

**Sign up if you're ready to relax and eat!  
Launching in Fall 2019**

**CRITERIA**

As a first step, this pilot project will begin in the greater New Orleans area where our two food vendors deliver meals. A family caregiver must have his/her loved one with a brain or spinal cord injury living within the home. There will be two options of nutritious meals that will be provided in one delivery for up to one week's worth of meals in a given month. All you have to do is heat the meals, or freeze some of them for use later in the week. Menus will be provided once the program is up and running. BIALA is providing this complimentary program for caregivers. It will proceed based on funding.

**Option 1** is for two people

**Option 2** is for three or four people.

**Allergies / Food Restrictions:** \_\_\_\_\_

\_\_\_\_\_

**Caregiver Name:** \_\_\_\_\_

**Need:** \_\_\_\_\_ **Option 1**                      \_\_\_\_\_ **Option 2 (State # of people, up to 4)**

**Address:**

**Phone(s):**

**Email address:**

**Mail or email this form to:**

**Kathleen Mulvihill  
Director of Development  
BIALA  
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**OR**

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