



August 2022

Dear Parent/Guardian:

It's the start of another new and exciting school year! The beginning of school brings many new experiences such as new friends, a new teacher, and maybe a bus ride to school each day. However, the start of school can also mean more frequent colds, sore throats and even head lice. Having a lice and nit free head in school is very important! Young school age children are the most prone to head lice due to their close proximity to each other during the day. Frequent checks of your child's head for evidence of head lice can save you hours of hard work if your child has head lice and it is caught early.

Attached you will find a guide to help your family identify, remove and prevent a lice infestation. It is important to remember that diligence is our best line of defense. Periodic checking at home is imperative.

All of us here at Heights are looking forward to a happy and healthy "lice free" year!

Sincerely,

Colleen Feehan, R.N.

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School Nurse