



# *Weber* Retreat and Conference Center

*on the campus of the Adrian Dominican Sisters*

April – August 2018  
“Enter the Center” Program





## New INAI exhibit

Artists reveal the beauty and suffering of the planet in a new exhibit titled *Earth, Our Home* at INAI: A Space Apart. A grand opening celebration and artist reception is planned from 2:00 p.m. to 5:00 p.m. Sunday, April 22, 2018.

INAI, which is adjacent to Weber Center, is open from 8:00 a.m. to 6:00 p.m. daily, with extended hours from 8:00 a.m. to 8:00 p.m. Thursdays.



## Addiction, Recovery & New Brain Discoveries

**Tuesday, April 17, 2018**

9:00 a.m. - 3:30 p.m.

Hear from an addiction expert about new neuroscientific discoveries, "Recovery Management" treatment, the factors that led to our current opioid epidemic, and the 2016 CDC Guidelines. Three lectures are presented by Dr. Kevin McCauley in this dynamic program: The Opioid Epidemic and the 2016 CDC Opioid Prescribing Guidelines, Protecting Sobriety with the Science of Safety, and The Brain and Recovery: An Update on the Neuroscience of Addiction.

This course is approved by

- The Michigan Social Work Continuing Education Collaborative (Approval #012918-12 for 5.25 CEUs)
- The National Board of Certified Counselors (for 5.25 CEUs)
- The Michigan Nurses Association (for 5.25 CEUs).



**Dr. Kevin McCauley** is a non-practicing physician who has worked in the field of addiction treatment for nearly two decades. He has authored two videos: "Pleasure

*Unwoven*" and "Memo to Self: Protecting Sobriety with the Science of Safety."

**Cost (includes lunch) .....\$45**  
**Registration required.**

## Finding Hope that Recovery is Possible: A Personal Journey

**Tuesday, April 17, 2018**  
**7:00 p.m. - 8:30 p.m.**

Dr. Kevin McCauley describes his personal journey and what he has learned about addiction. His message gives hope to those dealing with addiction and their loved ones.



**Dr. Kevin McCauley** is a non-practicing physician who has worked in the field of addiction treatment for nearly two decades. He has authored two videos: "Pleasure Unwoven: A Personal Journey about Addiction" and "Memo to

*Self: Protecting Sobriety with the Science of Safety."*

**Free and open to all.**  
**Registration not required.**

## Intermediate Tai Chi

**Mondays, April 30 – June 11, 2018**  
**Mondays, July 23 – August 27, 2018**  
**4:30 p.m. - 5:30 p.m.**

Tai Chi is an ancient exercise that involves slow-paced turning and stretching. It has been shown to help improve circulation, balance, and posture; increase strength and flexibility; and reduce stress. The activity is good for all ages. Comfortable, loose clothing is advised. Tennis shoes or socks work best. This is an intermediate level class.



"Tai Chi" by Spaso Zen (CC by 4.0)

**Instructor Bonnie Yarbrough** is a certified Tai Chi instructor.

**Cost (per six-week series).....\$25**  
**Cost (per session).....\$5**  
**Registration required.**

## Breaking The Silence: Confronting Race, Power and Privilege

**Saturday, April 21, 2018**  
**9:00 a.m. - 4:00 p.m.**

This free workshop focuses on how racism became embedded into the fabric of American life and the skills we need to begin dismantling this disease that has



sickened us all. Join us for prayer, learning, and dialogue.

**Sister Patricia Chappell** is a member of the Sisters of Notre Dame de Namur. In 2011, she became the first African-American Executive Director of Pax Christi, USA, the National Catholic Peace and Justice Movement. A licensed social worker, she offers intervention services to African-American youth and their families. Sister Patricia also served as President of the National Black Sisters' Conference and on the Provincial Leadership Team of her religious order.



**Sister Anne-Louise Nadeau**, a Sister of Notre Dame de Namur, is Director of Programs at Pax Christi, USA. She has worked extensively with young adults and adult learners at Sacred Heart University in Bridgeport, Connecticut; has served on her congregation's leadership team; and is Co-chair of the SND/USA Anti-Racism Team. She also has worked in case management at a woman's center.



