



2023 JOSEPH J. CASSIDY MEMORIAL
5K ROAD RACE, KIDS' RUN & FAMILY WALK
SATURDAY, MAY 13, 2023, 9 A.M.

THE COURSE

3.1 miles of gentle terrain through the scenic reservoir complex. Paved road on TAC certified course. Course closed to motor vehicles. Kids' Run will begin at 9:00 a.m. 5K Road Race at 9:15 a.m. & Family walk at 9:20 a.m.

CHILDRENS' RUN & LAW FIRM TROPHY!

Children who run a quarter mile, half mile or 1 mile race, each will receive a medal.

Listen all law firms – Trophy goes to the team with the most registered runners and walkers irrespective of time. "Firm Members" include lawyers, non-lawyer employees, children and significant others. Please fill out separate Law Firm Team Registration Form

REGISTRATION
To enter, complete and mail the official entry form below with a \$10 for the Kids' Run or a \$30 check for the 5K Run & Walkers payable to the **Hartford County Bar Foundation. All mail entries must be received by May 9, 2023.**

Race numbers can be picked up at starting area from 8:00 a.m. - 8:45 a.m. on May 13 (day of race). Day of Race Registration also permitted until 8:45 a.m. **Official race T-shirts to first 100 registrants.**

DIRECTIONS TO START

The race will be held at the MDC Reservoir located off Farmington Avenue in West Hartford, CT. Exit #39 off Route 84. At end of exit, take right at light onto Route 4E. Continue 2.2 miles. Turn left into Reservoir #1 parking lot.

OTHER DETAILS

5K Road Race - Mileage markers at each mile. Trophies to 1st, 2nd, 3rd male and female finishers, and a special category for Judges. Please note that Law Firm Team Members are also eligible to win these categories.

THE SPONSOR

The event is presented by the Hartford County Bar Foundation, Inc.

THE GOAL

The proceeds from the race will benefit the Hartford County Bar Foundation, an IRS § 501(c)(3), non-profit corporation, whose purpose is to assist people who are homeless, hungry, sick, and/or disabled in our community.

STILL HAVE QUESTIONS???

Please call the Hartford County Bar Foundation, Inc (860)525-8106, or e-mail us at programinfo@hartfordbar.org
This form may be photocopied.