

# Sisters at the Sea 2022

## NEW IN 2022: COVID MITIGATION PLAN

- All attendees **must** be “fully vaccinated” against the Covid-19 virus, defined according to the CDC as:
  - 2 weeks after a single-dose vaccine such as the Johnson & Johnson
  - 2 weeks after a second dose of a two-dose vaccine such as from Pfizer or Moderna
  - More info here: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>

All attendees are also highly advised to receive a “booster” shot (2nd for J&J, or 3rd for Pfizer/Moderna) if they have not already done so, and if they will be eligible given their timeframe of original vaccinations, for maximum protection against Covid-19 in its variant forms, known and unknown.

- All attendees are required to submit a “negative” result from a Covid test, taken at home or from a testing provider, within 24 hours before leaving for Folly Beach, before joining together for the weekend. At-Home rapid test kits are available at CVS and Walgreens from several providers. The CDC provides at-home test guidance here: <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>.
- With the measures above in place, at this time, we believe our group will be protected within reason from virus transmission and may relax together without masking inside. However -- your personal preference regarding masking will be welcomed and invited, for any individual’s comfort level regarding their own practice.
- With the goal of building a bubble of protection as best we can, **we ask that attendees do not eat meals indoors in restaurants during travel down or during your time in the retreat, and remain masked in any indoor location other than our retreat houses.** This applies to our tradition of going to Bowen Island on Thursday evening, or eating indoors at Taco Boy over the weekend. Stay tuned for some alternate plans that celebrate these traditions in a more podded way!
- As you might expect, our guidance and plans are subject to change depending on the pandemic landscape closer to the retreat. The primary, most important element of protection continues to be getting yourselves vaccinated -- and receiving a booster shot, when eligible -- we are excited to gather with you!