**Free and open to all.**  
**Registration not required.**



## Creative Writing Workshop

**Saturday, May 5, 2018**  
10:00 a.m. - 2:00 p.m.

Whether your purpose for writing is artistic expression, communication with friends and family, the healing of the inner life, or achieving public recognition for your art, the foundation is the same: the claiming of yourself as an artist/writer and the strengthening of your writing voice through practice, study, and helpful response from other writers. This workshop is for beginning and experienced writers.

**Tarianne DeYonker, OP**, a Dominican Sister of Adrian, Michigan, is a certified Amherst Writers & Artists leader.



**Cost (includes lunch) .....\$50**  
**Registration required.**

## BE IN THE KNOW

Check our website – [webercenter.org](http://webercenter.org) –  
for the latest program details



## Lunch and Learn

**12:15 p.m. – 1:00 p.m.**

Bring your lunch to this monthly informational series offering practical tips and advice on a wide range of topics.

## Summer Cultural Activities in Lenawee County

**Tuesday, May 8, 2018:**

Kyrie Bristle, Director of Development at the Croswell Opera House

## Best Summer Reads

**Tuesday, June 12, 2018:**

Adrian District Library representative

## Investments 101

**Tuesday, July 10, 2018:**

First Federal Bank representative

## Stories of Lenawee County's Early History

**Tuesday, August 14, 2018:**

Storyteller Jan McVeigh

*Free and open to all.*

*Registration not required.*

## Holy Spaces & Moments of Awe: How Holy Places Shape Human Communities

**Wednesday, May 9, 2018, and**

**Wednesday, May 23, 2018**

**1:30 p.m. - 3:30 p.m.**

Holy places and spaces are often created because something happened there, because communities want to honor a person, because religious devotion and authority should be preserved, or simply by nature. This program challenges you to examine your own experiences of holy spaces and invites you to think about how you are religious.



**Barbara Brown Zikmund** is an ordained minister of the United Church of Christ and a retired church historian. She grew up in Detroit and earned her theology degree and Ph.D. from Duke University. She taught in theological education for 40 years and has written extensively about Protestantism, the ecumenical movement, and interfaith issues.



**Cost (series) ..... \$25**

**Cost (one session) ..... \$15**

**Registration required.**



## Days of Mindfulness Meditation – Living Consciously

**Saturdays, 10:00 a.m. - 2:30 p.m.**

**May 12, 2018:** Self-acceptance

**June 2, 2018:** Learning to Stay

**July 7, 2018:** Inter-being and Compassion

**August 4, 2018:** Happiness is Now

We gather monthly as a mindfulness community to deepen our understanding and commitment to daily meditation practice. Reflecting upon our relationships with honesty and courage, we amp up our capacity to be love within family, neighborhood, city, and world.



**Esther Kennedy, OP,** a Dominican Sister of Adrian, Michigan, is a retreat leader and spiritual director. She conducts a monthly Day of Mindfulness at Weber Center.

**Cost (includes lunch) .....\$25**

**Adrian Dominican Sister .....\$15**

**Registration required.**

## A New Template for Religion

**3:00 p.m. Thursday, May 17, 2018 –**

**4:00 p.m. Saturday, May 19, 2018**

Reflect on foundational religious understandings such as God, revelation, Jesus, prayer, and liturgy through a 21st-century lens.

**Michael Morwood,** a leader in Progressive Christian movements, is well-known in the United States and Australia. His particular interest is in helping adults examine what they believe and why they believe it, what they imagine and why they imagine the way they do.



### **Cost (meals and snacks included)**

**Single occupancy.....\$325**

**Double occupancy (per person) .....\$225**

**Commuter.....\$125**

**Adrian Dominican Sister .....\$60**

**Registration required.**





## Creative Writing Workshop

**Saturday, May 19, 2018**

**10:00 a.m. - 2:00 p.m.**

Every person is a writer, and every writer deserves a safe environment in which to experiment, learn, and develop the craft. Come and share this time with other writers. We will give each other feedback on what we write in this workshop.



***Tarianne DeYonker, OP***, a Dominican Sister of Adrian, Michigan, is a certified Amherst Writers & Artists leader.

**Cost (includes lunch) .....\$50**  
**Registration required.**

## Writing a Memoir

**Two-part Series:**  
**Saturday, June 2, 2018, and**  
**Saturday, June 9, 2018**

**10:00 a.m. - noon**

Writing a memoir enhances our lives by

helping us understand more deeply the life and interactions we've lived and bringing healing and inner-peace in the process. These workshops are designed to begin this memoir-writing process. This is a two-session series.

