



NATIONAL SPONSORS



AMERICAN
PARKINSON DISEASE
ASSOCIATION

Strength in optimism. Hope in progress.

South Florida Optimism Walk, 5k Race and Kids Fun Run

Sunday, October 30, 2022

5k Race and Kids 1/2 Mile Fun Run
Check-in Begins at 7:00 am

5k Race 8:00 am | Fun Run 9:00 am
Walk Check-in Begins at 9:00 am
Walk at 10:00 am

**Burt Aaronson South County
Regional Park**

20405 Amphitheater Circle
Boca Raton, FL 33498

Register online today!
apdaparkinson.org/FL

apdaflorida@apdaparkinson.org

Walk with us and help put an end to
Parkinson's disease!

What is an Optimism Walk?

- A fun-filled fundraising event that offers a short non-competitive walk with family-friendly activities!
- Part of a nationwide movement to step up and help put an end to Parkinson's disease.

Why Walk?

- Every 9 minutes someone is diagnosed with Parkinson's disease.
- Funds raised provide local support, education and research.
- The more funds we raise, the more people we can help!



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SOUTH FLORIDA CHAPTER

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