

Sneak Peek at College for Seniors Courses

Summer 2018: June 18 – August 3
Spring catalog available at OLLI and online May 11
Initial Allocation Registration May 17-23

MONDAYS

Morning
Introduction to Pilates (9-10)Kristine Angelacos
Charlotte and Emily Brontë in the 21st Century Catherine Frank
*Does An Electric Car Make Sense for You?.....Joe & Lenore Baum
Sustainable Healthcare: A Holistic Approach to
Health and Wellness..... Sally Ekaireb
*Contemporary Swedish Culture in Film (9-noon).....Julie Snyder
*Cooking for Two with Mars & Venus Sheila & Dennis Murphy
(9-noon)

Midday
*Becoming an Informed Advocate for Your
Own Healthcare..... Karen Sanders
Creating a Fine Art Photography PortfolioSusanna Euston
Shawl KAL for The Doodler Gay Lambirth
Søren Kierkegaard’s *Fear and Trembling* – Section 1.....Farley Snell
Yoga Therapy for Stress Management.....Lydia Michaels

Afternoon
Tai Chi for Balance and Agility (2-3:30) Terry Call
Yoga for Your Health (2-3:30)Jenne Sluder
Docent’s Journey: Spanish Masterpieces in
Painting & Architecture..... Ari Landau
Søren Kierkegaard’s *Fear and Trembling* – Section 2.....Farley Snell
*Painting from the Center (2-4:30) Angelika Wagar
Crime Fiction Books and Movies: Spies (2-5).....Elizabeth Pou
Developing Your Interpersonal Effectiveness (2-5) Esther Pittman

TUESDAYS

Morning
*Beginning Digital Camera/Smartphone (session 1).....Dennis Murphy
Exploring Healthy Habits for Body and MindLenore Baum
*How to Buy and Sell on eBay.....Bruce Jones
*How to Solve Sudoku Puzzles.....Bruce Jones
Morning Meditation Practice.....Peggy Moore
*Personal Safety and AwarenessPhilip Jones
Technology: Today and TomorrowLarry Fincher
*Intermediate Hiking in Western North Carolina.....Rebecca Banner
(9:30-2:30)

Midday
Asheville on the Cheap..... Linda Orowitz
*The Ballparks We Grew Up In Larry Griswold
Discover the Poet Inside You Maria Thomas
Introduction to Entrelac Knitting Gail Solomon
Making a Difference as a Way of Life..... Judy Ray
Search for the Historical Jesus Bob Falanga
*Beginning Piano Part 3: Playing the Classics..... Bobbie Rockwell
Session 1 (noon-1)

Afternoon
Body and Brain Fitness by Ageless Grace (2-3:30) Carol Gerson
Energizing Yoga Fran Ross
Law and Health Care Ben Gilbert
*Summer White Wines: Local Favorites Around the World.....John Kerr
Agatha Christie: Trickster and Influencer in Crime Fiction .. Bill Cosgrove
(2-5)

WEDNESDAYS

Morning
Ireland’s Sacred Sites Through Pictures and LegendsPeggy Moore
Strengthening Your Financial Foundation Leslie Apple

Midday
*Ancient and Modern Wisdom for Everyday Living.....Gerald Warren
Frank Lloyd Wright: America’s Most Famous ArchitectBob Mellor
*Listening with the Ear of My Heart..... Rose Bator
Mah Jongg, Intermediate Level.....Rosemary Walton & Kenn Harking
Movies of the Weimar Republic..... Evan Baker

WEDNESDAYS continued

Afternoon
Strength Training for Healthy Aging, Level 1 (2-3)Stacie Smith
Strength Training for Healthy Aging, Level 2 (3:15-4:15) Stacie Smith
Beginning East Coast Swing Sherry Lubic
Brave New World and Aldous Huxley.....Dan Damerville
Six Silent Films from Cecil B. DeMille (2-4:30) Chip Kaufmann
*Plant-Based-Living Film Festival (2-4:30) Bonnie Wheeler

THURSDAYS

Morning
*Beginning Digital Camera/Smartphone (session 2).....Dennis Murphy
*Beginning Needlepoint, Level 2..... Sheila Murphy
Chinese Medicine: The Art and ScienceJeri Ho
Initial Understanding of LGBTQIA: Gender Identity and
Sexual Orientation Patricia Robertson
Al Pacino in the Morning (9-noon) RoseLynn Katz
*Intermediate Hiking with the Southern Appalachian
Highlands Conservancy (9-1) Emily Adler

Midday
*Around the World in 80 Days – The WomenPaula Withrow
Déjà Vu All Over Again: Writing the Personal Essay Marjorie Klein
Learn to Play the Mountain Dulcimer Melanie & Mack Johnston
High Beginner Line DanceDenna Yockey
*The Politics of Conversation..... Norman Markel

Afternoon
Older, Wiser, Sexually Smarter – Part 2.....Kelley Johnson
Prescription Drug Market in the U.S. Michael Dickson
Italian Postwar Films 1958-65 (2-4:30) Doug Cooper
Many Moods of Mother Nature (2-4:30)..... Susan Kibler & Sharon Sandel
Children in Cinema (2-5).....Beth Johnson & Cindy Berryman-Fink

FRIDAYS

Morning
Therapeutic Yoga (9-10:30) Ellen Morrissey

Afternoon
*Beginning Piano Part 3: Playing the ClassicsBobbie Rockwell
Session 2 (noon-1)

Unless otherwise noted class times are as follows:
Morning - 9-11 a.m.
Midday - 11:30 a.m.-1:30 p.m.
Afternoon – 2-4 p.m.

* Course does not meet for full six weeks – check description for dates