

2026 USATF New Jersey Junior Olympic Track & Field Championships

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS

AGE DIVISIONS

8 & under (born 2018+)

9 - 10 (born 2016-2017)

11 - 12 (born 2014-2015)

13 - 14 (born 2012-2013)

15 - 16 (born 2010-2011)

17 - 18 (born 2008-2009)*

*athletes born in 2006 are also eligible if they do not turn 19 on or before 7/21/2026

ELIGIBILITY

Individuals:

USATF Membership

This meet is open to 2026 USATF New Jersey member athletes who fall within the age divisions listed above. Memberships can be obtained online [here](#)

Citizenship

Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions.

Age Division

A competitor must compete in his/her age division only. Age divisions are determined by year of birth (see above) and NOT age on event day. There will be no "moving up" in any events, including relays.

Maximum # of Events

Competitors in the 8 & under, 9-10 and 11-12 age divisions may compete in a maximum of three (3) events, including relays.

Competitors in the 13-14, 15-16 and 17-18 age divisions may compete in a maximum of four (4) events, including relays.

#Combined events are not included in the event count.

Date of Birth Verification

Each athlete's date of birth must be verified and included as part of their USATF member profile before the athlete's entry can be submitted. If the athlete's date of birth has been verified in the past and their membership was renewed, then they will be able to submit their entry. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification) needs to be uploaded to the athlete's USATF CONNECT profile. See USATF Competition Rules, Rule 300.1 (i) for further information.

Below is a help video that explains the steps to take to upload your DOB verification document.

Waiver of Liability and Assumption of Risk:

All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

Relay Teams:

Only registered 2026 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

Notes about club membership -

- For a club to be active it must have renewed its club membership for 2026.
- All coaches linked to the team's profile must have a) a current USATF membership, b) a current USATF background check, and c) completed the US Center For SafeSport training and be current with all refresher classes. A list of current USATF member clubs can be found here.

- Athletes must be officially registered with a team for the Association Championship to be eligible for relay events

- Athletes who are unattached at the time of the Association Championship cannot join a team later to compete in relays

- No exceptions will be made after the Association meet

- Athletes should confirm their team status in advance if they plan to participate in relays

Note: The following events will not be contested at the Association Championships. **For athletes/teams wishing to compete in these events, you MUST enter the event and pay the entry fee for the association meets.** The athletes/teams will automatically be advanced to the Region 2 Championships.

Auto-advancement to Region 2 Championships

Events will not be contested at the New Jersey Championships

Girls/Boys

Triathlon

Girls/Boys

Pentathlon

Girls/Boys

Heptathlon

Girls/Boys

Decathlon

Girls/Boys

Hammer Throw

IMPLEMENTS / IMPLEMENT INSPECTION

A limited number of implements will be supplied during the competition. Athletes wishing to use their own implements must present the implement at weights and measures 2 hours prior to the scheduled start time of the event.

EVENT CHECK-IN

There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas when called. All athletes will be required to remain in the designated warm-up areas after checking in

COMPETITION BIB NUMBERS

All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee \$10 Bib numbers will be distributed to athletes in the registration tent near the entry of the venue

EVENT RESULTS

During competition, event results will be posted on-site at <https://live.vipertiming.com/> in addition, final event results will be posted on this page.

PROTESTS

There will be a \$100.00 fee for all protests. Protests must be submitted to the Protest Referee no later than 30 minutes after a result has been posted. The protest fee will be refunded if the protest is upheld.

AWARDS

USATF Junior Olympic medals will be awarded to the top 6 individuals and the top 6 relay teams in each event of each age division.

RULES – CONDUCT & FACILITY

- The front gate will open 60 minutes prior to the first event.
- Only ¼” spikes are allowed

The following are prohibited from the facility:

- Alcohol
- Smoking
- Glass or metal containers
- Food/Gum on the track or the infield
- Pets
- No Liquids other than water are allowed on the track surface

ADVANCEMENTS TO REGION 2 CHAMPIONSHIPS

The top eight (8) individuals and relay teams in each event of each age division will advance to the [USATF Region 2 Championships](#) to be held July 9-12 in Bethlehem, PA at Moravian University - Steel Athletic Complex, Timothy Breidegam Track.

For registration, members must be attached by the association championship. Advancements must be completed by declaring at www.athletic.net by 11:59 PM Wednesday, June 23. Late Entry Period June 23 (12:00am) through July 7 - 9:00pm.