



## RECOMMENDATIONS FOR STUDENTS WITH ASTHMA

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November 2018



Asthma is a chronic condition that can change seasonally. Encourage all children with asthma to have an asthma check-up each season with his or her healthcare provider. All students with asthma should have an Asthma Action Plan and a quick-relief (albuterol) inhaler and spacer with the school nurse or trained medication administrator. All staff should utilize the Asthma Action Plan to know when to administer a child's asthma medication.

To learn more about managing asthma visit [www.impact-dc.org](http://www.impact-dc.org). To schedule an appointment with the IMPACT DC Asthma Clinic call (202) 476-3970. *We are a **bilingual** clinic – entire visits can be done in Spanish!*

### Clinic Location:

Children's National Medical Center  
111 Michigan Avenue NW  
Washington, DC 20010  
Appointments Tuesday- Friday