

Advance Care Planning Workshop (continued)

October 18, 7-9 p.m., Reuter Center, Manheimer Room

by Judy LaMée

Attendees can leave with legally executed, notarized advance directive documents – the Health Care Power of Attorney and Living Will. They can also have their signed documents made available in Mission Heath's electronic medical records system; those documents then become accessible to physicians and hospitals across North Carolina. All adults are encouraged to attend, whether or not they are OLLI members. The workshops are thus an important service that OLLI provides to the broader community.

The evening's agenda includes:

- A panel presentation by an attorney, a medical ethicist, a geriatrician and other health professionals (60 minutes)
- Time to complete and notarize the North Carolina ACP "Short Form" with one-on-one assistance from panelists and other health care professionals (40 minutes)

It is suggested that attendees prepare for the workshop by:

- Visiting the OLLI ACP website. Google "OLLI ACP" to find the page.
- Using the link on the web page, to access and print the NC Short Form and the MSJ Advance Directives Permission Form. Study the Short Form and bring any questions you have to the workshop.
- Talking to your possible "power of attorney" for health care, the person who would make health care decisions if you are unable.

Comments from recent attendees include: "Excellent presentation," "Very useful," and "Enjoyed the differences between the forms being explained and when to use which." If the October date doesn't work for you, these workshops are scheduled every 4 months (the upcoming date is always on the web page); after October, the next one is on February 7, 2019.

Volunteer opportunities:

- For each workshop, qualified notary public services are needed, as well as four adult witnesses.
- Please contact David Mouw (davidmouw@charter.net) by email if you are a qualified notary and can help, or if you are willing to be a witness. David says, "We are all set for October 18. Thereafter, no volunteer would be asked to help more than 1-2 times per year."