

Name	About	Website
Nebraska Behavioral Health Authorities	Units of government in which each county appoints one county board member to sit on a regional board. There are six regions throughout the state.	https://edn.ne.gov/cms/sites/default/files/u1/pdf/se10SE22%20Regional_Behavioral_Health_Authorities.pdf
Nebraska Department of Health and Human Services – Behavioral Health	Its miss is to provide leadership and resources for system of care that promote and facilitate resilience and recovery for Nebraskans.	http://dhhs.ne.gov/Pages/Behavioral-Health.aspx
Substance Abuse and Mental Health Services Administration (SAMHSA)	Agency within the U.S. Dept. of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMSHA's mission is to reduce the impact of substance abuse and mental illness on America's communities.	https://www.samhsa.gov/
Mental Health.gov	Find information about mental health services in your area. You can search by state or zip code.	https://www.mentalhealth.gov/
National Institute of Mental Health	NIMH offers authoritative information about mental disorders, a range of related topics, and the latest mental health research.	https://www.nimh.nih.gov/health/index.shtml
American Psychiatric Association	World's largest psychiatric organization.	https://www.psychiatry.org/
National Alliance on Mental Illness (NAMI)	The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.	https://www.nami.org/
Kim Foundation	The Kim Foundation strives to break down the stigma often associated with seeking mental health care.	http://www.thekimfoundation.org/
Mental Health Resources	Mental Health Resources (MHR) is a progressive, nonprofit organization that offers community-based mental health and substance use disorder services to adults recovering from serious mental illness.	http://www.mhresources.org/
Mental Health Association - Nebraska	Nonprofit, peer operated and participant driven organization in the state of Nebraska dedicated to serving and providing alternative programs to those who struggle with mental health and/or substance abuse issues.	https://mha-ne.org/

Name	About	Website
Suicide Prevention Resource Center (SPRC)	Federally supported resource center devoted to advancing the implementation of the National Strategy for Suicide Prevention.	https://www.sprc.org/
211 Iowa/Nebraska	2-1-1 is a free, comprehensive information and referral system linking Iowa and Nebraska residents to health and human service programs, community services, disaster services and governmental programs. 2-1-1 is a one-stop source of information for people looking for services.	https://www.211unitedway.org/
Teen Mental Health.org	Provides students with information related to various topics including mental health.	teenmentalhealth.org
PublicHealth	About one in five American adults suffer from a diagnosable mental health problem.	https://www.publichealth.org/resources/mental-health/
Mental Health America	A community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans.	https://www.mentalhealthamerica.net/
Nebraska Mental Health	Provides centralized access to local and regional mental health information in a single location.	https://nebraskamentalhealth.com/