



John, The Gospel of  
**Light  
and  
Life**

*This is my commandment, that you love one another as I have loved you.*  
~ Joshua 15:12

**Trinity United Methodist Church**  
**Alexandria, Virginia**

**Fifth Sunday in Lent**  
**March 29, 2020**  
**Eleven o'clock in the morning**



CONNECTING  
GROWING  
SERVING  
CELEBRATING

## THE ORDER OF SERVICE

*Welcome to Trinity online.*

*As we prepare for a time of worship, we invite you to find an intentional space in your home for worship.  
We encourage you to light a candle or place something that reminds you of Trinity or your connection with God nearby.*



### WELCOME AND ANNOUNCEMENTS

Pastor Grace Han

*As we light our candles in the sanctuary, I invite you to join us in lighting your own candle at home. As we place the cross in the holder, we invite you to place something that reminds you of Trinity or your connection with God in front of you.*

### PREPARATION FOR WORSHIP

*God's Time is Best*

J.S. Bach

### OPENING PRAYER

Pastor Grace Han

Holy God,

as we gather together this morning,  
we pray that you will unite us as your body.

While we gather from our homes across Alexandria,

the DC metro area, and across the US,  
we know that when we are in your presence,  
we are no longer many, but one.

Be glorified in our worship, we pray, as we are blessed by your presence.

We pray in your Holy Name, **Amen.**

### HYMN

*How Firm a Foundation*

(Page 5 of bulletin)

### PRAYER OF CONFESSION AND PARDON

Pastor Grace Han

**God we confess this morning that we are filled with fear.**

**We fear the unknowns that surround us.**

**We worry about what could be, or what should be.**

**We are overwhelmed with worst case scenarios,  
consumed with anxiety, and exhausted from it all.**

**We confess that our fear sometimes numbs us or paralyzes us,  
or causes us to mistreat or misjudge one another.**

**Forgive us we pray, heal us we pray.**

*(All offer prayers of confession in silence)*

In the darkness, light shines.

In the midst of troubled waters, a hand reaches out.

We are not alone on this journey of faith.

Hear the words of our creator,

spoken through the prophet Isaiah:

“I have called you by name.

You are mine. Do not fear,  
for I have redeemed you.”

Hear this good news:

God forgives, renews, and restores—

Glory be to God, **Amen.**

### PASSING OF THE PEACE

*During the passing of the peace, we encourage you to comment below so we can be in community with you. We also encourage you to consider how we can be in community with each other throughout the week.*

### CHILDREN'S TIME

Pastor Grace Han

*We invite the children who are worshipping at home to pay extra special attention. Each week Hannah will send out coloring pages and interactive activities for the children to do at home during this time.*

## SCRIPTURE LESSON

Isaiah 43:1b-7

Jill Robinson

<sup>1b</sup> Do not fear, for I have redeemed you; I have called you by name, you are mine. <sup>2</sup> When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. <sup>3</sup> For I am the Lord your God, the Holy One of Israel, your Savior. I give Egypt as your ransom, Ethiopia and Seba in exchange for you. <sup>4</sup> Because you are precious in my sight, and honored, and I love you, I give people in return for you, nations in exchange for your life. <sup>5</sup> Do not fear, for I am with you; I will bring your offspring from the east, and from the west I will gather you; <sup>6</sup> I will say to the north, "Give them up," and to the south, "Do not withhold; bring my sons from far away and my daughters from the end of the earth—<sup>7</sup> everyone who is called by my name, whom I created for my glory, whom I formed and made."

