


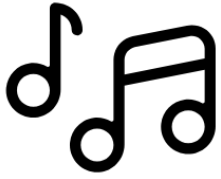
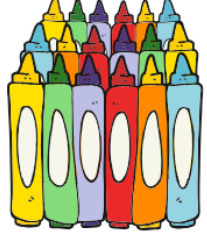









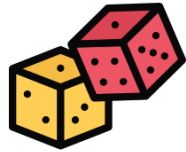











Family Bingo

Garden. 	Cook a meal. 	Build a puzzle. 	Listen to music and dance. 	Color. 
Play a sport. 	Play cards. 	Craft. 	Breath or meditate. 	Clean together. 
Movie night with popcorn. 	Donate old clothes or toys. 	 The Stewart Center at the Westview School	Write a letter and mail it. 	Play a board game. 
Have a picnic. 	Practice yoga. 	Read a book. 	Blow bubbles. 	Bake a special treat 
Go on a nature walk. 	Draw something. 	Find shapes in the clouds. 	Make a picture collage. 	Paint. 