

# Injury Prevention Programs



## PARENT/CAREGIVER PROGRAMS (cont.):

### **Introducing The Family Dog To Your New Infant**

- Target audience: expectant or new parents/caregivers who own a dog
- Program length: 20 minutes
- Bringing a new baby home can be stressful for your dog. Learn tips to help make that transition easier for the entire family.

### **Child Passenger Safety**

- Target audience: anyone using a car seat
- Program length: 1 hour
- This presentation will discuss key tips/tricks for the proper use of car seats. This discussion includes infant seats through the use of seat belts, as well as when to safely graduate your child to the next seat.

## MEDICAL STAFF PROGRAMS:

### **How To Answer Your Patient's Car Seat Questions**

- Target audience: pediatrician office staff
- Program length: 20 minutes
- This program reviews the top car seat questions that parents ask during doctor's visits. Learn the most up to date information to correctly answer your parents/caregivers' questions.

### **Infant Carriers/Fall Prevention**

- Target audience: NICU, Labor & Delivery medical staff
- Program length: 20 minutes
- At some point during the hospitalization, you will see the newborn in the car seat carrier. This program will discuss common infant carrier mistakes and misuses. Learn how to educate parents/caregivers prior to discharge. The program will also review tips on preventing falls in infants under the age of one.

To learn more or to schedule these **FREE** programs, please contact:  
Jennifer McCue at [JMcCue@nemours.org](mailto:JMcCue@nemours.org) or (302) 651-6733.

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## CHILDREN'S PROGRAMS:

### **The Safety Champs Wild West Adventure**

- Target audience: kindergarten - 2<sup>nd</sup> grade
- Program length: 30 minutes
- The Safety Champs Wild West Adventure is an interactive, oversized book that is read to the students. The Safety Champs are a group of friends whose leader, Chance, owns a pair of magic sunglasses. The sunglasses transform the Safety Champs into the Wild West, where students will learn about bicycle and helmet safety. There is also an egg drop session to demonstrate what can happen if you do not wear a helmet.

### **The Safety Champs Pit Crew Adventure**

- Target audience: kindergarten - 2<sup>nd</sup> grade
- Program length: 20 minutes
- The Safety Champs Pit Crew Adventure is an oversized book that is read to the students. The Safety Champs are a group of friends whose leader, Chance, owns a pair of magic sunglasses. The sunglasses transform the Safety Champs into a pit crew, where students will learn about pedestrian, school bus, and car safety.

### **Playground Safety**

- Target audience: kindergarten - 2<sup>nd</sup> grade
- Program length: 25 minutes
- This program uses large flashcards to teach playground safety. Students will learn how to make sure playgrounds and equipment are safe. Playground safety rules will be reviewed.

### **Brain & Spinal Cord Injury Prevention**

- Target audience: 1st – 5th grade
- Program length: 45 minutes – 1 hour
- This interactive program teaches children the importance and how to protect their brain and spinal cord. A live demonstration of how the brain and spinal cord work together will be acted out as well as an “egg drop” to demonstrate the importance of wearing a helmet. The program can be customized to address specific safety topics such as: safety while riding a bike, in a car, on a school bus, playing on the playgrounds, and being a pedestrian.

## PARENT/CAREGIVER PROGRAMS:

### **Infant Seats 101/Fall Prevention**

- Target audience: anyone who is planning to, or is currently using, an infant seat/base
- Program length: 60 minutes
- Learn key tips for the correct use and installation of an infant seat and base. The program will also review general tips on preventing falls in infants under the age of one.

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