The Word of God for the People of God. **Thanks be to God.**

## PSALM

Psalm 121

Jill Robinson

<sup>1</sup> I lift up my eyes to the hills—  
from where will my help come?  
<sup>2</sup> My help comes from the Lord,  
who made heaven and earth.  
<sup>3</sup> He will not let your foot be moved;  
he who keeps you will not slumber.  
<sup>4</sup> He who keeps Israel  
will neither slumber nor sleep.  
<sup>5</sup> The Lord is your keeper;  
the Lord is your shade at your right hand.  
<sup>6</sup> The sun shall not strike you by day,  
nor the moon by night.  
<sup>7</sup> The Lord will keep you from all evil;  
he will keep your life.  
<sup>8</sup> The Lord will keep  
your going out and your coming in  
from this time on and forevermore.

## GOSPEL LESSON

John 15:9-17

Pastor Grace Han

<sup>9</sup> As the Father has loved me, so I have loved you; abide in my love. <sup>10</sup> If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. <sup>11</sup> I have said these things to you so that my joy may be in you, and that your joy may be complete. <sup>12</sup> "This is my commandment, that you love one another as I have loved you. <sup>13</sup> No one has greater love than this, to lay down one's life for one's friends. <sup>14</sup> You are my friends if you do what I command you. <sup>15</sup> I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father. <sup>16</sup> You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. <sup>17</sup> I am giving you these commands so that you may love one another.

The Gospel of the Lord. **Praise to you, O Christ.**

## SERMON

"Love One Another as I Have Loved You"

Pastor Grace Han

## PRAYERS OF THE PEOPLE

THE LORD'S PRAYER

**Our Father,**

who art in heaven, hallowed be thy name.

**Thy kingdom come,**

thy will be done on earth as it is in heaven.

**Give us this day our daily bread.**

**And forgive us our trespasses**

as we forgive those who trespass against us.

**And lead us not into temptation**

but deliver us from evil.

**For thine is the kingdom,**

and the power,

and the glory forever. Amen.

INVITATION TO THE OFFERING

Pastor Grace Han

HYMN

*The Gift of Love*

(Page 6 of bulletin)

DISMISSAL WITH BLESSING

Pastor Grace Han

*Following online worship, we invite you to join us on Zoom for a time of intentional fellowship and conversation.*

POSTLUDE

*Dialogue Sur Les Grands Jeux*

L-N. Clerambault

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**Today's anthem** is a setting of Psalm 121 by American composer Leo Sowerby (1895-1968). In 1927 he became organist-choirmaster at St James's Episcopal Church, Chicago. It was during his time there that he did most of his work and gained his international reputation. In 1962, after his retirement from St James's, he was called to Washington National Cathedral to become the founding director of the College of Church Musicians, a position he held until his death in 1968. His liturgical music occupies a central place in his life's work and in the history of American church music. He produced a long list of anthems, each of which illuminates the sacred texts in a truly symphonic style, and features organ accompaniments that make integral and idiomatic contributions to the texture of the music. (some notes from Harold Stover)

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IN SYMPATHY....

It is with sadness we share the death of **Bobby Taylor**, uncle of Trinity member Jen Bemisderfer and brother of Marilyn Boone. We extend our prayers and sympathies to Jen, Jake, Ben, Will, Maryn Bemisderfer and Marilyn Boone and their extended family. Expressions of sympathy can be sent to Jen Bemisderfer at 2907 Pierpont Street, Alexandria, VA 22302 and Marilyn Boone at 4468 Joe Ellen Road, Battleboro, NC 27809.

It is with sadness we share the death of **Rachel Elizabeth Robinson**, niece of Jill Robinson. We extend our prayers and sympathies to the Robinson family. Expressions of sympathy can be sent to Jill Robinson at 3550 Valley Drive Alexandria, VA 22302-2131.

It is with sadness we share the death of **Mike Ruckle**, brother of Rev. Phyllis Earley. We extend our prayers and sympathies to the Earley & Ruckle families. Expressions of sympathy can be sent to Rev. Phyllis Earley at 671 Poquoson Ave, Poquoson, VA 23662-1623.

It is with sadness we share the death of **James Edwin Davis**, younger brother of Rev. Bill Davis. We extend our prayers and sympathies to the Davis family. Expressions of sympathy can be sent to Rev. Bill Davis at 11413 Stillbrook Road, North Chesterfield, VA 23236-2409.

