

## Brain Health as You Age:



## What You Should Know

### Brain Health As You Age: What You Should Know

You can make a difference! Through this workshop you can understand age related changes in memory and learning, review possible risks and threats to brain health and learn what you can do to protect your brain health.

Presented by:

**Alzheimer's** | **MISSISSIPPI**

**Speaker: Kathryn Moran**

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**Hosted by: Provision Living at Hattiesburg, 601-329-2030**

**Time: 5:30pm – 6:30pm**

**Date: Thursday, January 19, 2017**

**Location: 217 Methodist Blvd, Hattiesburg, MS 39402**