

November

2017

Bonner Senior Center

5800 Lexington Ave

Portage, IN 46368

219-762-1522 / 762-3591

portagetrustee.org

Mon-Fri 8am-4pm



October Birthday

**Sitting Left to Right: Dinah Kimball,
Gail Feulner & Judie Prentice**

**Standing Left to Right:
Sandra Robinson,
Lisa Leach, Eva Meus &
Betty Rys**



Thanksgiving fun facts

The first Thanksgiving was held in the autumn of 1621

No turkey on the menu at the first Thanksgiving

The Macy's Thanksgiving Day Parade began in 1924

Benjamin Franklin wanted the turkey to be the national bird, not the eagle.

The average turkey for Thanksgiving weighs 15 pounds.



Special points of interest:

- 11/1 Hospice of Calumet
- 11/3 Super bingo
- 11/5 Fundraiser bingo
- 11/6 UnitedHealth Care
- 11/7 Election Day
- 11/7 Meijer's shopping
- 11/8 Miller's blood pressure
- 11/10 Old Glory Presentation
- 11/13 **Center Closed**
- 11/14 Blue Chip on Sale
- 11/14 Symphony turkey bingo
- 11/15 Johnnie Cash trip
- 11/20 Birthday sing along
- 11/20 Walmart after lunch
- 11/21 Four Winds
- 11/23 **Center Closed**
- 11/24 **Center Closed**
- 11/28 Nashville on Sale
- 11/28 JCPenny's
- 11/29 Estate gifting speaker

Bonner Center will be closed November 13th, 23rd and 24th



Trips in November

11/15 Jacob Henry Mansion

"For the Love of Johnnie Cash"



11/21 Four Winds



Trips on Sale in November

11/10 Memorial Opera House
(A Christmas

Story)



11/14 Blue Chip



11/28 Diamond Tours

Nashville on sale in dining room after lunch



Diamond Tours Presents Nashville

Trip on Sale November 28th

\$600.00 \$75.00 deposit \$45.00 insurance

Health & Wellness

11/1 Hospice of Calumet

11/6 United Health Care

11/8 Miller's Blood Pressure check

11/10 Edmonds and Evans (Old Glory)

11/29 Estate Gifting



11/2 Com For Care Bingo

11/3 Super Bingo

11/9 Rittenhouse Bingo

11/10 Regular Bingo

11/16 Miller's Bingo

11/17 Regular Bingo

11/23

11/24

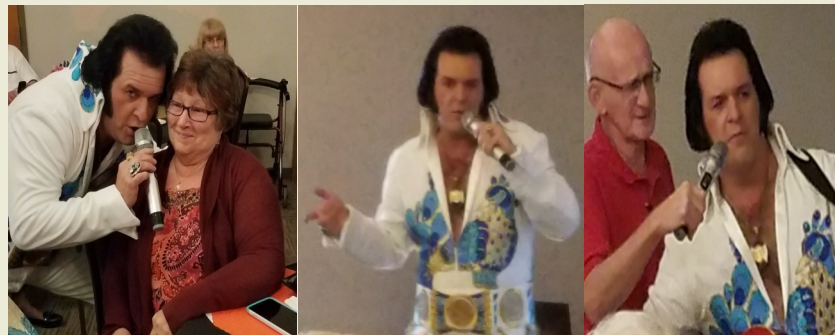


11/30 Life Care Bingo

"Elvis has left the building"

Elvis made his way through the crowd at the

Be Thankful Club Volunteer Dinner



Massage by Vanessa

Stop by and get a massage from Vanessa every Monday from 9am-11:30am, you can also stop by the YMCA and see Vanessa for a massage.



Have Questions?

Attend our Diabetic Education Group

When: November 8th at 1pm

Where: NorthShore Health Centers
Lake Station Conference Room
2490 Central Ave., Lake Station

Managing Diabetes is as simple as:

- **A1C** below 7%
- **Blood Pressure** below 140/90
- **Cholesterol** in Check

Don't know your levels?

Get them checked at NorthShore Health Centers.

Call: (888) 313-8557 or (219) 763-8112

Visit us at www.northshorehealth.org