



PHE Enrichment

Winter/Spring 2019

January 14th - May 31st

(April 1st - 5th, 2019 Spring Break)

Monday	Tuesday	Wednesday	Thursday	Friday
Super Star Guitar 	Funkmode 	Comic Book Creations 	Soccer 	LEGO® (Gr 1-5) 
Chess 	Basketball 	Piano (Gr 1-3) 	LEGO® (Gr 4-5) 	Yoga 
	Ukulele 		Spanish 	

Monday

Super Star Guitar (Gr. 1-5)

Learn to play popular songs, power chords, riffs and have fun doing it! Superstar Guitar is designed to give first time guitar students musical success quickly. Essential guitar fundamentals are made easy and fun! *Students bring their own guitar* Instruments are available for rental or purchase from Village Music School.



Day/Time: Mondays 2:50 - 3:40
 Dates: 1/14, 1/28, 2/11, 2/25, 3/04, 3/18, 3/25. No class 1/21, 2/04, 2/18, 3/11.
 Tuition: \$130 +\$15 Lab Fee/ classroom TBA
 Contact: (925)676-8400 www.VillageCenterfortheArts.org

Chess (Grades 1-5)

Pacific Chess Academy recognizes and respects the uniqueness of each child. Our mission is to foster a love of learning in each student. They learn to follow their curiosity, to think creatively, and to work both independently and cooperatively with others. We give each child support and encouragement to become his or her own unique self. Two sessions offered!



Day/Time: Mondays 2:50-3:50
 Winter Session: 1/14, 1/28, 2/11, 2/25, 3/04, 3/18, 3/25 (7 classes) \$105. No class 1/21, 2/04, 2/18, 3/11.
 Spring Session: 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20 (7 classes) \$105
 Location: Library
 Contact: (925) 270-8596 www.pacificchessacademy.com

Classes are not sponsored or endorsed by PHE PTA

Tuesday

FUNKMODE Hip Hop and Breakdance (Grades K-5)

Does your child love to dance? Can't sit still when music comes on? Then they are ready for FUNKMODE Hip Hop and Breakdance! Students will build their confidence while learning various Hip Hop dance styles in a positive, encouraging atmosphere. We have developed a unique curriculum to ensure they will learn musicality, choreography and performance skills each week, while using their own creativity and personal expression. This empowering dance style is great for girls and boys because Hip Hop is for everyone! (Show day on last day of class)



Day/Time: Tuesdays, 2:50-3:50
Dates: 1/15-3/5 (8 weeks)
Room: Multi-Use Room
Tuition: \$120
Contact: <http://funkmode.com/registration/>

KidzToPros Basketball (Grades K-5)

Basketball is one of our most popular sports at KidzToPros! Basketball is a team sport that helps develop and improve fine and gross motor skills, flexibility, and endurance. Our coaches break down each skill effectively to ensure kids are learning the correct basic fundamentals that will carry on to the next level. Our program is suitable for grades K-8 whether your child is a first timer or had previous experience playing and training. We group the kids based on their age and skill level with the appropriate coach to kid ratio! Our coaches are engaged, passionate, and motivational. They ensure the kids are safe, having a blast, learning, and progressing throughout the weeks!



Day/Time: Tuesdays 2:50-3:50 (First meeting at covered lunch tables outside.)
Price: Please see their website for details.
Contact: kidztopros.com

Ukulele (Grades K-3)

The uke is an excellent instrument on which to learn how to play music. It's relatively simple to learn, easy to tote around, inexpensive, super fun, and timelessly popular! In this ensemble, we will jump right into the fun stuff and learn how to play music on the ukulele. By the end of the course, students will know a few chord positions, will be able to play a couple of songs on the ukulele, and be able to sing along. Our instructors bring a classroom set of ukuleles with them to every class for the kids to use and we highly recommend that students also have a ukulele at home to practice.

