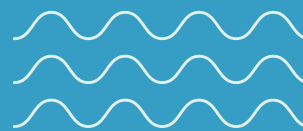


19-20  
AUGUST



*Hands  
to  
Heart*

CLINICAL LACTATION SKILLS  
& CAREER GROWTH  
FOR PERINATAL PROFESSIONALS

# DAY 2

## ADVANCE CLINICAL SKILLS FOR LACTATION PROFESSIONALS



**Adrienne Guirguis**

Speaker



**Julie Matheney**

Speaker



**Alejandra Santizo**

Speaker



**Thursday**  
20 August, 2026



**Time**  
9:15 AM - 3:30 PM



**California Endowment**  
1000 Alameda St, LA 90012

 BreastfeedLA



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CLINICAL LACTATION SKILLS  
& CAREER GROWTH  
FOR PERINATAL PROFESSIONALS

# DAY 2

## ADVANCE CLINICAL SKILLS FOR LACTATION PROFESSIONALS



**Jessica Claire**

Speaker



**RéKa Morvay**

Speaker



**Thursday**  
20 August, 2026



**Time**  
9:15 AM - 3:30 PM



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# ADRIENNE GUIRGUIS

Adrienne Guirguis, IBCLC, is a board-certified lactation consultant with over 30 years of experience supporting breastfeeding families. After her own early challenges with breastfeeding, she was inspired to dedicate her career to helping parents reach their feeding goals with confidence.

Board certified for 23 years, Adrienne has worked in hospital, community health, and private practice settings, and now provides compassionate, in-home lactation support tailored to each family's unique needs. Committed to ongoing education, she continues advanced training to ensure families receive evidence-based, holistic care throughout their breastfeeding journey. Adrienne is married, the mother of two grown sons, and is excited to soon welcome a daughter-in-law to the family.



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FROM IDENTIFICATION TO REFERRAL:  
TONGUE TIES IN PRACTICE  
**20 August 2026 | 10 AM**

19-20  
AUGUST

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& CAREER GROWTH  
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# JULIE MATHENEY

Julie is a self-motivated, Spanish-speaking speech pathologist and international board certified lactation consultant (IBCLC) specializing in dysphagia and pediatric feeding disorders who is passionate about helping families feed their babies.



FROM RELEASE TO RECOVERY: POST  
FRENECTOMY CARE AND  
REHABILITATION

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20 August 2026 | 11 AM

19-20  
AUGUST

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# ALEJANDRA SANTIZO DE LEON



Alejandra Santizo De Leon brings a unique blend of expertise to her practice as a Latina Double board-certified Registered Nurse (Guatemala-California) and an IBCLC, with extensive experience in maternal-child nursing. Her expertise range from working as a Midwife in the Guatemalan highlands to working in a level III NICU in Downey California. Alejandra has dedicated herself to assisting families on their feeding journeys. Her process has allowed her to grow from all the failures and successes, and she feels that she brings a keen ability to investigate underlying causes and a “Mary Poppins” bag of resources in every situation. If you need someone to think out-of-the-box, Alejandra is your gal! and with that she has faced her share of challenges. However, these experiences have profoundly shaped her ability to connect with and support parents, families, and those around her. By walking alongside with them, Alejandra aims to help navigate their unique journeys, acknowledge their emotions and identify practical paths forward.



THE PHYSICS OF PUMPING: CLINICAL  
STRATEGIES FOR FLANGE PRECISION  
AND PUMP EFFICACY

**20 August 2026 | 1 & 2 PM**

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# JESSICA CLAIRE

Jessica Claire started helping new families as a lactation peer educator leading support groups in Los Angeles and quickly realized how rewarding it was to assist in the transition to parenthood. After additional education and training, she became an IBCLC in 2011 and subsequently started her private practice. She has breastfed two girls (now ages 16 and 20) and found the connection built on breastfeeding to be immensely rewarding. She strives to help other parents meet their feeding goals with compassionate, evidence-based care.

She regularly attends conferences and workshops to keep her knowledge and skills current. In addition to her private practice, Jessica teaches prenatal breastfeeding classes at [The Family Room](#) and also works as a Lactation Specialist at Kaiser Los Angeles.



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THE LACTATION DETECTIVE: DECODING  
CLUES FOR BETTER ASSESSMENTS

20 August 2026 | 1 & 2 PM

# Hands to Heart

19-20  
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CLINICAL LACTATION SKILLS  
& CAREER GROWTH

FOR PERINATAL PROFESSIONALS

# RÉKA MORVAY



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Reka Morvay is a Hungarian-American IBCLC with a Masters degree in Psychology from Cornell University who has been working with families in the perinatal period for almost 20 years. She is currently working at Cedars Sinai Medical Center and Henry Mayo Newhall Hospital in Los Angeles as an inpatient and outpatient lactation consultant. Evidence-based lactation with an eye to clinical application remains her passion. She started her career as a childbirth educator, doula and community organizer in Budapest, Hungary. After moving back to California in 2014, she worked in a variety of settings including hospital inpatient, hospital outpatient, community clinic, non-profit breastfeeding coalition and private practice. She is particularly proud of her work with BreastfeedLA as an instructor and curriculum writer, and the Inland Empire Breastfeeding Coalition as their education grant project manager.



ARE THEY SAFE? EVALUATING HOSPITAL  
DISCHARGE READINESS AND HOME FEEDING  
PLANS FOR THE BREASTFEEDING NEWBORN

**20 August 2026 | 1 & 2 PM**