



# ESTABLISHING & MAINTAINING MILK SUPPLY FOR NICU PARENTS: PEOPLE, POLICIES & PUMPS

Nancy E. Wight, MD, FABM, FAAP &  
Rose deVigne-Jackiewicz, RN, MPH, IBCLC



ON THURSDAY,  
OCTOBER 10, 2024



10:00 AM PST -  
12:30 PM PST



**Register Today!**

[Tinyurl.com/NICUMILKSUPPLY](https://Tinyurl.com/NICUMILKSUPPLY)

## DESCRIPTION

This webinar aims to arm lactation consultants with the knowledge to assist NICU parents in establishing and maintaining a full milk supply to discharge and beyond by using the latest research on best practices and technologies for milk expression and NICU care, thereby improving breastfeeding and outcomes for all NICU patients.

## OBJECTIVES

At the conclusion of the presentation the participant will be able to:

1. Discuss specific challenges faced by lactating parents of NICU patients in establishing and maintaining a robust milk supply.
2. List 4 factors that are associated with lactation and breastfeeding beyond term gestational age.
3. Design a plan with optimal pumping strategies to maximize and maintain a parent's milk supply for their infant.
4. Compare the difference between natural suckling at the breast, vacuum-only breast pumps and vacuum plus compression pump technology.
5. Formulate appropriate questions to clarify the information provided.

## SPEAKER

**Nancy E. Wight, MD, IBCLC, FABM, FAAP** is a retired attending neonatologist and Medical Director of Lactation Services for Sharp Mary Birch Hospital for Women and Newborns, San Diego, CA, where her area of focus was neonatal nutrition. Dr. Wight co-founded the San Diego County Breastfeeding Coalition in 1994, was the Breastfeeding Coordinator for AAP CA Chapter 3, a HMBANA Board Member, former president of the Academy of Breastfeeding Medicine and established the first Donor Milk Depot in San Diego over 25 years ago. She has several publications and continues to teach, review and advocate for human milk in the NICU and community.

**Rose deVigne-Jackiewicz** has over 40+ years' experience in lactation and is regarded as one of the top Lactation Consultants in San Diego. Rose has worked side by side with nurses, nurse practitioners, pediatricians and other health professionals in the education and training of breastfeeding mothers and newborns. Her employment includes Kaiser Permanente, Sharp Mary Birch Hospital for Women, and Loma Linda Medical Center, where she established inpatient and outpatient lactation programs. Specializing in normal and high-risk mothers and babies, she has helped mothers become successful in breastfeeding. She is the recipient of multiple Nurse of the Year awards, including the Daisy Award. She has authored *Breastfeeding Basics: A Lactation Consultants Advice for Breastfeeding during Your Hospital Stay*. Since 1983, she has been teaching classes on this subject and is a seasoned lecturer.

## CONTINUING EDUCATION

**RN:** BreastfeedLA is an approved provider by the California Board of Registered Nursing.

**This course offers 2.0 contact hours of continuing education.**

BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

**IBCLC:** BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36.

**2.0 L- CERP's will be awarded.**

**RDs & OTs:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio

## AGENDA

10:00 AM - 12:00 PM PST Establishing & Maintaining Milk Supply for NICU Parents: People, Policies & Pumps

12:00 PM - 12:30 PM PST Q&A

 BreastfeedLA

<https://www.breastfeedla.org>