

Florida Atlantic University

Dr. Rupesh Manam, an Internal Medicine resident at FAU received three impressive awards for his research posters in recent months: the "Young Investigators Award" at the American College of Physicians (ACP) National poster competition, the "Associate Faculty" distinction at the Advanced Endovascular and Coronary Intervention Global Summit and the "Young Achiever Award" at the American Society of Preventive Cardiology (ASPC) national meeting.

Dr. Manam is beginning his final year of residency, and knew at an early age that he was interested in the healthcare field. His mother was an ultrasound technician and he volunteered at local hospitals throughout high school and college, gaining experience and knowledge. He realized his passion for service by spearheading multiple philanthropic events/clubs throughout his college and medical school days. He loved the fact that he could create an immediate impact. "You can bring about immediate and profound change in a person's life, especially in a hospital setting," Dr. Manam said.

This past spring and summer, Dr. Manam has been honored with several awards. In April, Dr. Manam received the "Young Achiever Award" at the American College of Physicians (ACP) National poster competition. The poster titled, "Pembrolizumab-Induced Acute Inflammatory Demyelinating Polyneuropathy" presented two cases of acute inflammatory demyelinating polyneuropathy (AIDP) as a rare complication of pembrolizumab. The ACP honored winners of its national abstract competitions during the April annual scientific Internal Medicine Meeting in New Orleans.

In June, Dr. Manam was honored as an "Associate Faculty" at Advanced Endovascular and Coronary Intervention Global Summit for his poster titled "CA-MRSA Pericardial Effusion: An Unusual Complication Post Pericarditis". His poster highlighted a unique case of isolated community acquired methicillin-resistant Staphylococcus aureus (MRSA) pericardial infection. There were only three other similar cases reported in English literature. In July, Dr. Manam was awarded the "Young Investigators Award" for his poster titled, "Familial Chylomicronemia Syndrome Secondary to Rare Double Heterozygous Mutations involving LPL and ApoA5 genes." Dr. Manam's poster placed first in the competition and was selected for an oral presentation this July at the American Society of Preventive Cardiology (ASPC) national meeting in Santa Ana Pueblo, New Mexico.

Dr. Manam worked closely with Dr. Seth Baum, President of the ASPC, Dr. Daniel Rader, chair of the Department of Genetics in the Perelman School of Medicine at the University of Pennsylvania and Rob Hegele, the leading geneticist in Canada. Dr. Baum also serves as an affiliate faculty member for the Schmidt College of Medicine and actively collaborates on research studies with FAU's Internal Medicine residents.

Currently, Dr. Manam is applying for a fellowship and is grateful for his experience at FAU. "Florida Atlantic University's Internal Medicine program has talented physicians from a variety of specialties molding the next generation of doctors. The strong academic and clinical experience at FAU helped make me a strong candidate for a fellowship in Cardiovascular Disease." Dr. Manam's advice to future students entering the medical field is as follows: "Medicine is a lifelong and worthwhile commitment. It is a field that requires hard work, patience and a drive to learn. No matter where your medical journey may take you, stay humble and empathetic; know that your marathon is just beginning and the best days of your life are still ahead of you."