

INTEGRATING INFANT MENTAL HEALTH INTO YOUR LACTATION PRACTICE

Hope Wills, MA, RD, CSP, IBCLC

Early Bird pricing ends 3/30

Early Bird \$25

General Admission \$40

April 15th, Friday

10:00 AM to 12:30 PM PST



**Register
Now**

<https://tinyurl.com/InfantMH>

Co-sponsored by:



MATERNAL MENTAL HEALTH NOW
supporting the well-being of growing families



<https://www.breastfeedla.org>



SPEAKER

Hope Wills, MA, RD, CSP, IBCLC, received her BS in Food & Dietetics at CSU Long Beach in 1986, and her MA in Counseling at CSU Dominguez Hills in 2002. She became a Registered Dietitian Nutritionist in 1993 and an IBCLC in 2015. She serves as a pediatric dietitian and lactation consultant at a local pediatric hospital. She provides service in both disciplines in both the inpatient and outpatient setting.



DESCRIPTION

In this session, Hope Wills, MA, RD, CSP, IBCLC will explore core principles of Infant Mental Health and how they align with lactation practice. Using a case-based format, participants will learn how to integrate these models into clinical practice. Ms. Wills will explore Dr. Perry's Neurosequential Model of Therapeutics, Dr. Berry Brazelton's Touchpoints Approach and Drs. Gilkerson and Gray's Fussy Baby work.

OBJECTIVES

By the end of this presentation, participants can expect to:

- List 3 key principles within infant mental health
- Describe 3 how those concepts align with lactation practice.
- Articulate at least one strategy that they can include in their practice.

AGENDA

10:00am - 10:05am
Introductions

10:05am - 11:05am
Laying the foundation for various models

11:05am - 11:15am
Break

11:15am - 11:20pm
A word from our sponsor

11:20am- 12:05pm
Case-based study

12:05pm- 12:30pm
Q&A

CONTINUING EDUCATION

BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 2 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1.5 L- CERPs will be awarded.

RDs & OTs: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio



Psychologists: Two hours of CE credit are available for attendees who are present for the entire live program. We ask that all participants return the post-program evaluation form at the conclusion of the program. This training is sponsored by Maternal Mental Health NOW, a project of Community Partners. Maternal Mental Health NOW is approved by the American Psychological Association to sponsor continuing education for psychologists. Maternal Mental Health NOW maintains responsibility for this program and its content. It is the licensee's responsibility to retain this Certificate of Attendance for a period of four years after the course date. There is no known commercial support for this program.