

Sneak Peek at College for Seniors Courses and Workshops  
Summer 2017: June 12 – August 6

Summer catalog available at OLLI and online May 3, 2017, Initial Allocation Registration May 10-16, 2017

MONDAYS

Morning

Classical Yoga (9-10:30)..... Wes Sparks  
The Business of International Trade & Its Impact on Your Life  
..... Julie Snyder  
The Dystopian Novel: A Full Look at the Worst..... Catherine Frank  
Refugee Crises..... Dot Sulock  
Sustainable Medicine: The Way to Harmony & Balance..... Sally Ekaireb  
Writing the Screenplay..... Jim Norman  
Bake More than Just Bread (9-12)..... Sheila & Dennis Murphy

Mid-day

Advanced Creative Composition in Photography ..... Susanna Euston  
Genealogy Using FamilySearch ..... Mark Speer  
The Healthy Math Project..... Dot Sulock  
Lessons of the Holocaust..... Ari Landau  
The Trinities and Other Triads..... Farley Snell  
Yoga for Healthy Aging..... Lydia Michaels

Afternoon

Good Yoga for the Elder Being (2-3:30) ..... Kelly McKibben  
iPhone: Basic Apps for Elementary Users..... Lenore & Joe Baum  
Shakespeare: *Much Ado About Nothing* ..... Mario DiCesare  
Collage: Art as Play (2-5) ..... Bob Falanga  
L.A. Crime: Books & Movies (2-5) ..... Elizabeth Pou

Monday and Thursday Afternoon

Beginning Piano Instruction (2-3)..... Bobbie Rockwell

Tuesday and Thursday Morning

Beginning Digital Camera (9-11)..... Dennis Murphy

TUESDAYS

Morning

Classical Pilates (9-10)..... Kristine Angelacos  
Ireland’s Sacred Sites Through Pictures & Legends..... Peggy Moore  
The Structure of Fiction ..... Jim Norman

Mid-day

Yoga to Start Your Day Right (11:30-12:30) ..... Barbara Rapchak  
Acting the Bard: *As You Like It* ..... Jim Reid  
Asheville’s Doomed Duo: F. Scott & Zelda Fitzgerald..... Tom Hearron  
Asheville on the Cheap..... Linda Orowitz  
Justice & Morality in the Modern American Economy ... Terry O’Keefe

Afternoon

Country Western Dance Sampler..... Debbie Belles  
Meditation Practice..... Peggy Moore  
Cinema Literacy 101 (2-4:30) ..... Doug Cooper  
Food Glorious Food:  
Films on Healthy Eating (2-4:30) ..... Bonnie Wheeler  
Brevard Opera: Live at OLLI (2-5)..... Patricia & Bill Heuermann  
Dynamic Accordion Spine Books (2-5) ..... Sheila May

WEDNESDAYS

Morning

Seated Tai Chi for Improving Health & Mobility (9-10:30)  
..... Bill Muerdter  
Acupressure for Well-Being & Better Health..... Su Shen Huang  
The Brill Building Era..... Joe Sasfy  
Facebook Apps Advanced: A Summer Journey ..... Marc Czarnecki  
A Literary History of Murder ..... Bill Cosgrove

Mid-day

Yoga for Arthritis (11:30-1) ..... Annelise Mundy  
Engaging in Eldering..... Nancy Bragg & Rebecca Chaplin  
Frank Lloyd Wright: America’s Most Famous Architect ..... Bob Mellor  
Intermediate Mah Jongg ..... Rosemary Walton & Kenn Haring  
Seed Beading Jewelry ..... Ulana Mellor

For more information: [olliasheville.com/courses](http://olliasheville.com/courses)

Schedule is subject to change

WEDNESDAYS continued

Afternoon

Group Fitness Sampler (2-3) ..... Stacie Smith  
Functional Fitness (3:15-4:15) ..... Stacie Smith  
Beginning Movements 24 Form Tai Chi (2-3:30) ..... Liz Ridley  
Facebook Engagement: Introduction ..... Marc Czarneck  
The Many Faces of Beer: History & Future of Beer Styles .... Lisa Schutz  
Masking It!..... Nels Arnold  
Shawl Knitalong..... Gay Lambirth  
Summer Wildflowers of the Southern Blue Ridge..... Bernard Arghierre  
..... & Marianne Mooney  
Carl Davis: Master of the Silent Film Score (2-5) ..... Chip Kaufman

THURSDAYS

Morning

Earthquakes and Volcanoes: Plate Tectonic Hazards ..... Richard Wiener  
Journeying Through the Challenges of Living & Dying ... Karen Sanders

9:30 a.m.-1 p.m.

Go Take a Hike-For Beginners..... Rebecca Banner & Daisy Teng

Mid-Day

The Art of Facilitating Small Groups..... Dorothy Routh & Nancy Bragg  
Frida & Diego: The Odd Couple..... Connie Mitchell  
Real Housewives on the Overland Trails ..... Paula Withrow

Afternoon

Pilates for Chronic Pain (1:30-2:30) ..... Jennifer Gianni  
The Big Bang of Country Music ..... Jann Nance  
Older, Wiser, Sexually Smarter – Part 2..... Kelley Johnson  
Exploring Acrylic: Painting for Beginners (2-4:30)..... Angelika Wagar  
Feel Better, Think Better, Look Better  
& Live Longer (2-4:30) ..... Elizabeth Pavka  
Know Thyself & Others (2-5)..... Esther Pittman  
Speak Up, Speak Out (2-5) ..... Judith Bliss  
5Rhythms Movement Meditation:  
Dancing Path to Freedom (4:30-6:30)..... Karen Chapman

Course times as follows, except where noted otherwise

- Morning: 9-11 a.m.
- Mid-day: 11:30 a.m.-1:30 p.m.
- Afternoon: 2-4 p.m.

WORKSHOPS

Traditional Appalachian Craft Series:

Making Colorful Corn Shuck Dolls..... Anna Freels  
Saturday, June 10, 9 a.m.-4:30 p.m.  
Fee: \$95

Does an Electric Car Make Sense For You? ..... Joe & Lenore Baum  
Saturday, June 17, 9 a.m.-1 p.m.  
Fee: \$50

Calligraphy: Italic Hand..... Catherine Langsdorf  
Saturday, June 24, 10 a.m. - 5 p.m.  
Fee: \$105

Big Paper Watercolor! ..... Jane Snyder  
Saturday, July 15, 9 a.m. - 4 p.m. & Sunday, July 16, 9 a.m. - 4 p.m.  
Fee: \$170

The Magic Mirror: What Others Reflect To Me  
About Myself..... Dona Matera  
Saturday, July 22, 10 a.m. - 4 p.m.  
Fee: \$80

Traditional Appalachian Craft Series:

Create and Learn Appalachian Ribbed Basketry ..... Carla Filippelli  
Saturday, August 5, 10 a.m. - 3 p.m. & Sunday, August 6, 10 a.m. - 3 p.m.  
Fee: \$125