

## TITLE

5Rhythms Movement Meditation: Dancing Path to Freedom  
A Docent's Journey of Western Civilization of Art  
Advanced French Grammar and Conversation 2B  
Advanced Photography  
Ageless Grace: Functional Fitness for Body and Brain  
Beginning Intermediate Spanish  
Bridge Level 3: Play of the Hand  
Continuing Beginning French 1D  
Creative Cross Stitch  
Crimes, Conflicts, Quirks and Other Mysteries of History  
Cryptic Crosswords  
Developing Your Interpersonal Effectiveness  
Financial Conversations for Women  
Folk Music's Transformation Into Folk-Rock  
Gardening for the Joy of It  
Gentle Yoga  
GROOVEing and Moving  
High Beginner Line Dance  
Intermediate French 2D  
Introduction to Adobe Lightroom  
More Genesis Stories  
More Topics in Astronomy  
National Parks 2: Geology Behind the Scenery  
Natural Freethought: Stanton and Ingersoll  
Navigating Windows 10  
Pair Wine and Lunch from Asheville's Favorite Restaurants  
Pilates, Personal Power and Everyday Tasks  
Pilates: Foundational Mat  
Pulp Magazines: A Cultural History  
Race, Class, Peace, War: Shakespeare's Inquiries  
Reading the Crochet Pattern  
Renewable Energy Beyond China, the US and Europe  
Russian "Superfluous Man" Stories  
Science of the Aging Brain  
Soviet Cinema in the Silent Era  
Stay Fit  
Steve Martin: Comedic Genius  
Tap Dancing for Fun  
Texas Hold'em Poker  
The Folk Music Revival in America  
The Image of the Hillbilly in Visual Media  
The Meiji Restoration and the Rise of Japan  
The Met at the Movies  
The Physics of Sound and Music  
Theater at Play: Acting Without a Script  
Therapeutic Yoga

Transitioning to Whole Foods/Plant-Based Living  
Two-Step for Beginners  
Untold Stories of WNC's Past  
Walk and Tone  
Women Pioneers: Heroism, Heartbreak and Grit