

Hands to Heart: Clinical Lactation Skills & Career Growth for Perinatal Professionals

Day 1: Wednesday, August 19, 2026 Career Advancement in Lactation & Birthwork		
Date/Time	Topic	Speakers/Staff
8:15 am - 8:45 am	Registration/Check-in	BreastfeedLA
8:45 am - 9:00 am	Welcome	Arisa Palmer
Keynote 9:00 am - 9:55 am	From Passion to Profession: How to Position Yourself for Your Dream Career - Resume, Interview, and Personal Branding Strategies for Careers in Maternal and Infant Care	Brandi Jordan
9:55 am - 10:00 am	Break	_____
Plenary Session 1: 10:00 am - 10:55 am	Resistance to Readiness: Counseling Skills at Work Through the Lens of Ambivalence	Jennifer Duran West
10:55 am - 11:00	Break	_____
Plenary Session 2: 11:00 am - 12:00 pm	From Passion to Profession: Careers in Lactation	<ul style="list-style-type: none"> ● Moderator: Ashley Skiffer-Thompson ● Dr. Kacie Blackman ● Mariam Torres ● Wendy De Leon ● Alison Wolf
12:00 pm - 1:00 pm	Lunch	_____
Concurrent Session 3a: 1:00 pm - 2:00 pm	Sustaining Your Lactation Practice Through Billing	Stevie Merino

Concurrent Session 3b: 1:00 pm - 2:00 pm	Less Time Charting, More Time Caring: Efficient Lactation Documentation	Genevieve Thomas-Colvin
Concurrent Session 3c: 1:00 pm - 2:00 pm	Rooted in Community: The Transformative Power of Peer Lactation Support	Jennifer Roberson
Concurrent Session 3d 1:00 pm - 2:00 pm	Who Gets to Become a Lactational Professional? Barriers, Access and Equity	Lydia O'Boyd
2:00 pm - 2:10 pm	Break	_____
Plenary Session 4: 2:00 pm - 3:00 pm	The perfect latch connection: Speed Networking Experience	Arissa Palmer

**Day 2: Thursday,
August 20, 2026
Advanced Clinical Skills for Lactation Professionals**

Date/Time	Topic	Speakers/Staff
9:15 am - 9:45 am	Registration/Check-in	BreastfeedLA
9:45 am - 10:00 am	Welcome	
Plenary Session 1: 10:00 am - 10:55 am	From Identification to Referral: Tongue Ties in Practice	Adrienne Guirguis
10:55 am - 11:00 am	Break	_____
Plenary Session 2: 11:00 am - 12:00 pm	From Release to Recovery: Post-Frenectomy Care and Rehabilitation	Julie Matheney
12:00 pm - 1:00 pm	Lunch	_____

Concurrent Session 3a: 1:00 pm - 1:55 pm	The Physics of Pumping: Clinical Strategies for Flange Precision and Pump Efficacy	Alejandra Santizo De Leon
Concurrent Session 3b: 1:00 pm - 1:55 pm	The Lactation Detective: Decoding Clues for Better Assessments	Jessica Claire
Concurrent Session 3c: 1:00 pm - 1:55 pm	Are They Safe? Evaluating Hospital Discharge Readiness and Home Feeding Plans for the Breastfeeding Newborn	Réka Morvay
1:55 pm - 2:00 pm	Break	_____
Concurrent Session 4a: 2:00 pm - 2:55 pm	The Physics of Pumping: Clinical Strategies for Flange Precision and Pump Efficacy	Alejandra Santizo De Leon
Concurrent Session 4b: 2:00 pm - 2:55 pm	The Lactation Detective: Decoding Clues for Better Assessments	Jessica Claire
Concurrent Session 4c: 2:00 pm - 2:55 pm	Are They Safe? Evaluating Hospital Discharge Readiness and Home Feeding Plans for the Breastfeeding Newborn	Réka Morvay
2:55 pm - 3:00 pm	Break	_____
Closing 3:00 pm - 3:30	Closing remarks	Arissa Palmer