



"Take heart; it is I. Do not be afraid." - Matthew 14:27

Trinity United Methodist Church
Alexandria, Virginia

The Wind is Against Us

August 9, 2026
Eleven o'clock in the morning

THE ORDER OF WORSHIP

Welcome to worship at Trinity.

Whether you are worshiping in-person or online, we are so glad to worship with you this morning.

*Nursery is offered from 10:45 AM - 12:30 PM in room 105
(on the lower level, first door on the right) for our youngest worshippers
(birth through 2 years old). Children ages 3-3rd grade are invited to stay in worship with their families.*

*For those worshiping online, as we prepare for a time of worship,
we invite you to find an intentional space in your home for worship.*

**For those worshiping in person please stand in body and/or spirit.
Out of reverence for God and respect for fellow worshipers, please silence all electronic devices.*

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PRELUDE

Jesus Walked This Lonesome Valley
Trinity Ringers

arr. Jason Krug

WELCOME

Rev. Teer Hardy

***CALL TO WORSHIP**

Rev. Teer Hardy

God lifts us from death to life
and preserves us for God's purposes
through the compassion of Jesus Christ our lord
and the guidance of the Holy Spirit.
With thanksgiving, praise the Lord!

***HYMN**

STRENGTH IN TRIBULATION

How Firm a Foundation

529

The image shows the musical score for the hymn "How Firm a Foundation". It is written for a four-part choir (Soprano, Alto, Tenor, Bass) in G major (one sharp) and 4/4 time. The score consists of two systems of music. The first system contains the first five lines of the hymn, and the second system contains the remaining lines. The lyrics are printed below the notes. The hymn is a well-known Christian hymn that expresses confidence in God's strength and faithfulness.

1. How firm a foun - da - tion, ye saints of the Lord,
2. "Fear not, I am with thee, O be not dis - mayed,
3. "When through the deep wa - ters I call thee to go,
4. "When through fi - ery tri - als thy path - ways shall lie,
5. "The soul that on Je - sus still leans for re - pose,
is laid for your faith in his ex - cel - lent word!
for I am thy God and will still give thee aid;
the riv - ers of woe shall not thee o - ver - flow;
my grace, all - suf - fi - cient, shall be thy sup - ply;
I will not, I will not de - sert to its foes;



WORDS: "K" in Rippon's Selection of Hymns, 1787 (2 Tim. 2:19; Heb. 13:5; Is. 43:1-2)
MUSIC: Early USA melody; harm. from Tabor, 1866
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FOUNDATION
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***CALL TO CONFESSION**

Rev. Teer Hardy

Merciful God,

we confess that we have not loved you with our whole heart.

We have failed to be an obedient church.

We have not done your will,

we have broken your law,

we have rebelled against your love,

we have not loved our neighbors,

and we have not heard the cry of the needy.

Forgive us, we pray.

Free us for joyful obedience,

through Jesus Christ our Lord. Amen.

(All pray in silence.)

Hear the good news:

Christ died for us while we were yet sinners;

that proves God's love toward us.

In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, *you* are forgiven!

Glory be to God. Amen.

***PASSING OF THE PEACE**

CHILDREN'S TIME

Jill Robinson

There are children's worship boxes available in the Narthex. If you can't find one, please see an usher.

CONGREGATIONAL PRAYER

Mary Beth Buchholz

THE LORD'S PRAYER

Our Father,

who art in heaven, hallowed be thy name.

Thy kingdom come,

thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses

as we forgive those who trespass against us.

And lead us not into temptation

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory forever. Amen.

ANTHEM

Good News! Chariot's A-Comin'

arr. Greg Gilpin

Trinity Women's Ensemble

Good news! Chariot's a comin' and I don't want it to leave me behind. There's a long white robe in the heaven I know, and I don't want it to leave me behind. There's a pair of wings in the heaven I know, and I don't want it to leave me behind...

SCRIPTURE LESSON

[Matthew 14:22-33](#)

Rev. Teer Hardy

Immediately he made the disciples get into a boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and, beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

The word of God for the people of God. **Thanks be to God.**

SERMON

The Wind is Against Us

Rev. Teer Hardy

ANNOUNCEMENTS

Rev. Teer Hardy

INVITATION TO THE OFFERING

How to give at Trinity:

There are three ways to give at Trinity!

1. *Give through our online donation portal:*

<https://trinityalexandria.breezechms.com/give/online>

2. *Give by text at 703-783-3034. Just send a text that says "Give" and the Amount.*

3. *Put your offering in the offering plate or mail in your donation to Trinity Church, 2911 Cameron Mills Road, Alexandria, VA.*

For further questions about how to give, visit: www.trinityalexandria.org/giving-at-trinity!