***Tarianne DeYonker, OP***, a Dominican Sister of Adrian, Michigan, is a certified Amherst Writers & Artists leader.

**Cost.....\$40**  
**Registration required.**

## Holy Land Pilgrimage at Weber Center: An Experiential Journey

**3:30 p.m. Monday, June 4, 2018 –**  
**1:00 p.m. Saturday, June 9, 2018**

Unable to travel in person to the Holy Land? This is an opportunity for you to experience a journey and place without leaving the country.

"...When I least expected it, the Spirit rushed in, [and I was] surprised by tears, surprised by joy. The pilgrimage was life-changing in ways I could not have guessed, and the gifts continue to be revealed nearly every day."

Thus, one student pilgrim summed up her experience of the Holy Land Pilgrimage with words travelers have used for over 1,600 years — "once we meet Jesus in the land he called home, our relationship with him is forever transformed."



As we become acquainted with the religious, cultural, and sociopolitical realities that were the Judaism of Jesus' day, lived under Roman occupation, we will read the Gospel narratives with a new and deepened grasp of how Jesus experienced his world and how he struggled to effect God's reign within it, a struggle that continues to this day in his homeland and in every land.

The Holy Land Pilgrimage at Weber Center has been designed with the hope that each pilgrim will experience the Jesus of ancient Palestine and the Jesus of today with an immediacy that gives us access anew to his living presence among us.

Our pilgrimage will start at the Orthodox Church of St. George in Madaba, Jordan, where pilgrims since Byzantium gathered to "map" the holy sites. From there, we will travel to Nazareth, the Judean desert, Capernaum, throughout Galilee, and then on to Bethlehem and Jerusalem, where we will conclude our pilgrimage with Liturgy at 11:00 a.m. Saturday. A special appearance will be made by Helena of Constantinople, who is recognized as a saint in both the eastern and western churches.

### **Pilgrimage Guides:**

***Roland Calvert, OSFS***, is a member of the Oblates of St. Francis de Sales. He taught

for 22 years and served as chaplain at the Adrian Dominican Motherhouse for 22 years. In 2008, he spent an extended period of study at the Tantur Ecumenical Institute in Jerusalem. Roland has visited every part of the Holy Land.



***Carol Johannes, OP***, a Dominican Sister of Adrian, Michigan, has been involved in the ministry of spiritual direction. She has conducted workshops, addressed groups exploring issues of spirituality, provided days of prayer, and directed retreats throughout the United States and beyond. In 2008, Carol joined the group from the Catholic Theological Union in Chicago who journeyed to Israel to make the Holy Land Retreat.



***Cheryl Liske, OP***, a Dominican Sister of Adrian, Michigan, has spent the last 20-plus years as a community organizer with the Gamaliel Network, working with the Interfaith Community in the urban areas of Michigan. Cheryl has traveled twice to the Holy Land with a group led by Bishop Dimitrios of Xanthos (Couchell), special consultant to Archbishop Dimitrios of America on Inter-Orthodox, Ecumenical, and Interfaith Affairs.



***Karen McDermott*** is an Adrian Dominican Associate, a wife of 43 years, mother of three, grandmother of four, and a sister to Sister





*Cheryl Liske. She works as a case worker for the St. Vincent DePaul Society in Wayne/Westland, Michigan. Karen is also a full-time costumer for a children's theater group.*

*Although never having visited the Holy Land, being the official "roadie" for years, she has learned and seen more than many of those who actually have been to the Holy Land.*

**Anneliese Sinnott, OP,** is a Dominican Sister of Adrian, Michigan.



*She recently retired from the position of professor of systematic theology at Ecumenical Theological Seminary in Detroit, Michigan. Anneliese participated in two*

*trips to the Holy Land, in 2009 and in 2010.*

***Cost (meals and snacks included)***

<b>Single occupancy .....</b>	<b>\$425</b>
<b>Double occupancy (per person) .....</b>	<b>\$325</b>
<b>Commuter .....</b>	<b>\$225</b>
<b>Adrian Dominican Sister .....</b>	<b>\$170</b>

***Registration required.***

Weber Retreat and Conference Center offers accommodations for groups looking to host programs.

