

Know Your Rights Training Speaker Agenda

DAY 1

| Time | Topic | Speaker |
|------------------------------------|--|---|
| 9:00am - 10:00am | Check-In | |
| 10:00am - 10:15am | Land Acknowledgement & Opening Remarks | <ul style="list-style-type: none"> ● Land Acknowledgement & Opening Remarks: Emcee ● Opening Drumming: DeAnna Carpenter |
| 10:15am - 10:25am | “Cradling Change: Birthing Rates, Rights, and Well-Being for Los Angeles families & beyond” | <ul style="list-style-type: none"> ● Dr. Melissa Franklin |
| 10:25am - 11:25am | Breaking the Silence & Revolutionizing Birth: Overcoming Through Empowered Choices | <ul style="list-style-type: none"> ● Jessica Seales |
| 11:25am - 12:30pm | Panel Discussion: “Redefining Birth: A Conversation on the Fundamental Rights of Birthing People” | <p>Moderator: Adjoa Jones</p> <ul style="list-style-type: none"> ● Ansar El Muhammad ● Stevie Merino ● Tecpaxochitl Mireya Gonzalez ● Christine Parker |
| Lunch 12:30pm - 1:30pm | | |
| 1:30pm - 2:30pm | “Empowered Journeys & Birthing Justice: Upholding the Right to Bodily Sovereignty in Birth, Breastfeeding, and Beyond” | <ul style="list-style-type: none"> ● Payshia Edwards |
| Afternoon Break 2:30pm - 2:45pm | | |
| 2:45pm - 3:30pm | “Birthing Bold: Strategies for Practicing Empowered Obstetric Decision-Making” | <ul style="list-style-type: none"> ● Frontline Doulas |
| 3:30pm - 4:15pm | Role Playing Debrief and Q&A | |
| 4:15pm - 4:30pm | Closing Remarks & Acknowledgements | <ul style="list-style-type: none"> ● BFLA Staff |

DAY 2

| Time | Topic | Speaker |
|---|---|--|
| 8:00am - 9:00am | Check-In | |
| 9:00am - 9:15am | Welcome & Recap of Day 1 | <ul style="list-style-type: none">• Emcee |
| 9:15am - 10:05am | “The Freedom to Feed: The Art and Advocacy of Public Breastfeeding” | <ul style="list-style-type: none">• Robin Kaplan |
| 10:05am - 10:55am | “Milk Money: Investing in Your Career While Balancing Breastfeeding and the Professional Workplace” | <ul style="list-style-type: none">• Molly Mauck• Rachel Stein |
| 10:55am - 11:55pm | “The Leave Revolution: A Strategic Approach to Paid Family Leave and Sick Days” | <ul style="list-style-type: none">• Katie Wutchiett |
| 11:55pm - 12:35pm | “Legislating Leche: Driving Breastfeeding Advocacy through Legislation” | <ul style="list-style-type: none">• California Work & Family (Jasmine & Angelica) |
| Lunch 12:35pm - 1:35pm | | |
| 1:35pm - 2:35pm | Panel Discussion: Community Impact and Action | Moderator: Carimah Townes <ul style="list-style-type: none">• Jennifer Roberson• Jaqui Mendezca• TaVia Wooley• Natasha Weinstein |
| Grounding Session 2:35pm - 2:50pm DeAnna Carpenter | | |
| 2:50pm - 3:50pm | “Advocacy Act: A Dynamic Interactive Session” | <ul style="list-style-type: none">• Molly Mauck• California Work & Family (Jasmine & Angelica) |
| 3:50pm - 4:00pm | Closing Remarks and Next Steps | <ul style="list-style-type: none">• BFLA Staff |