



Sisterhood proudly presents Art & Soul II, an ongoing program throughout the year where we gather to move, create, and share together. This session is being offered on Thursday, October 26 at 11:30am at the newly reopened Coco Gallery in the Coastland Center starting with a 15 minute Tai Chi movement practice with Susan followed by a guided tour of the Coco Gallery. There will be chairs available to anyone who might need it for the movement portion.

The gallery will be opened early just for us to comfortably view the art with Gale's expertise guiding us. After the movement in the gallery -there will be a 45 min. gallery visit. Lunch will follow at the Lake Park Diner, a nearby restaurant that has a fabulous menu selection for everyone to enjoy. The entire program will run until 2pm. Please RSVP to Susan Falkenstein at sweetsusan62@gmail.com if you want to join us. The program is free; pay for your own lunch.

Coco Art Gallery, located at the Coastland Center, 1758 Tamiami Trail North, The gallery is located between Macy's and Starbucks. Park under the cover outside Entrance 8 - enter the center and take a Right.