



2026 JOSEPH J. CASSIDY MEMORIAL  
5K ROAD RACE, KIDS' RUN & FAMILY WALK  
SATURDAY, May 16, 2026, 9 A.M.

**THE COURSE**

3.1 miles of gentle terrain through the scenic reservoir complex. Paved road on TAC certified course. Course closed to motor vehicles. Kids' Run will begin at 9:00 a.m. 5K Road Race at 9:15 a.m. & Family walk at 9:20 a.m.

**CHILDRENS' RUN & LAW FIRM TROPHY!**

Children who run a quarter mile, half mile or 1 mile race, each will receive a medal.

**Listen all law firms – Trophy goes to the team with the most registered runners and walkers irrespective of time.** "Firm Members" include lawyers, non-lawyer employees, children and significant others. Please fill out separate Law Firm Team Registration Form

**REGISTRATION**  
To enter, complete and mail the official entry form with a \$10 for the Kids' Run or a \$30 check for the 5K Run & Walkers payable to the **Hartford County Bar Foundation. All mail entries must be received by May 13, 2026.** Race numbers can be picked up at starting area from 8:00 a.m. - 8:45 a.m. on May 16 (day of race). Day of Race Registration also permitted until 8:45 a.m.

**Official race T-shirts to first 100 registrants.**

**DIRECTIONS TO START**

The race will be held at the MDC Reservoir located off Farmington Avenue in West Hartford, CT. Exit #39 off Route 84. At end of exit, take right at light onto Route 4E. Continue 2.2 miles. Turn left into Reservoir #1 parking lot.

**OTHER DETAILS**

5K Road Race - Mileage markers at each mile. Trophies to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> male and female finishers, and a special category for Judges. Please note that Law Firm Team Members are also eligible to win these categories.

**THE SPONSOR**

The event is presented by the Hartford County Bar Foundation, Inc.

**THE GOAL**

The proceeds from the race will benefit the Hartford County Bar Foundation, an IRS § 501(c)(3), non-profit corporation, whose purpose is to assist people who are homeless, hungry, sick, and/or disabled in our community.

**STILL HAVE QUESTIONS???**

Please call the Hartford County Bar Foundation, Inc (860)525-8106, or e-mail us at [programinfo@hartfordbar.org](mailto:programinfo@hartfordbar.org)  
This form may be photocopied.