



CanREACH

A SMALL INVESTMENT OF YOUR TIME COULD CHANGE A CHILD'S LIFETIME

CanREACH educates and empowers primary care providers to make and sustain evidence-based practice changes in pediatric mental health; transforming practices, increasing productivity, and improving work satisfaction.

CanREACH delivers the mini-fellowship Continuing Medical Education (CME) course, "**PATIENT-CENTERED MENTAL HEALTH IN PEDIATRIC PRIMARY CARE PROGRAM (PPP)**", developed by The REACH Institute, which consists of both:

CONFERENCE: A dynamic and interactive 2-day (15 hour) course that combines teaching with hands-on practice, followed by
CLINICAL APPLICATION: A series of 12 1-hour case based clinical consultation sessions, translating knowledge to practice

PARTICIPANTS DEVELOP CONFIDENCE AND COMPETENCE AS THEY LEARN TO

- Identify and differentiate among pediatric mental health concerns
 - anxiety, depression, ADHD, bipolar, aggression, psychosis, and more
- Effectively utilize and manage psychopharmacology
 - selecting, initiating, titrating, monitoring, and tapering medication; identifying, minimizing and managing side effects
- Create and implement effective treatment plans
 - collaborating and communicating; mobilizing existing natural and professional resources

UPCOMING SESSIONS

APRIL 2026

Fellowship Runs April - September 2026

Conference Dates: April 24th & 25th 2026

Followed by 12 1-hr clinical case based application sessions

OCTOBER 2026

Fellowship Runs October- March 2026

Conference Dates: October 23rd & 24th 2026

Followed by 12 1-hr clinical case based application sessions

Conference and Case Consults are both Delivered Virtually on Zoom

CONFERENCE OUTLINE

FRIDAY (8:00 am - 4:30 pm)

Common Grounds and Gaps
Psychopharmacology Overview
Assessment and Monitoring Tools
Assessment/Treatment Anxiety
Suicide Risk Assessment
Assessment/Treatment Depression

SATURDAY (8:00 am - 4:00 pm)

Bipolar and Mood Dysregulation
Assessment/Treatment ADHD
Assessment/Treatment Aggression
Psychosis
Adverse Effects/Monitoring Atypicals
Billing and Next Steps

ELIGIBILITY

Registration and participation in the CanREACH mini-fellowship training is restricted to Primary Care Providers (physicians, nurse practitioners, nurses, etc.) residing and practicing in Alberta. If you are outside of Alberta and interested in attending a PPP, please contact The REACH Institute directly [https:// thereachinstitute.org/](https://thereachinstitute.org/) to inquire about options.

Please see our website for full accreditation statements.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the University of Calgary Office of Continuing Medical Education and Professional Development for a maximum of 26.83 hours as well it is an Accredited Self-Assessment Program (Section 3) for a maximum of 7.0 hours.

This activity has been certified by the College of Family Physicians of Canada for up to 26.75 Mainpro+® Certified Activity credits.

REGISTRATION FEE

Alberta - \$800

Out of Province - \$1200

LEARN MORE AT

canreach.mhcollab.ca/

Register on our website or contact us at

Email: can.reach@recoveryalberta.ca

Ph: 403.955.1104

