

# JANUARY



## December Birthday's

Sitting left to right: Rose Duff, Joe Blackwell, Joan Cook, Connie Chavez

Standing left to right: Diane Armstrong and Eva Recio



1/3 Nursing home "know your rights"  
1/10 Millers Blood Pressure testing  
1/17 Regency Hospital speaker  
1/18 Brentwood "Aging & social connections"  
1/30 Rock Painting  
Fitness M-F at 10:30  
Yoga Monday 9:45  
Zumba Monday 2-4pm



**Tai Chi will resume in February**

## Come and play Bingo

1/4 Com for Care bingo  
1/5 Super bingo  
1/7 Fundraiser bingo  
1/11 Rittenhouse bingo  
1/12 Regular bingo  
1/18 Miller's bingo  
1/19 Regular bingo  
1/25 Life Care bingo



The Kindness project  
Sign up in the hall to help us spread the word of kindness.  
Class will be January 29th at 10am in the middle room.  
We will paint rocks and put them in the community for people to find.



**2 Bonner Senior Center**  
5800 Lexington Ave  
Portage, IN 46368  
219-762-3591 or 762-1522  
portagetrustee.org  
Mon-Fri 8am-4pm



## Did you hear!!!!

**Congratulations to Shirley Donsbach, Shirley won the free set of hearing aids given away by Hearing Aid Services.**



**Winner Shirley & Terry from Hearing Aid Services**



**Thank you to Bonner Ways & Means Committee**

**Ricky and Erin are holding the new Kitchen Aid mixer the Ways & Means purchased for the Bonner**



**Listen to 105.5 for Closings. If Portage Township schools are closed due to hazardous weather the Bonner Senior Center will be closed as well. Tune into radio 105.5 Or your local news channel**

**January Closings**  
1/1 New Year's Day  
1/15 Martin Luther King Day



## Special points of interest:

- 1/1 Center Closed
- 1/4 Com for Care bingo
- 1/5 Super-bingo
- 1/7 Fundraiser bingo
- 1/8 Birthday sing along
- 1/10 Miller's blood pressure
- 1/11 Rittenhouse bingo
- 1/12 Regular bingo
- 1/15 Center Closed
- 1/18 BTC meeting
- 1/18 Millers bingo
- 1/19 Regular bingo
- 1/23 Stack & Van Till
- 1/25 Life Care bingo & cocoa bar
- 1/26 Regular bingo
- 1/29 Rock Painting (sign up in hall)

Thank You for a Great 2017  
The Ways and Means Committee and The Be Thankful club work hard throughout the year to help with items needed at the Bonner Center and hosting events for the Bonner Members, without the support of the Bonner Members they wouldn't be able to do all the things they do, so we say thank you to the Bonner Members as well as the Committee Members of both the Ways & Means and The Be Thankful Club. Thank you to all the local agencies who sponsor activities and events at the Bonner Center as well.

*Your continued support is greatly appreciated.*



# 2017 Year in Review



On Friday, February 2nd, NorthShore will be offering free dental services to children up to age 17 without insurance as part of Give Kids a Smile Day

Uninsured  
children up  
to age 17!

Friday,  
February 2  
8am-3pm

## Services include:

- Free examination
- Free x-rays
- Free cleaning
- Free electric spin toothbrush and toothpaste
- Free fluoride treatment

(219) 763-8112 or Toll free: (888) 313-8557

6450 US Highway 6, Portage | 3099 Central Ave., Lake Station | 6091 Broadway, Merrillville | 6920 Indianapolis Blvd, Hammond