

Hands to Heart: Clinical Lactation Skills & Career Growth for Perinatal Professionals

Day 1: Wednesday, August 19, 2026 Career Advancement in Lactation & Birthwork		
Date/Time	Topic	Speakers/Staff
8:15 am - 8:45 am	Registration/Check-in	BFLA
8:45 am - 9:00 am	Welcome	Ariisa Palmer
Keynote 9 am - 9:55 am	Keynote Session Title (TBD)	Brandi Jordan
9:55 am - 10 am	Break	—
Plenary Session 1 10 am - 10:55 am	Resistance to Readiness: Counseling Skills at Work Through the Lens of Ambivalence	Jennifer Duran
10:55 am - 11 am	Break	—
Plenary Session 2 11 am - 12 pm	From Passion to Profession: Careers in Lactation	<ul style="list-style-type: none"> ● Moderator: Ashley Skiffer-Thompson ● Dr. Kacie Blackman ● Mariam Torres ● Wendy De Leon ● Alison Wolf
12 pm - 1 pm	Lunch	—
Concurrent Session 3a 1 pm - 2 pm	Sustaining Your Lactation Practice Through Billing	Stevie Merino

Concurrent Session 3b 1 pm - 2 pm	Less Time Charting, More Time Caring: Efficient Lactation Documentation	Genevieve Thomas-Colvin
Concurrent Session 3c 1 pm - 2 pm	Session Title (TBD)	Wendy Fung
Concurrent Session 3d 1 pm - 2 pm	Who Gets to Become a Lactational Professional? Barriers, Access and Equity	Lydia O'Boyd
2 pm - 2:10 pm	Break	—
Plenary Session 4 2:10 pm - 3 pm	The Perfect Latch Connection: Speed Networking Experience	Arissa Palmer

**Day 2: Thursday,
August 20, 2026
Advanced Clinical Skills for Lactation Professionals**

Date/Time	Topic	Speakers/Staff
9:15 am - 9:45 am	Registration/Check-in	
9:45 am - 10 am	Welcome	
Plenary Session 1 10 am - 10:55 am	From Identification to Referral: Tongue Ties in Practice	Adrienne Guirguis
10:55 am - 11 am	Break	—
Plenary Session 2 11 am - 12 pm	From Release to Recovery: Post-Frenectomy Care and Rehabilitation	Julie Matheney
12 pm - 1 pm	Lunch	

Concurrent Session 3a 1 pm - 1:55 pm	The Physics of Pumping: Clinical Strategies for Flange Precision and Pump Efficacy	Alejandra Santizo De Leon
Concurrent Session 3b 1 pm - 1:55 pm	The Lactation Detective: Decoding Clues for Better Assessments	Jessica Claire
Concurrent Session 3c 1 pm - 1:55 pm	Session Title: TBD	Réka Morvay
1:55 pm - 2 pm	Break	—
Concurrent Session 4a 2 pm - 2:55 pm	The Physics of Pumping: Clinical Strategies for Flange Precision and Pump Efficacy	Alejandra Santizo De Leon
Concurrent Session 4b 2 pm - 2:55 pm	The Lactation Detective: Decoding Clues for Better Assessments	Jessica Claire
Concurrent Session 4c 2 pm - 2:55 pm	Session Title: TBD	Réka Morvay
2:55 pm - 3pm	Break	—
Closing 3 pm - 3:30	Closing remarks	Arissa Palmer