OFFERTORY

Lord Jesus Christ, Be Present Now

J.G. Walther

*THE DOXOLOGY

Praise God, from whom all blessings flow;

Praise God, all creatures here below: Alleluia! Alleluia!

Praise God, the source of all our gifts!

Praise Jesus Christ, whose power uplifts!

Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

***OFFERTORY PRAYER**

Rev. Teer Hardy

**We give thanks to you, O Lord,
for your sustaining presence and abundant grace.
Receive now these gifts we bring to you
out of your generous provision in our lives.
May they be used to satisfy the hunger in famine,
relieve the oppressed in time of trouble,
and proclaim everywhere the good news of your Son,
in whose name we pray. Amen.**

***HYMN**

Precious Lord, Take My Hand

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***DISMISSAL AND BLESSING**

Rev. Teer Hardy

***POSTLUDE**

Trumpet Finale

Francesco Manfredini

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474 Precious Lord, Take My Hand

1. Precious Lord, take my hand, lead me on, let me stand,
 2. When my way grows drear, pre-cious Lord, lin-ger near,
 3. When the dark-ness ap-pears and the night draws near,

I am tired, I am weak, I am worn;
 when my life is al-most gone,
 and the day is past and gone,

through the storm, through the night, lead me on to the light:
 hear my cry, hear my call, hold my hand lest I fall:
 at the riv-er I stand, guide my feet, hold my hand:

Refrain

Take my hand, pre-cious Lord, lead me home.

SUNDAY MORNING AT TRINITY

The flowers on the altar are given to the glory of God and in loving memory of Anthony R. Barbara, brother of Philip and sister-in-law Deborah Barbara, who passed away on August 3, 2026.

Summer Sermon Series: *Ready or Not: The Kingdom Shows Up Anyway - Grace Doesn't Wait for Us to Get it Right* Join us this summer (July 12th - September 6th) for a sermon series in the book of Matthew. Before we understand Jesus, before we follow well, before we believe correctly, the kingdom of heaven is already at work among us. This series invites the congregation into a life shaped not by getting it right, but by receiving what God is already doing.

Worship In-person and Online! We worship each Sunday at 11 AM in-person and online (through our website and Trinity's Facebook page). For online worship, visit our website: www.trinityalexandria.org. Each Saturday evening, we will send out an email with links to the worship sites and the bulletin for worship that Sunday. For additional information contact the Church Office at office@trinityalexandria.org.

Nursery is offered from 10:30 AM - 12:30 PM in room 105 (down the stairs on the lower level, first door on the right) for our youngest worshippers (birth through early elementary). Led by Ariana Lara. Please note that Children's Worship is on summer vacation! We invite children to stay in the Sanctuary to worship with their families. There are children's worship boxes (with age appropriate activities for children) available in the Narthex. Please see an usher with any questions or assistance.

MUSIC NOTES

The prelude is an arrangement for 12 bells of the American Folk hymn Lonesome Valley. The ostinato bass accompaniment evokes slow walking steps while the higher bells ring the melody. "*Jesus Walked This Lonesome Valley*" is a solemn and deeply moving African American spiritual that reflects on the suffering, isolation, and obedience of Christ during His earthly ministry and especially on the path to the cross. Like many spirituals shaped within the context of slavery, the hymn draws a powerful connection between the loneliness of Jesus and the lived experience of those who endured hardship, rejection, and suffering. Its simple yet profound message affirms both Christ's solidarity with human pain and the personal responsibility of each believer to walk faithfully before God. *Some notes from Hymnallibrary.org Copyright © 2017 Choristers Guild. All Rights Reserved. Reprinted with permission under ONE LICENSE #A-713613. All rights reserved.*

The offertory and postlude *music is in the public domain.*

The anthem *Good News!* is by award-winning choral composer and arranger and highly respected choral conductor Greg Gilpin. Using a swinging tempo and gospel chords, Gilpin sets this traditional African-American spiritual for women's voices. *Copyright © 2015 by Alfred Music. All Rights Reserved.*

Come join our Summer Music Program: While the Chancel Choir enjoys a summer vacation during August, we look to you in the congregation to share your talents with us. Solos, duets, ensembles, and instrumentalists—all are welcome! If you wish some private coaching or an accompanist, that is also available. Also, please consider joining our music program, singing and ringing, when we resume rehearsals in the Fall. Questions? Speak with our Director of Music, Linda Cancellieri at music@trinityalexandria.org.

