

Program Description

Alyssa Schnell, will begin the day with *The Unique Needs of Non-Gestational Nursing Parents: Adoption, Surrogacy, LGBTQ+ and More* specifically addressing how understanding as best we can the unique needs of these extraordinary parents can go a long way towards being an inclusive lactation practice. Next, *An Individualized Approach to Inducing Lactation* we will discuss how lactation occurs when it doesn't immediately follow birth, tools and techniques involved in each step, timing of the three steps, and what degree of lactation can be expected. Next, *Relactation: Resuming Milk Production after Days, Weeks, or Even Months* will help the listener understand when and why a parent may wish to relactate, what to expect, and the specific tools and techniques to resume milk production. After lunch, Alyssa will dive in to *ReLATCHtation: Transitioning from Bottle-feeding to At-Breast/Chest Feeding* this presentation discusses how to know if baby is ready to breastfeed, setting the stage for success, and the process of gentle transitioning from bottle to breast/chest.. Finally *Tools for Supplementing Breastfeeding* will discuss at-breast supplementation, finger-feeding, and bottle-feeding techniques that support breastfeeding so that they can select a supplementation tool that supports their needs, their babies' needs and overall breastfeeding success.

Continuing Education Credits

offered at no additional charge

RN: BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

IBCLC: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 5 L-CERPs will be awarded.

RDs & OTs: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

Faculty



Alyssa Schnell, IBCLC has been helping parents and babies with breastfeeding for the past 17 years and she has been accredited as an International Board Certified Lactation Consultant (IBCLC) since 2009. Her private practice, Sweet Pea Breastfeeding Support, provides individual lactation consultations either in person or by phone or videoconference for parents throughout the United States and beyond. Alyssa is also the co-host of the *Breastfeeding Outside the Box* podcast devoted to families breastfeeding in extraordinary situations. Alyssa enjoys working with all parents and babies, but she has an extra special place in her heart for helping non-birthing parents to breastfeed their babies. She is the author of *Breastfeeding Without Birthing: A Breastfeeding Guide for Mothers Through Adoption, Surrogacy, and Other Special Circumstances* and is an international speaker on the topics of inducing lactation, relactation, and other related topics. Alyssa is the proud mother of three breastfed children, two by birth and one by adoption.

Sponsored by



2851 W. 120th St., Ste. E #335
Hawthorne, CA 90250
Phone: (323) 210-8505
www.BreastfeedLA.org

Co-sponsored by



Breastfeeding Without Birth: Inducing, Maintaining and Relactating



Monday,
November 18, 2019
9:00 AM to 3:45 PM

California Endowment
1000 Alameda St,
Los Angeles, CA 90012

*This seminar does not include food.
Food may be purchased at the
California Endowment Cafeteria.
Parking is Free of Charge.*

Agenda

9:00	Welcome and Introductions
9:15	The Unique Needs of Non-Gestational Nursing Parents: Adoption, Surrogacy, LGBTQ+ and More
10:15	Break
10:30	An Individualized Approach to Inducing Lactation
11:30	Relactation: Resuming Milk Production after Days, Weeks, or Even Months
12:30	Lunch On Your Own
1:30	ReLATCHtation: Transitioning from Bottle-feeding to At-Breast/Chest Feeding
2:30	Break
2:45	Tools for Supplementing Breastfeeding
3:45	Closing and Adjourn

Objectives:

At the end of the program, participants will be able to:

- Discuss the protocol for inducing lactation can be developed for each parent using 3 basic steps or less
- Identify the specific tools and techniques to resume milk production.
- Understand the process of gentle transitioning from bottle to breast/chest.
- Identify different breastfeeding supplementation tools
- Understand situations specific to non-gestational parents that can influence their breastfeeding journey.

Registration Fees

This price does not include food. Food may be purchased at the California Endowment Cafeteria. Parking is Free of Charge.

Early Bird \$90 - Up to November 4

\$105- On or after November 5 and at the door

Location and Parking

California Endowment
1000 Alameda St,
Los Angeles, CA 90012

Participant Confirmation and Handouts

Registration confirmation will be sent to participants providing an e-mail address. Presentation handouts are sent via e-mail 2 business days prior to the seminar.

Cancellation Policy

Credit for future seminars is available under special circumstances until one week prior to the event.

Certificate Policy

After completion of the course evaluation, you will be provided with a link to your continuing education certificate. Make sure to print and save your certificate. BreastfeedLA will assist you with finding your certificate for up to 1 year from the event without cost. For assistance with any certificates older than 1 year from the time of the event, BreastfeedLA charges \$15 for the first certificate, and \$10 for each additional certificate requested each calendar year. A \$5 processing fee will be added to requests needing fulfillment within 24 hours.

Target Audience

Physicians, Midwives, Therapists, LCSWs, MFTs, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doula's, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Registration Form

11/18/2019

Register Online at www.BreastfeedLA.org
OR <http://bit.ly/BFLAAlyssaSchnell>

Mail: BreastfeedLA, 2851 W. 120th St., Ste. E
#335, Hawthorne, CA 90250

	Price
<input type="checkbox"/> Early Bird (on or before Midnight Pacific Time 11/04/2019)	\$90
<input type="checkbox"/> General (on or after 11/05/19) – All check payments and mailed in registrations at this price	\$105
<input type="checkbox"/> Tax Deductible Contribution	\$ _____
Total:	\$ _____

Name _____

Job Title _____

Company/Hospital _____

Billing Address _____

Billing City, ZIP _____

Email Address—required to receive confirmation _____

Phone _____

IBCLC? If yes, check this box

RN? License # _____

I prefer a vegetarian meal

Method of Payment

Check

Visa

MasterCard

Credit Card # _____ CCV _____
Exp.Date _____

Signature _____

Billing ZIP _____