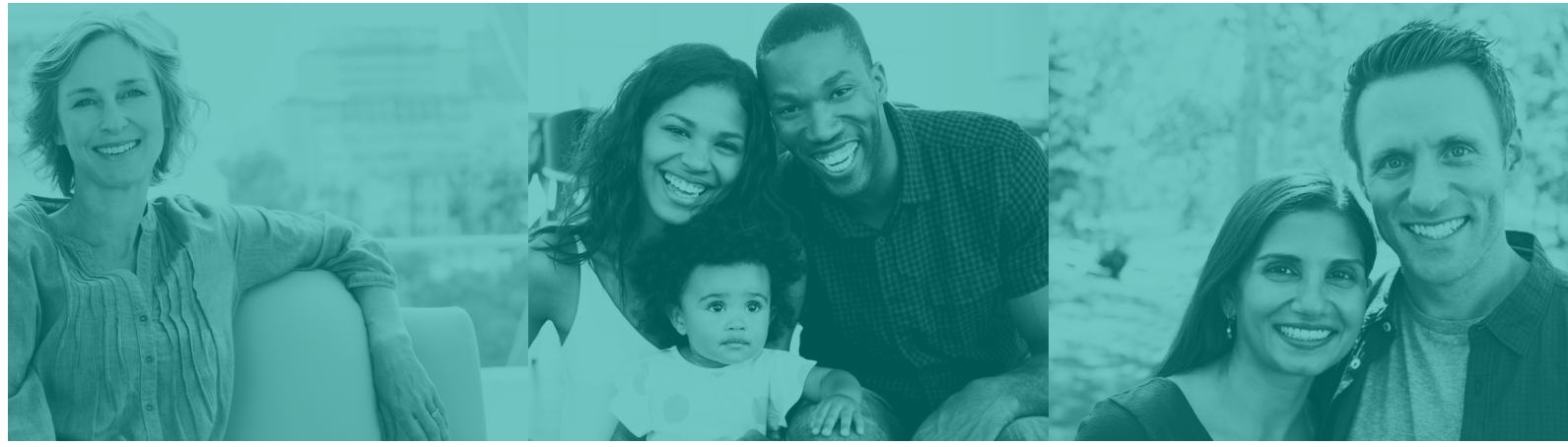




CORPORATE COUNSELING PROGRAM

WHAT IS IT?

Lasting Change's corporate counseling program provides up to five counseling sessions for you and the members of your immediate household. These services are provided by Crosswinds and are at no cost to you.

WHO IS ELIGIBLE?

You are! As a Lasting Change employee, you and your immediate household are eligible for this free and confidential service.

ADDITIONAL DETAILS

Crosswinds provides these services wherever you are most comfortable. Counseling sessions can take place in one of our offices or online — whatever works best for you and/or your family.

CROSSWINDS CAN HELP WITH:

- marital concerns
- drug or alcohol abuse
- anxiety
- depression
- stress
- bullying
- adoption issues
- grief
- trauma
- parenting
- other concerns that interfere with work or overall well-being

HOW CAN I GET STARTED?

Contact Crosswinds and mention that you are part of the Lasting Change team to be set up with a counselor.

Call [877.594.9204](tel:877.594.9204), text [260.238.8389](tel:260.238.8389), or email info@crosswinds.org.



crosswindscounseling.org | [877.594.9204](tel:877.594.9204) | info@crosswinds.org