



Hi there!

We are excited to announce Homebridge, in partnership with UWGLA, invites you to participate in our Permanent Supportive Housing (PSH) Caregiver Training Program.

About the Program:

Our Caregiver Training is a hybrid, instructor-led program designed for IHSS caregivers supporting residents in supportive housing (or interested in learning skills to do so in the future). The curriculum covers essential topics such as harm reduction, trauma-informed care, de-escalation, Narcan administration, and more. Participants will gain practical skills, confidence, and resources to provide high-quality, person-centered care.

Key Details:

- **Format:** 6 online sessions (evenings) + 1 in-person session (full day in LA)
- **Duration:** 26 hours total, over 4 weeks
- **Stipend:** \$300 upon completion of ALL courses, post-tests, and surveys
- **Certification:** Issued based on completion

Curriculum Summary:

- **Introduction to Supportive Housing:** What supportive housing is, how homelessness systems and Coordinated Entry work, and the caregiver's role on the support team.
- **Trauma-informed Care and PTSD:** How trauma and PTSD affect behavior, feelings, and health, and how to provide safe, respectful, trauma-informed care.
- **Harm Reduction:** Supporting safer choices without judgment, and responding to hoarding behaviors respectfully and safely.
- **Daily Living Support:** Caring for clients with cognitive impairments and neurodegenerative diseases such as Dementia and Parkinson's while promoting independence.
- **Professional Boundaries and Safety:** Keeping clear boundaries and handling uncomfortable or unsafe situations, such as sexual harassment.
- **Burnout and Client Communication:** Motivational Interviewing for client-centered conversations, plus recognizing and preventing compassion fatigue.
- **Mental Health and Living Support (In-Person):** Signs of mental health and substance use issues, Narcan, de-escalation roleplays, and safe body mechanics, transfers, and lifts.

Upcoming cohorts:

Cohort #1:

Week	Module Name	Date	Time	Format
1	Introduction to Supportive Housing	Tuesday, 11/3/26	4:00 pm – 7:30 pm	Online
1	Trauma-informed Care and PTSD	Thursday, 11/5/26	4:00 pm – 7:30 pm	Online
2	Harm Reduction	Tuesday, 11/10/26	4:00 pm – 7:30 pm	Online
2	Daily Living Support	Thursday, 11/12/26	4:00 pm – 7:30 pm	Online
3	Professional Boundaries and Safety	Tuesday, 11/17/26	4:00 pm – 7:30 pm	Online
3	Burnout and Client Communication	Thursday, 11/19/26	4:00 pm – 7:30 pm	Online
4	Mental Health and Living Support	Monday, 11/23/26	9:00 am – 4:30 pm	In-Person

Cohort #2:

Week	Module Name	Date	Time	Format
1	Introduction to Supportive Housing	Tuesday, 1/5/27	4:00 pm – 7:30 pm	Online
1	Trauma-informed Care and PTSD	Thursday, 1/7/27	4:00 pm – 7:30 pm	Online
2	Harm Reduction	Tuesday, 1/12/27	4:00 pm – 7:30 pm	Online
2	Daily Living Support	Thursday, 1/14/27	4:00 pm – 7:30 pm	Online
3	Professional Boundaries and Safety	Tuesday, 1/19/27	4:00 pm – 7:30 pm	Online
3	Burnout and Client Communication	Thursday, 1/21/27	4:00 pm – 7:30 pm	Online
4	Mental Health and Living Support	Thursday, 1/28/27	9:00 am – 4:30 pm	In-Person

Cohort #3:

Week	Module Name	Date	Time	Format
1	Introduction to Supportive Housing	Tuesday, 2/2/27	4:00 pm – 7:30 pm	Online
1	Trauma-informed Care and PTSD	Thursday, 2/4/27	4:00 pm – 7:30 pm	Online
2	Harm Reduction	Tuesday, 2/9/27	4:00 pm – 7:30 pm	Online
2	Daily Living Support	Thursday, 2/11/27	4:00 pm – 7:30 pm	Online
3	Professional Boundaries and Safety	Tuesday, 2/16/27	4:00 pm – 7:30 pm	Online
3	Burnout and Client Communication	Thursday, 2/18/27	4:00 pm – 7:30 pm	Online
4	Mental Health and Living Support	Thursday, 2/25/27	9:00 am – 4:30 pm	In-Person

Cohort #4:

Week	Module Name	Date	Time	Format
1	Introduction to Supportive Housing	Tuesday, 3/16/27	4:00 pm – 7:30 pm	Online
1	Trauma-informed Care and PTSD	Thursday, 3/18/27	4:00 pm – 7:30 pm	Online
2	Harm Reduction	Tuesday, 3/23/27	4:00 pm – 7:30 pm	Online
2	Daily Living Support	Thursday, 3/25/27	4:00 pm – 7:30 pm	Online
3	Professional Boundaries and Safety	Tuesday, 3/30/27	4:00 pm – 7:30 pm	Online
3	Burnout and Client Communication	Thursday, 4/1/27	4:00 pm – 7:30 pm	Online
4	Mental Health and Living Support	Thursday, 4/8/27	9:00 am – 4:30 pm	In-Person

Cohort #5:

Week	Module Name	Date	Time	Format
1	Introduction to Supportive Housing	Tuesday, 4/20/27	4:00 pm – 7:30 pm	Online
1	Trauma-informed Care and PTSD	Thursday, 4/22/27	4:00 pm – 7:30 pm	Online
2	Harm Reduction	Tuesday, 4/27/27	4:00 pm – 7:30 pm	Online
2	Daily Living Support	Thursday, 4/29/27	4:00 pm – 7:30 pm	Online
3	Professional Boundaries and Safety	Tuesday, 5/4/27	4:00 pm – 7:30 pm	Online
3	Burnout and Client Communication	Thursday, 5/6/27	4:00 pm – 7:30 pm	Online
4	Mental Health and Living Support	Thursday, 5/13/27	9:00 am – 4:30 pm	In-Person

If you are interested in signing up, please scan the QR code below or fill out the interest form at forms.cloud.microsoft/r/FZpw2sPUDg. Please let us know which cohort you are interested in. Our Training Manager will reach out and complete your registration together with you.

Thank you!



Floreta Liu
Training Manager
Homebridge, Inc.

Scan to fill out
interest form →

