



The Stewart Center GROUP THERAPY 2021-2022

ALL GROUP ART THERAPY SESSIONS ARE \$85 PER HOUR OR \$42.50 PER HALF-HOUR.



SPEECH THERAPY

Individual and group sessions offered by ASHA certified Speech-Language Pathologists

30-MINUTE SESSIONS: \$67.50
HOUR SESSIONS: \$135
GROUP SESSIONS: \$85



OCCUPATIONAL THERAPY

Individual sessions offered by Registered Occupational Therapists

30-MINUTE SESSIONS: \$67.50
HOUR SESSIONS: \$135



ART THERAPY

Individual and group therapy sessions offered by Registered Board-Certified Art Therapist and Licensed Professional Counselor

30-MINUTE SESSIONS: \$75
HOUR SESSIONS: \$150
GROUP SESSIONS: \$85

PICKY EATERS GROUP

Individual or group therapy offered by both speech-language pathologists and occupational therapists.

Therapy designed to diversify the diets of your picky eaters. Our therapists use sensory-based feeding intervention from the SOS Approach to Feeding®.



FOR AGES FOUR AND UP

ART THERAPY + EMOTIONAL AWARENESS

Group therapy sessions using creative ways to support emotional regulation in a group setting offered by licensed professional counselor and registered board-certified art therapist plus a speech pathologist.

Therapy focused on identifying feelings, emotions, and socio-emotional learning concepts using creative and narrative storytelling. Review of ways emotions impact our everyday lives and the people in it.




FOR KINDERGARTEN TO MIDDLE SCHOOL STUDENTS

SOCIAL SKILLS

Group therapy sessions informed by the Social Thinking® curriculum, offered by speech-language pathologists.

Therapy focused on collaborative play, shared space, cooperation and negotiation, emotional management, and executive functioning.

Groups involve discussion, role-playing, and engaging in social activities such as conversation, playing games, and perspective-taking.




FOR KINDERGARTEN TO MIDDLE SCHOOL STUDENTS

CREATIVE EXECUTIVE FUNCTIONING OFFERED SPRING 2022

Group therapy combines art with lessons and activities informed by the evidence-based curriculum, Unstuck and On Target, developed for children with ASD.

Therapy focused on building flexibility, planning, and goal-setting skills for children with ASD and/or ADHD who often struggle with executive skills such as organization, planning, completing tasks, shifting ideas, and thinking flexibly.



FOR FIRST GRADE TO HIGH SCHOOL STUDENTS

MINDFULNESS + ART THERAPY OFFERED SPRING 2022

Group therapy sessions use creative ways to teach mindfulness to help increase attention, emotional regulation, and behavioral regulation.

Sessions will teach strategies for coping "in the moment" with stress in difficult situations plus long-term mindfulness practices to help create thoughtfulness and decrease impulsivity.

Mindfulness strategies can help calm and reduce stress and increase overall awareness and coping skills.



FOR KINDERGARTEN TO MIDDLE SCHOOL STUDENTS