



Darquell made Green Eggs and Potatoes O'Brien for St. Patty's Day!

In honor of Dr. Seuss's Birthday Jack is celebrating by eating green eggs and ham! He made them by putting blue food coloring in the eggs to make them green. So creative!



A Message from our Executive Director:

I wanted to take this opportunity to reach out to everyone who is a part of Kaleidoscope FAMILY Solutions; internal staff, individuals, the families we support, and external contracting staff. This has been a challenging month both personally and professionally and the right decisions are sometimes difficult to make and rarely easy. The pandemic has put anxiety into our hearts and minds. Through this crisis, we have been a family. We have exhibited our Mission and Vision throughout daily acts. I am so proud to be a part of this FAMILY! We are dedicated to making a difference in the lives of families and individuals so they can construct a colorful experience in their life's journey. I have seen this in so many ways! We have an incredibly talented, compassionate and dedicated team.

We hold true to our VISION statement. Our ability to be KIND in the face of this pandemic, ACT AS A ROLE MODEL for other people, and support the agency through LOYALTY is seen through outreach, communication daily and putting others before ourselves. We need to continue to ENCOURAGE EXCELLENCE through our service to individuals. We created unique ways to be DEDICATED and continue to FORM SUPPORTIVE RELATIONSHIPS through our interactions. We have face to face zoom meetings to ensure these connections. We think outside of the box, put our FAMILY first and live the KFS way! I am also asking you to continue to have SELF-RESPECT by taking care of yourself, staying home when you are sick, washing your hands and being aware of how to support each other. We must CELEBRATE and UNDERSTAND OUR DIFFERENCES more now than ever before. We need to come together, and help each other as members of this FAMILY! I am asking for all of you to tap into that energy in the coming weeks. If we focus on executing to the best of our abilities, reacting intelligently, and OPENING OPPORTUNITIES for individuals, like learning technology and PROMOTING PERSONAL GROWTH by ENABLING INDIVIDUALS TO ACT INDEPENDENTLY, we have completed our Mission. I appreciate your patience and sacrifice you are all making through these troubling times. We are a strong team. We are a Super Fantastic team. We are facing a challenge that's literally taken the entire world by storm. We will succeed and we will drive on because we are FAMILY!

With all the warmth in my heart,  
TaraColleen Macatee, MFT, Psy.D

*Creating a Colorful Difference*



**Shout to Gena Laurenzi who dropped off supplies to two individuals so they can fully participate in the Zoom groups!**

"I dropped off all the supplies to Maurine and Ammar. They have the schedule, the printouts, construction paper, plain white paper, writing paper, crayons, colored pencils, regular pencils, scissors, and glue. So they will be prepared this week!"



**MISSION MONDAY** is our space to congratulate our Direct Service Providers of the Month!

This month we would like to send a special thank you to all of our providers who have been supporting individuals throughout this unrepresented, difficult time! We are able to strengthen and positively impact lives because of you. There are no words to express how much we appreciate all of you! Keep being the best you, and we, as an agency, will thrive and flourish. Teamwork makes the dream work!



Katelyn and Will doing our shamrock Zoom art project!



New experiences! We visited the National Watch and Clock Museum.

Congratulations to Bob and Dana for winning our Pie Baking Contest! Bob made a Pistachio Graham Cracker Pie and Dana made a Strawberry Cream Pie! Both winners will receive a gift package! Stay tuned for more contests!

And the **Winners** are...



CELEBRATE **BLACK HISTORY MONTH**



Celebrating and recognizing Black History Month with an art project followed by an opportunity to share about it!



**SPOTLIGHT!**

**Autism Awareness and Acceptance Month**

Dominique brings a ray of sunshine everywhere she goes. Her positive attitude is contagious – we can't help but smile when she walks in the room! Dominique works at Rite Aid cleaning and organizing things. She has been there since November and loves it. Her favorite things are the color pink, fashion, and the store: Bath and Body Works. Dominique's hobbies are playing with technology and going on social outings with friends and family. Her goal is to learn life skills to become a more independent individual so that one day she can live on her own.