## How Firm a Foundation

1. How firm a foun - da - tion, ye saints of the Lord,  
 2. "Fear not, I am with thee, O be not dis - mayed,  
 3. "When through the deep wa - ters I call thee to go,  
 4. "When through fi - ery tri - als thy path - ways shall lie,  
 5. "The soul that on Je - sus still leans for re - pose,

is laid for your faith in his ex - cel - lent word!  
 for I am thy God and will still give thee aid;  
 the riv - ers of woe shall not thee o - ver - flow;  
 my grace, all - suf - fi - cient, shall be thy sup - ply;  
 I will not, I will not de - sert to its foes;

What more can he say than to you he hath said,  
 I'll strength - en and help thee, and cause thee to stand  
 for I will be with thee, thy trou - bles to bless,  
 the flame shall not hurt thee; I on - ly de - sign  
 that soul, though all hell should en - deav - or to shake,

to you who for ref - uge to Je - sus have fled?  
 up - held by my righ - teous, om - ni - po - tent hand.  
 and sanc - ti - fy to thee thy deep - est dis - tress.  
 thy dross to con - sume, and thy gold to re - fine.  
 I'll nev - er, no, nev - er, no, nev - er for - sake."

WORDS: "K" in Rippon's *Selection of Hymns*, 1787 (2 Tim. 2:19; Heb. 13:5; Is. 43:1-2)  
 MUSIC: Early USA melody; harm. from *Tabor*, 1866

FOUNDATION  
 11 11.11 11

# The Gift of Love

1. Though I may speak with brav - est fire,  
 2. Though I may give all I pos - sess,  
 3. Come, Spir - it, come, our hearts con - trol,

and have the gift to all in - spire,  
 and striv - ing so my love pro - fess,  
 our spir - its long to be made whole.

and have not love, my words are vain,  
 but not be given by love with - in,  
 Let in - ward love guide ev - ery deed;

as sound - ing brass, and hope - less gain.  
 the prof - it soon turns strange - ly thin.  
 by this we wor - ship, and are freed.

WORDS: Hal Hopson, 1972 (1 Cor. 13:1-3)

MUSIC: Trad. English melody; adapt. by Hal Hopson, 1972

GIFT OF LOVE

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# TRINITY CHURCH'S WEEKLY NEWS

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**Worship Online this Sunday:** While we aren't meeting in person, we will be worshipping online via livestream on Trinity's [Facebook page](#) and through [Zoom](#). Each Saturday evening, we will send out an email with links to the worship sites and the bulletin for worship that Sunday. This Sunday, we will invite you to be intentional about finding a space in your home to worship and to be truly present in a time of worship. For additional questions about how to worship online, please contact the Church Office at [office@trinityalexandria.org](mailto:office@trinityalexandria.org).

**Fellowship Time via ZOOM on Sunday after Church:** After worship this morning, we invite you to a time of fellowship via Zoom led by our Program Director Hannah Day Donoghue! This will be a time for us to connect after worship, check-in, and to have a time of conversation about worship. We will include a link for this Zoom call on the Saturday Worship email. For additional questions, contact Hannah at [programdirector@trinityalexandria.org](mailto:programdirector@trinityalexandria.org).

**Wednesday Bible Study via ZOOM:** Starting this Wednesday, March 25<sup>th</sup>, at 7 PM we will gather for Bible Study on the gospel of John via Zoom. While we can't gather in person, we are a people of the WORD and are encouraged to study and share the word together. You can join by clicking here: <https://zoom.us/j/876104988> or contact the Church Office at [office@trinityalexandria.org](mailto:office@trinityalexandria.org) for an email invitation. Hope to "see" you all there!