Available are two large meeting rooms and an auditorium with multimedia capabilities; conference rooms; guest rooms with private baths; and fitness and laundry rooms.



## Beauty and Abundance: Gifts of the Sun

### Summer Solstice Ritual Celebration

**Sunday, June 17, 2018**

**3:00 p.m. - 4:00 p.m.**

Solstice is a time to honor the sun and the Creative Love from which it flows, energizing and quickening soil, plants, flowers, tree, bugs, animals, and us. This great sun — rising in splendor, setting in deep color — floods this ancient circle, Earth, with fullness of light. Come sing, dance, and pray your thanks to the sun for its power to keep Earth and all her creatures wondrously alive, diverse, and whole.

***Esther Kennedy, OP,*** a Dominican Sister of Adrian, Michigan, is a retreat leader and spiritual director. She conducts a monthly Day of Mindfulness at Weber Center.



***Free and open to all.  
Registration not required.***

## Introduction to Tai Chi

**Mondays, June 18 – July 16, 2018**  
4:30 p.m. - 5:30 p.m.

Tai Chi is an ancient exercise that involves slow-paced turning and stretching. It has been shown to help improve circulation, balance, and posture; increase strength and flexibility; and reduce stress. The activity is good for all ages. Comfortable, loose clothing is advised. Tennis shoes or socks work best. **Your first class is free.**

Instructor **Bonnie Yarbrough** is a certified Tai Chi instructor.

**Cost (per session).....\$5**  
**Registration not required.**



## Complicated Grief: Coming to Grips with a Death from Addiction

**7:00 p.m. Friday, June 29, 2018 –**  
**5:00 p.m. Saturday, June 30, 2018**

Death is difficult. When it is the result of addiction, it is often complicated. This

retreat invites you to gather, share, and learn from others who are grieving loved ones lost to this serious illness, and, through the time together, begin to see a way forward. Feel free to bring a photo or memento of your loved one.

**Joan Ebbitt**, MSW, spiritual director and clinical social worker, ministered in the field of addictions treatment for over 30 years. She has counseled alcoholics and addicts and the family and friends who love them.



**Cost (meals and snacks included)**  
**Single occupancy.....\$125**  
**Double occupancy (per person) .....\$80**  
**Commuter.....\$50**  
**Adrian Dominican Sister .....\$25**  
**Registration required.**

## Retreat with the Mystics

**6:30 p.m. Sunday, July 8, 2018 –**  
**noon Thursday, July 12, 2018**

Beginning with an overview of Christian mysticism, each presenter offers an in-depth look into a remarkable mystic.

**Joe Raab**, Professor of Religious Studies and Theology at Siena Heights University, explores the mysticism of Thomas Merton. Dr. Raab has written extensively on the life and writings of Thomas Merton and is presently co-editor of the peer-reviewed



academic journal “The Merton Annual: Studies in Culture, Spirituality, and Social Concerns.”

**Arlene Kosmatka, OP**, a Dominican Sister of Adrian, Michigan, looks at the life of Etty Hillesum and how it reveals the power of love in the midst of dysfunction, discovery, suffering, and violence. Arlene’s passion for 20th-century mysticism and mystics was ignited by Karl Rahner’s statement regarding the Christian of the future being a mystic or nothing at all: a statement she explored in her master’s thesis.



**Kathleen Duffy**, Professor of Physics at Chestnut Hill College, where she directs the Institute for Religion and Science, follows Pierre Teilhard de Chardin — through input, prayer, song, film, contemplative activities, and sharing — as he travels ever more deeply from Circle to Circle in the heart of the Cosmic Christ. She is the editor of “Teilhard Studies” and serves on the Advisory Boards of the American Teilhard Association and Cosmos and Creation.



**Cost (meals and snacks included)**  
**Single occupancy.....\$475**  
**Double occupancy (per person) .....\$375**  
**Commuter.....\$275**  
**Adrian Dominican Sister .....\$125**  
**Registration required.**



## Private Directed Retreat

**2:00 p.m. Monday, July 16, 2018 –  
1:00 p.m. Friday, July 20, 2018**

This retreat is for those looking for solitude and guidance. It offers time and space for prayer, quiet reflection, and participation in campus liturgies. Each participant meets daily with a spiritual director of choice.

