



Updated May 7th at 9:30am

**Please note both days are a rolling schedule

Saturday, June 6

9:00 a.m.	Girls/Boys (11-12, 13-14, 15-18)	3000 Meter Run	Final
9:45 a.m.	Girls/Boys (13-14)	200m Hurdles	Final
	Girls/Boys (15-18)	400m Hurdles	Final
	Girls/Boys All Divisions	4x100m Relay	Final
	Girls/Boys (15-18)	4x400m Mixed Relay (2 girls, 2 boys)	Final
	Girls/Boys All Divisions	800m	Final
	Girls/Boys All Divisions	200m	Final

Field Events (4 Attempt Rule)

9:00 a.m.	Girls (Pit 1)	Long Jump (13-14 to 8U)	Final
9:00 a.m.	Boys (Pit 2)	Long Jump (13-14 to 8U)	Final
9:00 a.m.	Girls followed by Boys	Turbo Jav (8U)	Final
following Turbo Jav	Girls followed by Boys	Finn Flyer Jav (250g) (9-10)	Final
following Finne Jav	Girls followed by Boys	Finn Flyer Jav (450g) (11-12)	Final
9:00 a.m.	Girls followed by Boys (Pit 1)	Shot Put (13-14, 11-12, 9-10, 8U)	Final
	Girls followed by Boys (Pit 2)	Shot Put (15-18)	
	<i>followed by shot put (Pit 2) Discus</i>		
10:00 a.m.	Girls followed by Boys	Discus (11-12, 13-14, 15-18)	Final
9:00 a.m.	Girls	High Jump (9-10,11-12)	Final
10:30 a.m.	Boys	High Jump (9-10,11-12)	Final

Sunday, June 7

9:00 a.m.	Girls/Boys (11-12, 13-14, 15-18)	4x800m Relay	Final
	Girls/Boys All Divisions	100 Meter Trials	Final
	Girls/Boys (11-12, 13-14, 15-18)	80m/100m/110m Hurdles	Final
	Girls/Boys All Divisions	400m	Final
	Girls/Boys All Divisions (8U combined)	1500m	Final
	Girls/Boys (9-10 & 11-12)	1500m Racewalk	Final
	Girls/Boys (13-18)	3000m Racewalk	Final
	Girls/Boys (All Divisions)	4x400m Relay	Final

Field Events (4 Attempt Rule)

9:00 a.m.	Girls followed by Boys	Javelin (15-18)	Final
	Girls followed by Boys	Javelin (13-14)	Final
9:00 a.m.	Girls followed by Boys (One Pit)	Long Jump (15-18)	Final
10:30 a.m.	Girls followed by Boys (One Pit)	Triple Jump (13-14,15-18)	Final
9:00 a.m.	Boys	High Jump (13-14, 15-18)	Final
10:30 p.m.	Girls	High Jump (13-14, 15-18)	Final
9:00 a.m.	Both Girls & Boys Combined	Pole Vault (13-14,15-18)	Final