



Let's talk!

myHealth is excited to offer off-site fireside chats for parents/guardians of teens in our community. Adults want to know how to talk effectively with their young person about sexuality, and myHealth is here to help.

Our young people have questions and we want you to have the answers!

Group size: 6-20 adults

Location: your home, community space, or place of worship

Time: 90 minutes

Cost: Free (donations accepted)

Topics: (Choose 2)

- Cybersafety • Consent • Sex and intimacy • Dating and relationships
- Boundaries • STI's and pregnancy prevention • Gender/LGBTQI+

Please contact KelseyS@myhealthmn.org with questions or to schedule a presentation.