

Sneak Peek at College for Seniors Courses
Fall 2017: September 18 – November 10

Fall catalog available at OLLI and online August 4, 2017, Initial Allocation Registration August 10-17, 2017

MONDAYS

Morning

Meditative Yoga (9-10)..... Lindsay Coward
Building a Safer World..... Dot Sulock
Face to Face with Facebook..... Marc Czarnecki
George Washington and the Continental Army Bert Lockwood
**An Initial Understanding of LGBTQIA: Sexual
Orientation and Gender Identity Patricia Robertson
Peanuts and Cracker Jack: Events that Shaped
Baseball History.....Mark Whipple
*Show and Tell: The Story of Your Life..... Jim Stilwell
Transition to Whole Foods/Plant Based Living.....Bonnie Wheeler
*Grilling with Mars and Venus (9-noon) Sheila & Dennis Murphy

Mid-day

Mindful Yoga and Meditation (11:30-1).....Stacey MacDonagh
Tai Chi for Balance and Agility (11:30-1).....Terry Call
Abstract Landscape Photography Techniques.....Susanna Euston
Aristotle: Then and Now..... Ron Manheimer
Demagogues and Demagoguery in U.S. HistoryKenneth Zamkoff
Introduction to Japan.....Matthew Allen
Love Well: An Art and a Science.....Paul Hibschan
No Man Is an Island: An Introduction to the Poetry
of John Donne.....David Barratt

Afternoon

Yoga for Your Health (2-3:30).....Jenne Sluder
Beginning Genealogy.....Mark Speer
*Dreaming, Waking & Transformative Dream Practices..... Helena Daly
Early Women Filmmakers 1902-1943 Chip Kaufmann
*The Enigmatic Emily Dickinson.....Doug Cooper
*Heart Awakening Meditation Practices..... Ronya Banks
A Salute to the Comedy of Gene Wilder (2-5)..... Randy Robins
*Go Take a Hike for Beginners
Section 1 (2-5:30).....Lee Orowitz & Marcia Markowitz
**Go Take a Hike for Beginners-Section 2 (2-5:30) Lee Orowitz &
.....Lori Postal

Monday and Thursday Morning

*Breaking 100 (10-noon)John Himmelheber & Bruce Spang

Monday and Thursday Afternoon

**Developing Your Interpersonal Effectiveness (2-4:30)..... Esther Pittman

TUESDAYS

Morning

Pilates Foundational Mat (9-10:15) Elise Beckstett
Architectural History of Asheville..... Richard Hansley
The Art of Solving Crosswords, Level 1.....Lewis Rothlein
Beginning Bridge..... Bob & Marilyn Evans
Beginning Spanish.....Jan Meriwether
The Diaspora of the Arts from the Weimar Republic.....Evan Baker
Scandalous Art.....Walter A-Akert

Mid-day

Integrative Yoga for Your Aging Body (11:30-1)Darleen Benson
**Alice Munro: Short StoriesSylvie Horvath
**Crimes, Conflicts, Quirks & Other Mysteries of History Ron Schon
Global Climate Change: A Disaster with Solutions Roger Helm
H. Richard Niebuhr’s *The Responsible Self*Farley Snell
*Having Fun Drawing How We Look Bill LaRocque
Intermediate Spanish.....Bill Tucker
*Pirates of the Caribbean & Beyond. Paula Withrow & Alan Cohlmeier
The Principal Teachings of BuddhismJohn Muecke

Afternoon

**Beyond Hello: The Five Vital Signs of ConversationNorman Markel
The Fight to Vote Ben Gilbert
Homer’s *Odyssey*..... Mario DiCesare
*iPhone Photography..... Wiley Loughran
The Mad Hatter: Knitting Hats for Advanced Beginner..... Gail Solomon
Nightclub Two Step for BeginnersDebbie Belles
*Travel Apps: Getting the Most Out of Your Next Trip Julia Loughran
**Understanding the Lumbar Spine Phil Rolfe
Wines You Never Knew You Loved..... Andy Hale & John Kerr
The Met at the Movies (2-5)..... Patricia & Bill Heuermann
Philip Roth at the Movies (2-5)Jay Jacoby
**Beginning Hiking in WNC (2-5:30) Rebecca Banner & Liz Domingue

