Build a positive relationship with your kids and become the father you want to be!



GOOD DADS 2.0

MEN'S GROUP

CLASS DETAILS

Class Date + Time: Jan 8 - April 22
Dinner at 5:00PM, Class 5:30-7:00PM

Location: Love Columbia Center
1209 E Walnut St

Call to Register: 573-256-7662 x153
gooddads@lovecolumbia.org

Facilitated By: Love Columbia staff & volunteers

ABOUT THE CLASS

- Attendance is free
- Learn new parenting skills
  - Communication & conflict
  - Managing emotions
  - Coping with stress
  - Self-confidence
- Help with child support concerns
  - Work one-on-one with a case manager for individual assistance

GOOD DADS

LEARN MORE
gooddads.com
573-256-7662
gooddads@lovecolumbia.org