looking for non-perishable food items (canned meats, pasta, canned tomato products, cereal, coffee, peanut butter, jelly) as well as personal hygiene items (toothpaste, deodorant). Wednesdays from 4-7 PM, we are hosting a drive through drop off food drive. Just come by the church parking lot (off Cameron Mills). For the sake of safety for all involved, we ask you to stay in your car, so we can have people drop off food one at a time. For additional questions contact Mary Gillman: [marycgillman@gmail.com](mailto:marycgillman@gmail.com). For future food drive dates, please see [here](#).

**Join the Trinity Prayer Chain:** During times of trial and uncertainty, we pray to grow in our faith and encourage one another. To respond to our growing prayer needs, we will be starting an email prayer chain to share our prayer concerns with one another. We will share joys as well as concerns and needs. If you are interested in being part of this prayer chain, please email [prayer@trinityalexandria.org](mailto:prayer@trinityalexandria.org).

**Youth Summer Mission Week- Unfortunately due to COVID-19,** Appalachia Service Project has canceled their summer programming, including our Youth's trip, this summer. Our leaders at Trinity and Beverley Hills have begun planning a local mission week from July 19th-25th. Since the week and all our summers plans are changing and shifting we are reopening the week. Anyone who has completed 6<sup>th</sup>-12<sup>th</sup> grade is welcome to express interest here. There will be a virtual meeting in May. Contact Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org) with any questions.

**Social Justice Bible Study-** Join our Program Director, Hannah Day Donoghue beginning Wednesday, June 24<sup>th</sup> at 7 PM to 8 PM for our virtual Bible study. We will look at different issues affecting our community, what the Bible says about these issues and what our call as Christians is. We will end each study with an action item to complete before our meeting the following week. This Bible study will involve unearthing some of our own biases and assumptions we have been taught about people who are directly affected by these issues. I hope to see many of you there. Stay tuned for further details. For questions contact, Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org).

**College Q & A, June 30<sup>th</sup> @ 5 PM:** High Schoolers, join current college students, MA students and those who are on their career paths, to answer some questions about college and the future. It will start off with a few questions to our panelists and then open it up to any questions that our high schoolers/graduates want to know. We are hoping this can be a space where anxieties and curiosities are shared and maybe given some answers. High Schoolers only. No parents/guardians. Email our Program Director, Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org) to sign up and get on the email list.

# TRINITY CHURCH'S WEEKLY NEWS

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**Tithes and offerings** may be sent to Trinity via normal mail (checks only) or via the online donation portal on [Trinity's website](#). (click on “ **Giving**” in the top right corner). You may make online donations directly from your checking account with no check required to be mailed. This will help us immensely as our office will have limited hours to receive and process the checks. However, you may still give by mailing a check - whatever donation you want to provide will be very welcome.

We also have the capability to give by text. Just send a text that says “Give” to: 703-783-3034.

If you want more information on giving by texting works read on:

Step 1. Text the word “Give” - to 703-783-3034. Don’t worry - nothing will be charged to you until you enter your credit card or bank information.

Step 2. You will receive a text back to you saying, “It looks like you are a new giver ; to begin (a link to the text giving site will appear), click on it.

Step 3: A form will appear that will clearly say “Trinity United Methodist Church” at the top left. It will ask you to fill in the following information:

1. Amount you want to give and the fund you want to give to. If you want to give a general offering, you don’t need to write anything! If you want to give to a specific fund, you can use one of the following funds: Lent; Flowers; Music; Pastor (For Pastor’s Helping Fund)
2. How you want to give - credit card or direct deposit from your bank (called ACH bank transfer)
3. If you select credit card, it will ask for your name, address, email address and credit card information.
4. If you select ACH - it will ask for you name, address, email address and bank routing and bank account information
5. At the bottom you can select one time gift or a recurring period. Suggest you select one time gift for the first time.
6. That is it. Then click on Donate Now!

If you made a mistake or change your mind - no worries just send the word “refund” to the same number the last amount you sent them will be refunded to you! Also you can send the word “commands” that will give you a list of options on how to change your account or update your giving amounts. If all else fails - please contact Rich McKinney at [cbrm@mac.com](mailto:cbrm@mac.com). Thank you again for your giving - no matter how you give!

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### **The Welcome Statement of Trinity United Methodist Church is:**

“Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me.” Matthew 10:40

Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God’s creation and as demonstrated by the life and ministry of Jesus Christ. As God’s love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience. We recognize that we are all different, and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.

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### **The Mission of Trinity United Methodist Church is:**

Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.

# TRINITY CHURCH'S UPCOMING EVENTS

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## **Sunday, June 21<sup>st</sup>: Father's Day/Third Sunday After Pentecost**

Worship at 11 AM via Facebook Live and Trinity Website  
Fellowship Time at Noon via Zoom

## **Wednesday, June 24<sup>th</sup>**

Family Food Truck Night at 4-7 PM in Allison Street Parking Lot  
Food Donations Drop-Off 4-7 PM in Allison Street Parking Lot  
Centering Prayer at 6 PM via Zoom  
Trebles & Choristers Rehearsal at 6:30 PM via Zoom

## **Thursday, June 25<sup>th</sup>**

Trinity Ringers Rehearsal at 6:30 PM via Zoom  
Chancel Choir Rehearsal at 8:30 PM via Zoom

## **Sunday, June 28<sup>th</sup>: Fifth Sunday After Pentecost**

Worship at 11 AM via Facebook Live and Trinity Website  
Fellowship Time at Noon via Zoom



### **Trinity United Methodist Church**

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Alexandria, VA 22302

Phone: (703) 549-5500 | Fax: (703) 549-7410

Monday - Thursday 9 AM - 5 PM | Friday 9 AM - 2 PM

Find us on the Web: [www.trinityalexandria.org](http://www.trinityalexandria.org) | Facebook: [Trinity UMC-Alexandria](https://www.facebook.com/TrinityUMC-Alexandria)

### **Trinity United Methodist Church Staff**

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Alexandria District Superintendent

Bishop Sharma Lewis

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Pastor

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