WEDNESDAYS

**Beginning Hiking for Nature Lovers (9-3) Meridith Miller & Gail Wiley

For more information: olliasheville.com/courses
Schedule is subject to change

* First 4 weeks
**Second 4 weeks

WEDNESDAYS

Morning

Awakening to Now and How Michele Drivon
*Changing Times, Changing Music: Recordings as History ‘45-‘75..Lee Cooper
Escape and Renewal in Plays by Shakespeare..... Bill Moore
Healthy Bites: A Sampler..... Chris Lorish
John Burroughs: Freethinking Naturalist..... Chris Highland
*Trains and the Transformation of Western North Carolina Ray Rapp
Watercolor: The Joyful Art..... Sharon Kopstein

Mid-day

GROOVEing and Moving (11:30-1).....JoAnna Fireman
Docent’s Journey: American Artists’ Masterpieces Ari Landau
*How the Brain Works & What Happens When it Doesn’tMark Watman
Is there a Case for God? Bob Falanga
Navigating Windows 10..... Bob Davis
Photo Editing Beyond Picasa Dennis Murphy
Wonders of Chess..... Mark Labinov
Writing for Stand-Up Comedy 101..... Randy Robins
Yoga for Life (12:45-1:45)Stacie Smith

Afternoon

Strength Training for Healthy Aging (2-3)Stacie Smith
Continuing Beginning French 1E Renee Raffini
**Embracing Seasonal ChangesSu Shen Huang
Happy Feet.....Jacquie Wollins
Stillness Speaks..... Bill Walz
*Talk is Cheap: Communication Challenges in Long-Term
Relationships..... Cindy Berryman-Fink
The World Series in Three Parts Larry Griswold
Zentangle Basics and Beyond (2-4:30) Michelle Marshall
Master of Suspense: Hitchcock in Black and White (2-5)..... Barbara Jaslow
*Go Take a Hike for Beginners
Section 3 (2-5:30).....Bobbi Powers & Dennis Bass
**Afternoon Hiking Along the Blue Ridge
Parkway (2-5:30) Bobbie Rockwell & Nancy Gordon
Play Your Way to Better Health (3:15-4:15).....Stacie Smith

THURSDAYS

**Intermediate Hiking in Western NC (9-3)..Randy Fluharty & Nancy Gordon

Morning

*All About Android: Smartphone and Tablets Julia Loughran
*Amazing World of Sand: Art, Nature and Technology Peter Blau
**Measuring Up: The Science of Metrology Peter Blau
Practicing Wholehearted Living Paula Massey & Deloyce Porrata
The Quest for Political Identity in the Early American Republic..Tom Sanders
Science of Mind: Part 2..... Don Martin
Telling It Slant: A Poetry Writing Course.....Mike Ross

Mid-Day

1984: George Orwell’s Dystopian Masterpiece..... Dan Damerville
Appalachian Sampler..... Meridith Miller & Tom Plaut
Black Holes and Gravitational Waves Ted McIrvine
How a Market System WorksShirley Browning
Intermediate French 2E.....Sue Larmon
*The Prescription Drug Market in the United States Michael Dickson

Afternoon

Advanced French Grammar and Conversation C..... Betty Carver
Beginner Line Dance..... Denna Yockey
Breaking Up, Down & Through: Growing from Pain to Gain..Susan Trammell
Looking Back: A Fading Consensus on Being American Mary Lasher
*The Marshall Islands and American Policy in Pacific Oceania Ruth Currie
The Beauty of Trees: Landscapes Through Time (2-4:30)Susan Kibler
*Let’s Get Stone Faced: The Life and Career
of Buster Keaton (2-5).....Chuck Fink

FRIDAYS

Morning

Yoga for Your Brain (9-10:30)..... Ellen Morrissey
Big History and the Meaning of Life Davidson Loehr
**Drôme: The Other Provence..... Sylvie Delaunay
*Ecology of Southern Appalachia..... Mountain True
Managing Your Health, Your Loved Ones, Your Home..... Sheila O’Connor
*Mind Fitness: Road Maps to Increased Self Awareness.....Richard Boyum
*Sounds of the Chakras Meditation..... Linda Go
Advanced Photography (9-11:30) Robert Elias
Magazine Mosaics: Variations on a Theme (9-11:30)Debbie Reynolds
**Functional Meditation (9-noon) Jacquie Wollins

Afternoon

Classical Pilates (2-3)Jennifer Gianni & Kristine Angelacos

SATURDAYS

Tap Dancing for Fun (9-11)Mary Walker