### Directors:

**Joan Ebbitt**, LMSW, is a spiritual director and licensed clinical social worker. She specializes in ministering to religious clergy and others in their quest to experience the divine. Joan walks with directees providing support, gentle challenges, and encouragement as they encounter the mystery of our universe.



**Esther Kennedy, OP**, MSW, is a spiritual director and clinical social worker. She is nourished by the interplay of the sacred teachings of Eastern and Western traditions.





**Mary Sue Kennedy, OP**, is a Dominican Sister of Adrian with training in spiritual direction, theology, communication skills, and group facilitation.

Mary Sue has directed retreats as well as preached retreats for laity and religious.

**Janene Ternes** received her training through the Ignatian Spiritual Direction Program at Manresa Jesuit Retreat House. She is a supervisor for the program there, as well as a retreat director and companion for the Ignatian Spiritual Exercises. Janene is also the founder of Prayer in Motion, LLC, a ministry that opens hearts to God through prayer using music, movement, and guided meditation.



**Trudy McSorley** is an Associate of the Dominican Sisters of Adrian. Trudy is committed to the Dominican charism and, through her own prayer and contemplation, seeks to be a listener, supporter, and one who encourages others on their journey to the Holy.



**Cost (meals and snacks included)**

**Single occupancy.....\$425**  
**Commuter.....\$225**  
**Adrian Dominican Sister .....\$125**  
**Registration required.**



## Writing as a Spiritual Practice

**Two-part Series:**  
**Saturday, August 11, 2018, and**  
**Saturday, August 18, 2018**  
**10:00 a.m. - noon**

When we sit and write, we slow down enough to really see the wonders of life at work all around us, noticing their texture, nuance, and depth. We treat the tools of our writing practice as sacred tools. In this workshop, we will write, welcoming in whatever shows up in a given moment and to treat it with respect. It is as if we begin a pilgrimage to lands we want to know more intimately. This is a two-session series.

**Tarianne DeYonker, OP**, a Dominican Sister of Adrian, Michigan, is a certified Amherst Writers & Artists leader.



**Cost.....\$40**  
**Registration required.**





## Mary: Model of Faith for Contemporary Times

**6:30 p.m. Friday, August 24, 2018 –  
3:00 p.m. Saturday, August 25, 2018**

A quiet retreat time with Mary, woman of faith, who lived in dangerous, dark times. See Mary from both a Catholic and Protestant perspective, exploring who she is for us and what she has to say to us today. There are opportunities to pray together, share with one another, and reflect individually.



**Joan Delaplane, OP**, has had broad experience in preaching, directing retreats and conducting workshops in preaching for both Catholic and Protestant ministers.

*Spiritual direction has been*

*Joan's avocation the past 25 years.*

### **Cost (meals and snacks included)**

<b>Single occupancy</b> .....	<b>\$85</b>
<b>Double occupancy (per person)</b> .....	<b>\$65</b>
<b>Commuter</b> .....	<b>\$45</b>
<b>Adrian Dominican Sister</b> .....	<b>\$25</b>

**Registration required.**

## SAVE THE DATE

### Chaotic Path to Wholeness: The Logic of Love

**Saturday, September 8, 2018**

**9:30 a.m. – 3:30 p.m.**

We yearn for wholeness and unity, but the way forward is not exclusive, symmetrical, or orderly. Using insights from



modern science, we explore the logic of love in a world of chaos and uncertainty, charting a way forward out of a system of dualisms.

**Ilia Delio, OSF**, is a Franciscan Sister of Washington, D.C., and American theologian specializing in the

area of science and religion, with interests in evolution, physics, and neuroscience.

She holds the Josephine C. Connelly Endowed Chair in Theology at Villanova University, where she is a tenured Professor of Theology. She is the author of 15 books, including "Making All Things New" and "The Unbearable Wholeness of Being."



