

YOGA CLASSES ARE FUN, NON-COMPETITIVE AND GO AT YOUR OWN PACE

COST: \$120 for one student
\$240 for student and one parent/guardian

LOCATION: Largent Hall (1830 Building)

DURATION: (8) 45-minute sessions

DATE: Tuesday, October 4 - November 29, 2022
(No classes on November 22)

TIME: Kindergarten + Lower EL: 2:30 PM to 3:15 PM
Upper EL + Middle School: 3:30 PM to 4:15 PM

Minimum of 8 students per class required
Pay Pal, Zelle, credit card available



Email thouart5@thouart.com to register before September 20, 2022.

Private yoga classes are available via Zoom (priced separately)



www.jasnasyoga.com



(713) 252-5115



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