

Program Description

Please join us for a live webinar on Friday, August 30th, 2019 at 12:00 PM PST for a timely and informative talk about *Ripple Effects of Historical Trauma and Resilience on Breastfeeding Outcomes in the African American Community; Considerations for Leveraging Resilience and Providing Culturally Congruent Support*

Both nationally and in California reports, African Americans are identified as having some of the lowest rates of having ever breastfeeding, initiating breastfeeding and/or exclusively breastfeeding. Lack of knowledge regarding African American women's historical trauma and current race-related micro-stressors, and the impacts these have on maternal health and breastfeeding, prevents providers from adequately addressing the needs of the community. This presentation will focus on increasing the cultural sensitivity and humility of providers, in an effort to promote culturally responsive and informed care and support services for African Americans.

Objectives

Following the didactic presentations, participants will be able to:

- Describe how historical trauma has impacted African American birth and breastfeeding outcomes.
- Describe how race-related micro-stressors impact African American birth and breastfeeding outcomes.
- Detect, identify and assess for significant vulnerabilities and strengths among African American women, which can impact breastfeeding.
- Detect, identify and assess for significant barriers to breastfeeding among African Americans women.
- Construct support strategies and interventions for African American breastfeeding mothers.

Faculty



Dr. Sayida Peprah, PsyD is both a licensed clinical psychologist and trained birth doula. She specializes in multicultural psychology, trauma, suicide prevention and maternal mental health. Dr. Sayida has a multi-faced career as a Clinical Psychologist and Associate Professor of Psychology for the University of Phoenix. Through her non-profit organization Diversity Uplifts, Inc., Dr. Sayida regularly offers cultural competency, mental health and maternal mental health trainings and workshops in the community and throughout the US.

Sponsored by



2851 W. 120th St., Ste. E #335
Hawthorne, CA 90250
Phone: (323) 210-8505
www.BreastfeedLA.org

BreastfeedLA Webinar

Ripple Effects of Historical Trauma and Resilience on Breastfeeding Outcomes in the African American Community; Considerations for Leveraging Resilience and Providing Culturally Congruent Support



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Friday, August 30th, 2019
12:00 PM -1:30 PM (Pacific Time)

Live Webinar
(*This webinar will be recorded)

Agenda

12:00 Welcome

12:10 Ripple Effects of Historical Trauma and Resilience on Breastfeeding Outcomes in the African American Community; Considerations for Leveraging Resilience and Providing Culturally Congruent Support

1:10 Question and Answer

1:30 Adjourn



Continuing Education

offered at no additional charge

RN: BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 1 contact hour of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 1 L-CERP will be awarded.

RD: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

Registration Fees

Registration includes continuing education credit.

\$25 - Up to August 16, 2019 Midnight Pacific Time

\$30 – On or after August 17, 2019

Webinar Software

This webinar will be conducted using Zoom software. Instructions on how to access the webinar will be included in a registration confirmation email. The webinar will be recorded.

Participant Information

Registration confirmation will be sent to participants via email. Presentation handouts are sent via e-mail 2 business days prior to the seminar. Certificates of attendance and continuing education will be delivered to attendee via email following completion of webinar evaluation.

Cancellation Policy

After the webinar a recording will be sent to all registrants to view at their convenience, therefore no refunds will be granted.

Target Audience

Physicians, Midwives, Therapists, LCSWs, MFTs, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Registration Form

Webinar August 30, 2019

Register Online

<https://conta.cc/2KyNJ4r>

Mail: BreastfeedLA, 2851 W. 120th St., Ste. E #335, Hawthorne, CA 90250

	Price
<input type="checkbox"/> Early Bird (on or before Midnight Pacific Time 08/16/2019)	\$25
<input type="checkbox"/> General (until 9AM Pacific Time 08/17/2019) – All check payments at this price	\$30
<input type="checkbox"/> Tax-Deductible Contribution To BreastfeedLA	\$ _____
Total:	\$ _____

Name _____

Job Title _____

Company/Hospital _____

Billing Address _____

Billing City, ZIP _____

Email Address—required to receive confirmation _____

Phone _____

IBCLC? If yes, check this box

RN? License # _____

Method of Payment

Check - Price when paying by check is \$30 regardless of date – No Early Bird

Visa

MasterCard

CCV _____

Credit Card # _____ Exp.Date _____

Signature _____

Billing ZIP _____