**Tithes and offerings** may be sent to Trinity via normal mail (checks only) or via the online donation portal on [Trinity's website](#). (click on "[♥ Giving](#)" in the top right corner). You may make online donations directly from your checking account with no check required to be mailed. This will help us immensely as our office will have limited hours to receive and process the checks. However, you may still give by mailing a check - whatever donation you want to provide will be very welcome.

We also have the capability to give by text. Just send a text that says "Give" to: 703-783-3034.

If you want more information on giving by texting works read on:

Step 1. Text the word "Give" - to 703-783-3034. Don't worry - nothing will be charged to you until you enter your credit card or bank information.

Step 2. You will receive a text back to you saying, "It looks like you are a new giver ; to begin (a link to the text giving site will appear), click on it.

Step 3: A form will appear that will clearly say "Trinity United Methodist Church" at the top left. It will ask you to fill in the following information:

1. Amount you want to give and the fund you want to give to. If you want to give a general offering, you don't need to write anything! If you want to give to a specific fund, you can use the following funds:

a. Lent

c. Music

b. Flowers

d. Pastor (For Pastor's Helping Fund)

2. How you want to give - credit card or direct deposit from your bank (called ACH bank transfer)

3. If you select credit card, it will ask for your name, address, email address and credit card information.

4. If you select ACH - it will ask for you name, address, email address and bank routing and bank account information

5. At the bottom you can select one time gift or a recurring period. Suggest you select one time gift for the first time.

6. That is it. Then click on Donate Now!

If you made a mistake or change your mind - no worries just send the word "refund" to the same number the last amount you sent them will be refunded to you! Also you can send the word "commands" that will give you a list of options on how to change your account or update your giving amounts. If all else fails - please contact Rich McKinney at [cbrm@mac.com](mailto:cbrm@mac.com). Thank you again for your giving - no matter how you give!

**Lenten Offering:** We invite you to join us to support communities most in need during the COVID-19 crisis. Through out Lenten offering, we will be supporting four ministries: UMCOR, Rising Hope Mission Church, ALIVE, and Community Lodgings. All of these organizations work directly with communities hardest hit by COVID-19. To give, you can text 703-783-3034, type in the amount and then the word "Lent" (ie \$100 Lent), or send a check to Trinity UMC with Lent on the memo line.



# Celebrate Easter

## AT TRINITY CHURCH ONLINE

**REVISED HOLY WEEK SERVICES AT TRINITY**  
Worship with us at Trinity online for Holy Week and Easter

### **Holy Week:**

#### **Sunday, April 5<sup>th</sup> - Palm/Passion Sunday**

Online Worship at 11 AM via  
Zoom & Facebook Live

#### **Monday-Thursday, April 6<sup>th</sup> - 9<sup>th</sup>**

Midday Prayer Service at 12 PM via  
Zoom & Facebook Live

#### **Friday, April 10<sup>th</sup> - Good Friday**

Good Friday Service of Tenebrae at 12 PM via  
Zoom & Facebook Live

#### **Sunday, April 12<sup>th</sup> - Easter Sunday**

Online Worship at 11 AM via  
Zoom & Facebook Live



### **Trinity United Methodist Church**

2911 Cameron Mills Road  
Alexandria, VA 22302

Phone: (703) 549-5500 | Fax: (703) 549-7410

Monday - Thursday 9 AM - 5 PM | Friday 9 AM - 2 PM

Find us on the Web: [www.trinityalexandria.org](http://www.trinityalexandria.org) | Facebook: [Trinity UMC-Alexandria](https://www.facebook.com/TrinityUMC-Alexandria)

### **Trinity United Methodist Church Staff**

Bishop  
Alexandria District Superintendent  
Pastor  
Director of Music  
Program Director  
Office Manager  
Head of Operations, Trinity Preschool  
Nursery Supervisor  
Nursery Assistant  
Facility Manager  
Accountant

Bishop Sharma Lewis  
Rev. Jeff Mickle  
Rev. Grace Han  
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Hannah Day Donoghue  
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