TRINITY CHURCH'S WEEKLY NEWS

Join us in supporting ACPS students as they begin the 2026-27 school year! Trinity has committed to providing 75 backpacks filled with school supplies for ACPS students. For more information and to sign up here: <https://www.trinityalexandria.org/missions>. Please drop off filled backpacks (labeled with grade level) for the ACPS Backpack Drive by tomorrow, Monday, August 10:

- Sunday morning worship (11 AM-1 PM)
- Monday-Church Office between 9 AM - 12 PM.

Blessing of the Backpacks, Sunday, August 23rd:

Calling all students (preschool through grad school)! We invite you to bring your backpacks to worship on Sunday, August 23rd at 11 AM. During worship, we will offer a special blessing for a meaningful and productive year ahead and a special tag will be provided for all backpacks. We encourage you to invite friends, neighbors, and classmates! For more information, contact the Church Office at office@trinityalexandria.org.

Fall Kick-Off & Ministry Fair: We invite you to Trinity's Fall Kick-Off & Ministry Fair on Sunday, September 13th! Worship with us at 11 AM and stay for lunch to follow in the Fellowship Hall. Trinity will provide a main dish and we invite you to bring a side, salad or dessert to share. For additional information, contact office@trinityalexandria.org.

You're Invited to Roberts Memorial UMC's 194th Homecoming Celebration: Roberts Memorial United Methodist Church joyfully invites Trinity UMC members to join them for their 194th Homecoming Celebration on Sunday, September 13 at 11:00 AM. The special worship service will feature Bishop Sue Hauptert-Johnson as the guest preacher, followed by a reception. As fellow United Methodist congregations with a shared history in Alexandria, this celebration is an opportunity to honor our connection, celebrate God's faithfulness across generations, and strengthen the bonds of fellowship that unite us. For more information, contact Liz Williams at wizzerfly@gmail.com.

Community Food Project – Opportunity to serve on Monday, September 21, Trinity UMC will partner with the Church of Jesus Christ of Latter-day Saints on King Street to unload, sort, and distribute a semi-trailer of food delivered to our Allison Street parking lot to local food banks and organizations serving food-insecure neighbors throughout Alexandria. Volunteers are needed to make this outreach a success! Please sign up using the SignUpGenius: https://www.signupgenius.com/go/70A0449AFAD28AA8-64848606-community# and help us share God's love through service. For questions or more information contact Missions Chair, Julie McKinney at juliemck3@gmail.com.

Children's Ministry Needs! Trinity is seeking dedicated volunteers to serve in our growing Children's Ministry program! We encourage you to share your gifts of time and presence in the lives of our children. There are lots of ways to support children's ministries ranging from weekly commitments to one time special events. Opportunities include leading children's time, helping to teach in children's worship, or through volunteering with special events. To volunteer or learn more, contact Kari Webber at programdirector@trinityalexandria.org.

Reserve Altar Flowers Today! We encourage our church family to reserve altar flowers in honor or in memory of a loved one by sending an email to the Church Office at office@trinityalexandria.org. After worship, the flowers are yours to take home or share with a loved one. We are now reserving for the rest of the year. The suggested donation is \$75 to the Trinity Flower Fund to cover the cost of flowers and supplies. If you have any questions about the Flower Committee, contact Mary Beth Buchholz at marybeth@freespiritfloral.com.

Are you looking for a way to serve during Sunday morning in-person worship? Sunday morning worship volunteers are vital to providing a smooth-running and enjoyable worship service. We are looking for volunteers to usher, acolyte or be on the Tech Team. Serving in one of these ministries can enrich your faith and connect you with other members. If you are interested in more information or shadowing someone to see if you would like to volunteer, please contact the Church Office at office@trinityalexandria.org.

TRINITY CHURCH'S WEEKLY NEWS

Join the Trinity Prayer Chain: During times of trial and uncertainty, we pray to grow in our faith and encourage one another. We will share joys as well as concerns and needs. If you are interested in being part of this prayer chain or have a prayer request, email the Prayer Chain at prayer@trinityalexandria.org.

Trinity is hiring a Nursery Worker! Do you love working with children? Trinity is seeking a nursery worker for Sunday mornings (10:30-12:30 PM). Monthly schedules can be flexible, depending on availability. Nursery worker will work in conjunction with the nursery supervisor and parents to provide a safe, happy, and loving environment for the children at Trinity UMC! Contact pastor@trinityalexandria.org with additional questions or concerns!

