

# Program Description

“Tongue tie” (clinically known as ankyloglossia) is of great interest in some settings and is still quite unknown in others. Tongue tie can restrict proper lingual functionality and mobility. These restrictions can cause significant feeding difficulties for infants. Feeding challenges can be complex and multi-factorial, therefore a comprehensive understanding of infant oral anatomy can help clinicians better assess and care for the patients they serve. The speaker will present on signs and symptoms of tongue tie, related health concerns, assessment and treatment strategies, and the status of the evidence base. Dr. Shari Carroll and her team are excited to host Melissa Cole, MS, IBCLC from Portland, Oregon. Melissa is known for her research and clinical care around the topic of ankyloglossia. She will present up-to-date information regarding oral restrictions, assessment techniques, treatment and aftercare. This presentation is excellent for anyone that clinically assesses infants, works with feeding issues, and/or provides pediatric or lactation care. Space is limited so register early!

## Objectives

After this presentation, learners will be able to:

- ❖ Assess restrictions of the lingual and labial frenulum in babies
- ❖ Identify unique issues and implement targeted care strategies for dyads coping with ankyloglossia
- ❖ Demonstrate the collaboration and team work involved when dealing with oral restrictions

## Continuing Education Credits offered at no additional charge

**RN:** BreastfeedLA is an approved provider by the California Board of Registered Nursing. This course offers 5 contact hours of continuing education. BreastfeedLA's provider number is CEP 16435. Licensee must maintain certificate for a period of four years.

**IBCLC:** BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. 4.5 L-CERPs will be awarded.

**RDs & OTs:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

# Tongue and Lip Tie: A Comprehensive Approach to Assessment and Care



This event is intended for  
Lactation Professionals Only

Saturday,  
March 2, 2019  
8:00 AM to 12:30 PM

Redondo Beach Kids Dentist  
1611 S. Catalina Ave, Suite 100  
Redondo Beach, CA 90277

Sponsored by



2851 W. 120<sup>th</sup> St., Ste. E #335  
Hawthorne, CA 90250  
Phone: (323) 210-8505  
[www.BreastfeedLA.org](http://www.BreastfeedLA.org)

Co-sponsored by  
Redondo Beach Kids Dentist



## Agenda

8:00 Welcome & Introductions

8:15 Tongue and Lip Tie: A Comprehensive Approach to Assessment and Care with Melissa Cole

12:00 Questions and Answers

12:30 Adjourn

## Faculty



Melissa Cole is a board-certified lactation consultant, neonatal oral-motor assessment professional and clinical herbalist in private practice. Melissa is passionate about providing comprehensive, holistic lactation support and improving the level of clinical lactation skills for health professional. She enjoys researching and writing, especially on topics such tongue tie and botanical medicine. Her bachelor's degree is in maternal/child health and lactation and her master's degree is in therapeutic herbalism. Before pursuing her current path, Melissa's background was in education and cultural arts, which has served her well in her work as a lactation consultant and healthcare educator. She loves living, working and playing in the beautiful Pacific Northwest with her 3 children.

## Registration Fees

Registration includes light breakfast and snacks, and continuing education credit.

Early Bird \$50 - Up to February 24

\$65 - On or after February 25 and at the door

### Participant Confirmation and Handouts

Registration confirmation will be sent to participants providing an e-mail address. Presentation handouts are sent via e-mail 2 business days prior to the seminar.

### Cancellation Policy

Credit for future seminars is available under special circumstances until one week prior to event.

### Certificate Policy

After completion of the course evaluation, you will be provided with a link to your continuing education certificate. Make sure to print and save your certificate. BreastfeedLA will assist you with finding your certificate for up to 1 year from the event without cost. For assistance with any certificates older than 1 year from the time of the event, BreastfeedLA charges \$15 for the first certificate, and \$10 for each additional certificate requested each calendar year. A \$5 processing fee will be added to requests needing fulfillment within 24 hours.

### Target Audience

Physicians, Midwives, Therapists, LCSWs, MFTs, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.

## Registration Form

12/04/2018

Register Online at [www.BreastfeedLA.org](http://www.BreastfeedLA.org)  
OR <https://conta.cc/2Bmq1tL>

Mail: BreastfeedLA, 2851 W. 120<sup>th</sup> St., Ste. E #335, Hawthorne, CA 90250

	Price
<input type="checkbox"/> Early Bird (on or before Midnight Pacific Time 2/24/2019)	\$50
<input type="checkbox"/> General (on or after 2/25/19) – <b>All check payments at this price</b>	\$65
<input type="checkbox"/> Tax Deductible Contribution	\$_____

Total: \$\_\_\_\_\_

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Company/Hospital \_\_\_\_\_

Billing Address \_\_\_\_\_

Billing City, ZIP \_\_\_\_\_

Email Address—required to receive confirmation \_\_\_\_\_

Phone \_\_\_\_\_

IBCLC? If yes, check this box  
 RN? License # \_\_\_\_\_

I prefer a vegetarian meal

### Method of Payment

Check  
 Visa  
 MasterCard

CCV \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp.Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing ZIP \_\_\_\_\_