<b>Cost (includes lunch)</b> .....	<b>\$55</b>
<b>Adrian Dominican Sister</b> .....	<b>\$25</b>



Present this coupon to receive  
**10% DISCOUNT**  
 on your purchase of gift items  
 at the Weber Shop

Coupon Code S2018

## Explore what's new at expanded Weber Shop

For unique gifts, books, cards, fair-trade coffee, and original art, visit the Weber Center Shop. Paintings, photographs, ceramics, jewelry, tiles, leaded glass, and even soaps and lotions created by Sisters and others now are available as part of a recent expansion.

The shop always is open to the public.

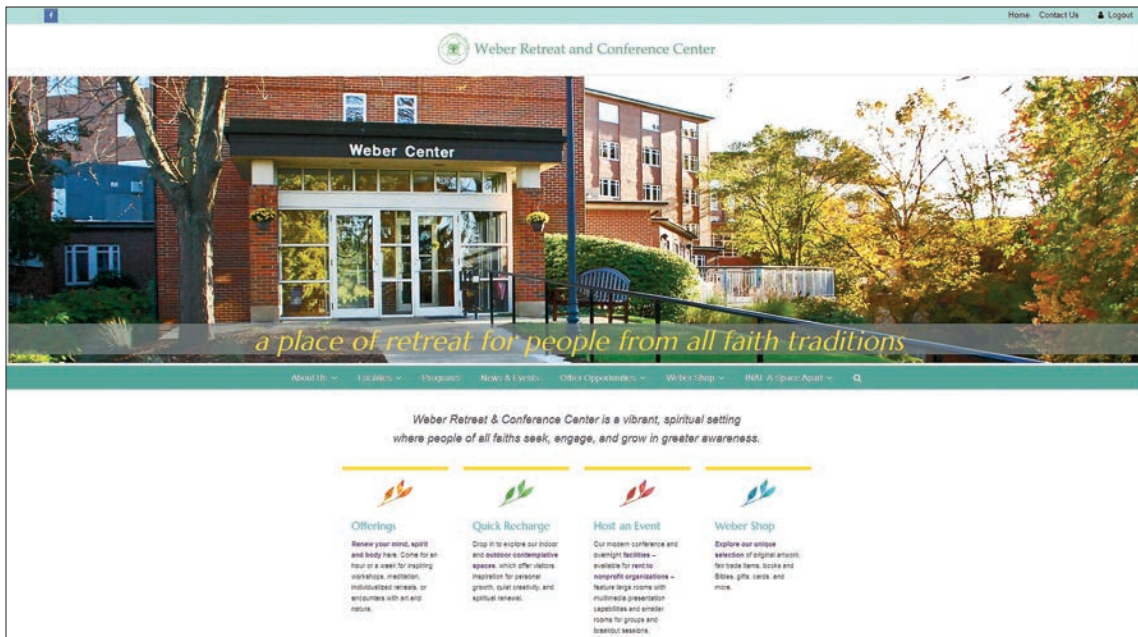
Special orders may be placed:

- In person.
- By phone at 517-266-4035.
- By email at [webershop@adriandominicans.org](mailto:webershop@adriandominicans.org).

**Open Wednesdays  
through Saturdays**



**9:30 a.m. to 4:30 p.m.**



## A refreshed Weber website

Our retreats may take you off the grid to a place of rest, relaxation, and spiritual renewal, but Weber Center is on the move!

We're putting the finishing touches on a newly redesigned [www.webercenter.org](http://www.webercenter.org), which will be launched this spring. Visit the site to:

- Register for a program
- See our latest offerings, news, and events
- Get information about nonprofit rentals
- Take a virtual tour
- Learn more about our spiritual directors
- Discover what's on exhibit at the art gallery in INAI: A Space Apart
- Make purchases from the Weber Shop

For easy online registration on the new

site, click on "Programs." Find the program you're registering for and then click on the blue "Register" button in the lower right corner. Enter all information on the registration page and then click "Add to Cart" to proceed to payment.

Registrations are confirmed upon full payment of program fee. A confirmation email will follow once a credit card is processed. Limited scholarships are available; please call for details before registering.

Registration also is available by by calling 517-266-4000.

Still have questions? Call 517-266-4000 or email [webercenter@adriandominicans.org](mailto:webercenter@adriandominicans.org).



# Weber

Retreat and Conference Center  
1257 East Siena Heights Drive  
Adrian, MI 49221-1793  
[www.webercenter.org](http://www.webercenter.org)

CHANGE SERVICE REQUESTED