Trinity Tech Team needs YOU! The Trinity Tech Team is responsible for running the sound system, streaming laptop, and video during all worship services. We aim to make worship look and sound great for everyone, whether they attend church in-person or online. The Team is looking for new volunteers to replace some of our graduating high school seniors and expand the volunteer pool. If you are an adult or in high school (9th grade and above) and have an interest in assisting the technical aspects of worship, please reach out to Tech Team Lead, Zachary Silvis at media@trinityalexandria.org. NOTE: No previous audio-visual experience is required! Once trained, volunteers can expect to serve 1-2 times per month on average.



ACPS Elementary Reading Tutors! Alexandria City Public Schools' ATC (Alexandria Tutoring Consortium) program is registering reading tutors for the upcoming 2026-27 school year! They offer a wonderfully successful program called Book Buddies. ATC recruits and trains community volunteers to be reading tutors for K-2 graders in ACPS. YOU can make a difference in just two 30-minute sessions per week. Scan the QR code to learn more or sign up! If you have questions, contact Julie McKinney at juliemck3@gmail.com.



Sign up for Trinity's eCommunications: Are you wondering what is goes on in the life of our church? Are you looking for ways to get more connected? Or maybe you just want to keep up to date on all the news. Scan the QR code above with your camera on your phone to get connected today!



To join Trinity Church Guest Wifi, scan the QR code above with your camera on your phone. For more information on how to connect via Wifi contact the Church Office at office@trinityalexandria.org.

TRINITY CHURCH'S WEEKLY NEWS

A New Entryway for Trinity

Trinity is preparing for an important improvement to our building: a new entrance on the Allison Street side that will be more welcoming, accessible, and secure.

The project will remove the existing non-ADA-compliant ramps and steps and replace them with automatic glass doors, a covered and heated entry, an ADA-compliant ramp and steps, and an expanded space for greeting, gathering, and waiting. The design will preserve Trinity's historic doors and architectural character while also creating a more functional and secure entrance for everyone who comes through them. The 250th memorial bricks will also be incorporated into an attractive new setting.

A detailed presentation and question-and-answer session will be held **today Sunday, August 9th**, following worship. The presentation will cover the background, financing, plans, process, and contracting for the project.

Beginning August 15, the front entrance will be closed to everyone during construction. Please use the alternate entrances on the Cameron Mills Road side of the church building.

This project is about more than a doorway. It is about making sure the way into Trinity reflects the welcome we hope people experience once they are inside. For more information contact Building & Grounds Chair, Greg Saunders at gregoryelis@hotmail.com.



THIS WEEK AT TRINITY

Sunday, August 9th

- 10:30 AM Nursery in room 105
- 11:00 AM Worship in-person and online via Facebook Live and Trinity Website
- 12:15 PM Construction Presentation and Q&A in the Fellowship Hall

Wednesday, August 12th

- 6:00 PM Centering Prayer in the Connecting Room
- 6:30 PM Trinity Ringers I Rehearsal in the Sanctuary
- 7:30 PM Trinity Ringers II Rehearsal in the Sanctuary

Sunday, August 16th

- 10:30 AM Nursery in room 105
- 11:00 AM Worship in-person and online via Facebook Live and Trinity Website



The Mission of Trinity United Methodist Church is:

Building a strong Christian community to find, share, and celebrate the love of Christ in our hearts, neighbors and our world.

The Welcome Statement of Trinity United Methodist Church is:

"Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me." ~ Matthew 10:40

Trinity United Methodist Church is committed to be a congregation of Open Hearts, Open Minds and Open Doors. We believe all people are of sacred worth and dignity as part of God's creation and as demonstrated by the life and ministry of Jesus Christ. As God's love extends to all, we welcome everyone without exception, regardless of age, race, ethnicity, gender, family structure, socio-economic or marital status, sexual orientation, gender identity, physical or mental ability, faith history or life experience.

We recognize that we are all different and those differences make us a stronger community of faith as we worship together to grow in our relationship with God and one another.

Coffee with Pastor Teer

Pastor Teer wants to get to know you and the Trinity community. Schedule a time for coffee with Pastor Teer. Use this link (<https://calendar.app.google/erURpxHR7YVYihX36>) to schedule a time or contact Pastor Teer by email or in the church office.



Trinity United Methodist Church
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Phone: (703) 549-5500 | Fax: (703) 549-7410
Church Office hours: Monday - Thursday 9 AM - 5 PM Friday 9 AM - 2:30 PM
Find us on the Web: www.trinityalexandria.org | Facebook: [Trinity UMC-Alexandria](https://www.facebook.com/TrinityUMC-Alexandria)

Trinity United Methodist Church Staff

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Director of Music
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