

**OLLI VOLUNTEERS NEEDED FOR**

# **ABBCM Crisis Ministry Kitchen and Pantry**

## **Providing Hot Meals and Pantry Food for those in Crisis**

**PROGRAM SPECIFICS:**

**WHY IT MATTERS:** Many of our neighbors live paycheck to paycheck, making difficult choices on a daily basis between rent, utilities, food, health care, day care and so much more. An unexpected expense can throw these families into financial crises. When that happens, people turn to the ABBCM Crisis Ministry for help. This ministry serves the low-income citizens of Buncombe County who are facing financial emergencies and are struggling to meet life's basic needs.

Each day we see people who are working in one or more low-wage jobs, the disabled or elderly who are living on fixed incomes, and those facing increasing costs of living, stagnant wages and a lack of affordable housing. We provide them with food boxes, gently used clothing, utility and rental assistance; and a hot meal in our soup kitchen. With your support we will help ensure our families receive a hot meal and leave with more food to prepare for themselves.

- **WHEN:** We need volunteers every Monday for a four hour shift from 8:30 until 12:30am. A shift on Wednesday from 12:30 until 3:30pm is also available.
- **VOLUNTEER ROLE:** Soup Kitchen/Food Pantry
  - Sort and organize food on shelves
  - Prepare "nutritional" food bags for families according to the guidelines
  - Assist with keeping things clean and orderly
  - Help prepare soup and sandwiches to feed hungry people
  - Help carry in donations
- **YOUR COMMITMENT:** A four hour shift 1x per month, or as often as you are able and willing to.
- **QUALIFICATION:** The desire to work with others less fortunate. Must be able to stand, reach, bend, and lift cans.

**For Additional Information:** ABBCM at <http://www.abbcm.org/serve> for more information about ABBCM at Crisis Ministry

**Contact :** Kathleen Mainardi, Coordinator, [kkmainardi@gmail.com](mailto:kkmainardi@gmail.com) for more information or to be put on the list of volunteers.



WELCOMES

MAKES A DIFFERENCE

