Connection isn't extra, it's essential.

PEPS peer-support groups bring parents together when you need it most.



Share experiences, build friendships, and navigate parenting challenges together in a supportive community.

Group Info

WHO: New parents with babies ages 2-20 weeks old

WHEN: Mondays at 10am starting Sept 8th

WHERE: Mercer Island Presbyterian Church, 3605 84th Ave SE, Mercer Island, WA 98040, Fireside Room

LENGTH: 2 hours a week for 12 weeks

COST: Flexible pricing and financial assistance are offered on all groups. Our program fees directly help PEPS provide resources to thousands of families each year.

What to Expect

- **Small, facilitated groups** of parents
- **Weekly conversations** about real parenting challenges and joys
- **Judgment-free space** to ask questions and share experiences

All groups led by trained leaders from your community

Scan to sign up for a group

peps

Since 1983, PEPS has been connecting families in parent peer-support groups and now offers programs for expectant parents, parents of newborns, infants, or adolescents and teens, plus affinity groups for families sharing identities that intersect with their identity as a parent. With PEPS, parents create strong, healthy families with concrete support, social connections and parenting resources. PEPS is a 501(C)(3) nonprofit organization.

www.peps.org

(206) 547-8570