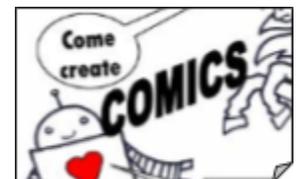


Day/Time: Tuesday 2:50-3:50
Dates: 1/15, 1/22, 1/29, 2/5, 2/12, 2/19, 2/26, 3/5, 3/12, 3/19, 3/26 (11 classes)
Tuition: \$220
Location: Room 3
Contact: <https://www.afterschoolmusicacademy.org/pleasant-hill-elementary>

Wednesday

Comic Book Creations (Grades K-5)

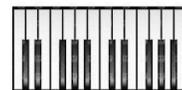
Drawing and storyboarding are made simple through step -by-step examples. Each student will create his or her own complete comic book in this adventure of character drawing and storytelling! Tuition includes class materials.



Day/Time: Wednesdays 1:00pm - 2:00pm
Dates: 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27 (11 classes)
Tuition: \$210
Location: Room 2
Contact: (925) 676-8400 www.VillageCenterfortheArts.org

Piano (Grades K-3)

Learn piano in a fun social group atmosphere! Group piano class provides students an excellent introduction to the keyboard and prepares them for more serious private study as well as playing in a band/ensemble. Most importantly, students will begin to develop the skill of playing music with their peers which provides a lifelong benefit. Our instructors bring a set of keyboards to every class.



Classroom: TBA
Day/Time: Wednesdays 1:10-2:10
Dates: 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27 (11 classes)
Tuition: \$220
Contact: <https://www.afterschoolmusicacademy.org/pleasant-hill-elementary>

Thursday

EV3 Robotics using LEGO® (Grades 4-5)

Build and program robots using the new LEGO Mindstorms EV3 system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pick up and carry objects, and play sounds. Projects are structured so that students work in an open-ended, investigative environment while having fun.



Day/Time: Thursdays, 2:50 PM - 4:50PM
Location: Room 8
Dates: 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7 (8 classes)
Price: \$ 200
Contact: Registration thru www.play-well.org 415.446.8384

Spanish (Grades: K-5)

The IES method introduces children to new foreign languages at a young age utilizing the same natural process in which the mother tongue was learned. Our methodology is a process of gradual immersion removing dependence on the mother tongue very naturally.



Day/Time: Thursdays 2:50-3:50
Dates: 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28, 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23
16 classes from 1/31/19 to 5/23/19
Price: \$357.50 for returning students, \$387.50 for new students.
Location: Room 10
Contact: <https://enroll.ieslanguages.org/login.asp>

KidzToPros Soccer (Grades K-5)

Soccer is a great simple sport to learn and play while enabling kids to build their coordination and fundamental skills, speed, strength, and stamina! Our coaches break down each skill effectively to ensure kids are learning the correct basic fundamentals that will carry on to the next level. Our program is suitable for grades K-6 whether your child is a first timer or had previous experience playing and training. The skill level and age of the kids are taken into account, as we provide the appropriate coach to kid ratio! Our coaches are engaged, passionate, and motivational. They ensure the kids are safe, having a blast, learning, and progressing throughout the weeks! Soccer skills and games (additional descriptions can be found on website)



Day/Time: Thursday 2:50-3:50
Price: Please see their website for details.
Contact: kidztopros.com

STEM FUNDamentals using LEGO® (Grades 1-5)

Gear up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Houseboats, Mini Golf Courses, Forklifts, and the London Tower Bridge. Design and build as never before, and explore your craziest ideas in a supportive environment. (Min/Max: 10/16 students)



Day/Time: Fridays, 2:50-4:20
Room: Library
Dates: 1/18, 1/25, 2/1, 2/8, 2/22, 3/1, 3/8, 3/22 (8 weeks) No class 2/15, 3.15.
Price: \$ 168
Contact: www.play-well.org 415.446.8384

Yoga Mindfulness (Grades K-2)

Pleasant Hill Yoga+Mindfulness is open to students in K-2. This exciting and fun-loving yoga class for children offers an introduction to basic breathing, yoga postures, mindfulness techniques and relaxation to support the development of strength and flexibility in their mind and body. Students will learn the value of stillness and movement by engaging in playful activities to promote self awareness and improved social interactions with others.



Day/Time: Fridays, 2:50-3:50
Dates: 1/18, 1/25, 2/1, 2/8, 2/22, 3/1, 3/8, 3/15, 3/22 (9 weeks) No class 2/15.
Price: \$180
Location: MU
Contact: www.afterschoolmusicacademy.org