Making Inspiration Stones! Now would be a good time for people to find our stones as they walk around their neighborhoods!



**Some great tips from one of our wonderful community partners!**

- Take a walk outside. Social distancing is important and can still be executed through brief walks outdoors, keeping at least a 6-foot distance from others. Remember - Vitamin D is great for your mental health!
- FaceTime or call friends. At your discretion, select certain times you can call friends and family and share your stories and suggestions for getting through this time. Make it both social and educational – brainstorm questions to ask your friends about an area of expertise!
- If you are using screen time, allot certain times and time frames to avoid constant television watching and iPad use.
- Read. Now is the time to catch up on personal reading. Bring out some books from your shelves and encourage free reading time to your family. Audiobooks are wonderful, too!
- Do a puzzle. These types of mentally stimulating activities are good for the brain and can promote family conversation.
- Arts and crafts. Much like with puzzles, engaging in arts and crafts is great therapy for your mind! It encourages creativity and brings a sense of achievement.
- Cook. Help with breakfast, lunch, and dinners. No matter how simple the meal, this helps bring families together and keeps them busy in a positive way.
- Designate a quiet space in the home. Increased noise and stimuli can affect individuals with disabilities; therefore, having a quiet place where the individual can escape is useful during more stressful times.

<https://mcandrewslaw.com/category/newsletters/>

**A Spring Poem by Bette:**

**Sunshine**

**Plan to have long walks**

**Ready for flowers to grow**

**I hear the birds are chirping**

**No more snow**

**Grass is growing and green grass**





# Kaleidoscope

FAMILY SOLUTIONS INC.



**We can't wait until we can all be together again!**



### Congratulations are in Order!

- Jill just celebrated her 3 year anniversary with KFS!
- Jackie made healthy and yummy vegetable soup!
- Eric has worked at Lehigh Hospital for 5 years!
- Brian has been helping out at home with laundry and dishes! He is also graduating from Arcadia University this May!
- Joell helped his grandpop clean out the basement and garage!
- Maurice cooked hotdogs, beans and cornbread for his family!
- Julia got her drivers learners permit!
- Christian and Tyler reconnected on our Zoom groups after not seeing each other since high school in 2015!
- Christian is working on money management!
- Christian has been practicing driving on back roads!
- Vanessa listened to her baby's heartbeat and is having a boy!
- Ning received his new communication device!
- Joell cooked tacos for dinner!
- Heather made meatballs all by herself!
- Stephanie worked on her writing skills and visited lots of virtual museums!
- Lydia made coffee and cookies as an afternoon snack!
- Weronika has been staying fit on her treadmill and by doing Just Dance videos.

### Praise for Kaleidoscope

Kyle's family raved about Simeon and appreciates all the work they do together!

--Amanda Sanabria, Program Director

Kevin has created a great relationship with our family and is focusing on goals and objectives. He has been very receptive to feedback and is very thorough.

--A Happy Kaleidoscope Mom

"Just wanted to let you know I just spoke with Sarah, Linda and Michael and they are extremely happy with their service from you guys. Sarah was over the moon about her virtual tour of the zoo and making some arts and crafts. Thanks for being awesome!

-- Maria Carbonara, Support Coordinator

"These zoom sessions have been a lifeline for Jill (she is living by herself and is socially distancing."

--Tina, Jill's Mom

"We are so blessed with the Kaleidoscope Zoom meetings. What a great provision during these unusual times. Here is Lydia with her mom on World Down Syndrome Day and Lydia on a Kaleidoscope Zoom peer support meeting. She wants me to type this: Thank you for the zoom. I am well. I love you. Lydia."

--Helen, Lydia's Mom



*We are so proud of you*

Kaleidoscope Family Solutions  
Home Office  
950 East Haverford Road  
Suite 100A  
Bryn Mawr, PA 19010

Instagram Twitter Facebook

P: 877-384-1729 F: 610-527-8672

www.kfamilysolutions.org  
www.facebook.com/kfscares  
www.linkedin.com/company/kaleidoscope-family-solutions-inc-  
www.twitter.com/kfscares  
www.instagram.com/kfscares