

Sneak Peek at College for Seniors Courses Winter 2018: January 8 – February 19 Winter catalog available at OLLI and online November 3, 2017 Initial Allocation Registration November 8-15, 2017	
MONDAYS Morning Classical Pilates (9:30-10:30)..... Kristine Angelacos Becoming an Informed Advocate for Your Own HealthcareKaren Sanders Elec-Trickery and Magic-ism Erik Vedeler Reading Mark Twain Catherine Frank Spark Your Life: The Art & Science of Creating a VisionNancy Grojean Whole Foods/Plant-Based Living: A Second Helping Bonnie Wheeler Mid-day Therapeutic Yoga for Healthy Backs (11:30-1) Annelise Mundy Atul Gawande’s <i>Being Mortal: Medicine and What Matters In the End</i> David Mouw Dancin’ Dames of Hollywood Beth Davey Gentle Yoga Fran Ross Kurds and Kurdistan Tom Sanders Prints and Printmaking: A Brief History Jenny Wilker Welcome Home Agamemnon: In Search of Justice Brenda Bryant Afternoon Boris Karloff: Six Character Studies 1932-1968..... Chip Kaufmann Brain Wellness in the 21st Century Stephen Barnard Frédéric Chopin: His Life and Music Michael Ruiz Give Painting a Chance: Six Ways to Abstract Art (2-4:30)...Angelika Wagar	WEDNESDAYS (continued) Afternoon Strength Training for Healthy Aging, Level 1 (2-3) Stacie Smith Strength Training for Healthy Aging, Level 2 (3:15-4:15) Stacie Smith 24 Form Tai Chi Advanced Movements (2-3:30).....Liz Ridley Arab Spring: From Bedouin Roots to 21st Century Terrorism.... Larry Wilson History of Lighthouses: Bonfires to Satellites Wayne Wheeler Older, Wiser, Sexually Smarter – Part 1Kelley Johnson West Coast Swing for Beginners Debbie Belles
TUESDAYS Morning Art and History of Renaissance FlorenceMark Gordon Smith Dying to Live..... Greg Lathrop Good Science, Bad Science and Fun Science.....Hermann Gucinski Max Perkins’ Golden Boys: Fitzgerald, Hemingway and Wolfe (Section 1) Tom Hearron Meditation for Beginners..... Peggy Moore Sweden Studies..... Julie Snyder Mid-day Asheville on the CheapLinda Orowitz Eudora Welty: Two Short NovelsRonna Bloom Intuitive Painting Fran Ross Making a Difference as a Way of Life Judy Ray Stories of WNC’s Past: Sex, Greed and Violence, Part 2 Ron Schon *Beginning Piano, Level 2 – Session 1 (noon-1) Bobbie Rockwell Afternoon Good Yoga for the Elder Being (2-3:30) Kelly McKibben Pilates, Personal Power and Everyday Tasks (2-3:30) Stephanie Biziewski Beginning Needlepoint Sheila Murphy Coping Strategies in a Complex World Patricia Grace National Parks: What to See and When to Go..... Chester Pankowski Plantations of the South Carolina Low Country Barbara Weatherall Beginning Hiking in WNC, Level 1 (2-5:30) Rebecca Banner	THURSDAYS Morning Aristotle to Hawking: A History of Physics Mark Whipple Beginning Mountain Dulcimer Melanie Johnston Hiking the Camino de Santiago in Spain..... Hermann Gucinski Max Perkins’ Golden Boys: Fitzgerald, Hemingway and Wolfe (Section 2)..... Tom Hearron A Sampler of Knitting Techniques Gay Lambirth Tai Chi Chih: Joy Though Movement Steve Stevens Mid-Day Acting the Bard: <i>Looking for Richard</i> Jim Reid Editing Your Photos Using a Free Alternative to PhotoshopBob Davis Monuments Men and Women Paula Withrow Overpopulation: The Human Asteroid?..... Clark Peters A Paper Buffet Barbara E. Mueller *Beginning Mah Jongg – Session 2..... Rosemary Walton & Kenn Haring Afternoon Classical Yoga (2-3:30) Wes Sparks Abruzzo is Where? The Less Known Wine Roads of Italy Andy Hale & Mark Smith Comedy? <i>Twelfth Night</i> and <i>The Merchant of Venice</i> Mario DiCesare Introduction to the Fun and Fundamentals of BridgePeter Schoen The Path to PyeongChang: Winter Olympics 1924-2014Larry Griswold Ultra Beginner Line DanceDenna Yockey Five Pieces of the Puzzle of Healthy Aging (2-4:30)Elizabeth Pavka The Woman’s Film 1933-1948 (2-4:30)..... Doug Cooper Basic Oil Painting, Especially for Guys! (2-5). Nancy Nehls Nelson
WEDNESDAYS Morning Yoga to Start Your Morning (9-10:30)..... Barbara Rapchak Celtic Spirituality Peggy Moore Creating Fiction From Your Life Experience..... Bruce Spang Social Security: Past, Present and Future Bob Rietz The US-China Relationship: Then and NowJim Lenburg Where Does English Come From - And Where’s It Going Peg Downes Mid-day The Art of Solving Crosswords, Level 2 Lewis Rothlein A History of Aircraft Carriers Jim Tyson Process Theology Farley Snell Science and Technology, In-depth Lectures..... Howard Jaslow The Tao of Dishwashing.....Raja Crumby *Beginning Mah Jongg – Session 1..... Rosemary Walton & Kenn Haring	FRIDAYS Morning Elder Law and Legal PlanningNicki Applefield Exploring Healthy Habits for Body and Mind.....Lenore Baum National Parks Geology: Alaska and Hawaii Rich Wiener Therapeutic Yoga Ellen Morrissey 400 Years of Opera Staging (9-11:30)..... Evan Baker Mid-day *Beginning Piano, Level 2 – Session 2 (noon-1)Bobbie Rockwell
Morning courses are 9-11 a.m., unless otherwise noted Mid-day courses are 11:30 a.m.-1:30 p.m., unless otherwise noted Afternoon courses are 2-4 p.m., unless otherwise noted For more information: olliasheville.com/courses Schedule is subject to change * Course meets twice a week	