



THE BRAINS BEHIND SAVING YOURS.®

“Why is the remote in the refrigerator?” - Know the 10 Signs!

Join us for a fun and informational program as we explore the differences between normal and not normal aging, warning signs that may indicate a need to talk with your doctor, and why you have to keep defrosting the remote! You will also learn about the resources available from the Alzheimer's Association to help you, or a loved one, ask the right questions and get the support you need.

Thursday, March 23, 2017, 6:00- 7:00 PM

**Alzheimer's Association Office
31 College Place, Suite D-103
Asheville, NC 28801**

Seating is limited, so please reserve your spot by calling
828-254-7363 or email us at dyoung@alz.org.

Directions: From I-240— Exit 5B (Charlotte Street), Take Charlotte Street to College Street, Left on College, go through 1 stoplight and start up the hill, we are in Asheville Office Park on the left right before you enter the tunnel. Park in the parking lot on the lower level, Doppler Building.