



**TENDERHEARTED  
PATHWAYS, INC.**

*Walking together toward a positive  
paradigm shift in dementia care.*



## Care Partner Support Series

### Sponsored by Columbia Presbyterian

**Caring for a friend or family member living with dementia related to aging can feel lonely — but you don't have to walk this path alone.**

The Care Partner Support Series is a virtual training designed to empower and educate care partners as they support their loved ones through the stages of dementia and other age-related medical conditions.

During five 90-minute sessions, we'll explore aging issues from both a scientific and person-centered perspective. We'll watch Teepa Snow videos as we discuss the complex emotions that accompany diagnosis and caregiving as we learn about dementia-related brain changes and study techniques for spotting and responding to common patterns.

We'll also discuss the vital importance for care partners prioritizing self-care, asking for help, and letting go. Come join us!



Kellie Hagen, President of Tenderhearted Pathways, INC. is a Positive Approach® to Care Certified Independent Trainer and Advanced Consultant with a passion to create a positive difference in how we care for and show respect for those living with dementia by teaching care partners to find strengths and build upon them.